

## Monday

Soup	Red lentils and potato soup	(red lentils, potatoes, ground pepper, carrot, tomato paste)
Main 1	Ham on the bone with mashed potatoes and green peas	(ham, potatoes, milk, butter, green peas)
Main 1	<b>NESSIE</b> Ham on the bone with mashed potatoes and green peas	(ham, potatoes, milk, butter, green peas)
Main 2	<b>VEG</b> Chickpea tagine with mushrooms and aubergine, cous cous	(coriander, onion, parsley, chickpeas, mushrooms, garlic, tomatoes, cinnamon, orange, cous cous)
ALLERGY FREE*	Baked turkey breast with gravy and rice	(turkey meat, onion, rice flour, herbs, rice)
PM Snack	Wholegrain croissant	-
Salad	Broccoli salad with corn, beetroot and Balkan cheese	(broccoli, beetroot, corn, red cabbage, lolo rosso, balkan cheese)
Sandwich	Sandwich with pumpkin spread, mozzarella and baby spinach	(pumpkin, Lučina soft cheese, garlic, herbs, mozzarella, baby spinach, sandwich bread)

## Tuesday

Soup	Chickpea and rosemary soup	(chickpea, rosemary, onion, garlic, tomato paste)
Main 1	Beef in tomato sauce (rajska) with pasta	(beef meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, pasta)
Main 1	<b>NESSIE</b> Beef in tomato sauce (rajska) with pasta	(beef meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, pasta)
Main 2	<b>VEG</b> Jamie Oliver's vegetarian curry with rice	(zucchini, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
ALLERGY FREE*	Beef in tomato sauce (rajska) with rice	(beef meat, tomatoes, celery, bay leaves, sugar, rice flour, cinnamon, oil, rice)
PM Snack	White or fruit yoghurt/Our chocolate curd "příbiňáček"	-
Salad	Keny beans salad	(beans, sweetcorn, spring onion, bacon, garlic, pepper, leaf salad)
Sandwich	Baguette with grilled chicken	(baguette, chicken, spice gyros, cucumber, mayonnaise)

## Wednesday

Soup	Potato and basil soup	(potatoes, onion, garlic, cream, butter, basil)
Main 1	<b>VEG</b> Fruit dumplings with cottage cheese	(flour, eggs, yeast, yoghurt, fruit, cottage cheese, butter, sugar)
Main 1	<b>NESSIE VEG</b> Fruit dumplings with cottage cheese	(flour, eggs, yeast, yoghurt, fruit, cottage cheese, butter, sugar)
Main 2	Baked salmon with herbs and mashed potatoes	(salmon, herbs, butter, milk, potatoes)
ALLERGY FREE*	Baked salmon with potatoes	(salmon, herbs, potatoes)
PM Snack	Tortilla with ham and cheese	-
Salad	Tomato salad with eggs	(tomatoes, eggs, spring onion, mayonnaise, white yoghurt)
Sandwich	Sandwich with homemade tuna spread	(sandwich bread, tuna, eggs, mayonnaise, coriander, chilli peppers, sesame oil)

## Thursday

Soup	Goulash soup	(beef meat, onion, garlic, marjoram, potatoes, flour, caraway seed, ground pepper)
Main 1	<b>VEG</b> Penne quattro formaggi	(pasta, cream, niva cheese, eidam cheese, parmesan cheese, mozzarella)
Main 1	<b>NESSIE VEG</b> Penne quattro formaggi	(pasta, cream, niva cheese, eidam cheese, parmesan cheese, mozzarella)
Main 2	Chilli con carne with corn nachos	(beef meat, beans, onion, tomatoes, garlic, coriander, rice)
ALLERGY FREE*	Chilli con carne with rice	(beef meat, beans, onion, tomatoes, garlic, coriander, rice)
PM Snack	Wholegrain breadroll with chicken ham and cucumber	-
Salad	Caesar salad with grilled chicken	(roman lettuce, chicken, spice gyros, eggs, crutons, cheese parmesan, mayonnaise, anchovy, mustard)
Sandwich	Baguette with emmental cheese and red peppers	(baguette, emmental cheese, red peppers, soft cheese, iceberg salad)

## Friday

Soup	Chicken consommé with noodles	(celery, carrot, onion, parsley, noodles, chicken meat)
Main 1	Turkey with vegetable sauce and bread dumplings	(thyme, bay leaf, carrot, celery, flour, butter, all spice, oil, mustard, lemon, cream, bread dumplings)
Main 1	<b>NESSIE</b> Turkey with vegetable sauce and bread dumplings	(thyme, bay leaf, carrot, celery, flour, butter, all spice, oil, mustard, lemon, cream, bread dumplings)
Main 2	<b>VEG</b> Soja cubes in tomato sauce with noodles	(soya meat, tomatoes, peppers, onion, sweet chilli sauce, noodles)
ALLERGY FREE*	Soja cubes in tomato sauce with baked potatoes	(soya meat, tomatoes, peppers, onion, sweet chilli sauce, baked potatoes)
PM Snack	Raspberry cake	-
Salad	Pasta salad with tuna and basil pesto	(pasta, tuna, olives, dried tomatoes, capers, rucola, baby spinach, parmesan)
Sandwich	Egg sandwich	(sandwich bread, eggs, mayonnaise, chives)

