

## Monday

Soup	Chicken consommé with noodles	(chicken meat, carrot, <b>celery</b> , parsley, <b>noodles</b> )
Main 1	Andalusian beef with rice	(beef meat, <b>flour</b> , <b>butter</b> , rice, onion, herbs)
Main 2	VEG Wok fried turmeric tofu and saffron bulgur	( <b>tofu</b> , <b>cream</b> , soya sauce, lemon grass, ginger, turmeric, saffron, <b>bulgur</b> )
ALLERGY FREE*	Baked beef with herbs sauce and GF gnocchi	(beef meat, salt, rice flour, GF gnocchi, onion)
PM Snack	"Posvicenský koláč" (traditional czech curd pastry)	-
Salad	Moroccan carrot salad with buckwheat	(carrot, <b>buckwheat</b> , onion, <b>yoghurt</b> , coriander, ginger)
Sandwich	Sandwich with cucumber-mustard relish and ham from the bone	( <b>sandwich bread</b> , gherkins, <b>wholegrain mustard</b> , ham, <b>cheese</b> )

## Tuesday

Soup	Beetroot soup	(beetroot, potatoes, onion, dill)
Main 1	Segedin goulash with bread dumplings	(pork meat, cabbage, onion, <b>cream</b> , caraway seeds, <b>yeast</b> , <b>flour</b> , <b>eggs</b> , <b>bread</b> )
Main 2	VEG Pasta with sundried tomato, capers and basil sauce	( <b>pasta</b> , dried tomatoes, capers, basil)
ALLERGY FREE*	Chicken oreganata with roasted potatoes	(chicken meat, oregano, onion, lemon, <b>potato starch</b> , potatoes, garlic)
PM Snack	White or fruit yoghurt/Homemade "Příbiňáček"	-
Salad	Bulgur salad with vegetables	( <b>bulgur</b> , cucumbers, red peppers, yellow peppers, tomatoes, spring onion, olive oil)
Sandwich	Baguette with baked beetroot and goat cheese	( <b>baguette</b> , beetroot, rucola, <b>goat cheese</b> , balsamico)

## Wednesday

Soup	Mushroom and potato creamy soup	(mushrooms, potatoes, onion, <b>flour</b> , <b>cream</b> , vinegar)
Main 1	VEG Strawberry dumplings with cottage cheese	( <b>flour</b> , <b>eggs</b> , <b>yeast</b> , <b>yogurt</b> , strawberries, <b>cottage cheese</b> , <b>butter</b> , sugar)
Main 2	Baked salmon in herbs with mashed potatoes and steamed corn	(salmon, herbs, potatoes, <b>butter</b> , <b>milk</b> , sweet corn)
ALLERGY FREE*	Grilled tofu with herbs and mashed potatoes	( <b>tofu</b> , herbs, oil, potatoes)
PM Snack	Dark sandwich with chicken ham and butter	-
Salad	Lettuce salad with roasted beetroot and aubergine	(mix lettuce, beetroot, aubergine, balsamico reduction, olives)
Sandwich	Reuben sandwich	( <b>sandwich bread</b> , roastbeef, <b>mayonnaise</b> , <b>mustard</b> , gherkins, sauerkraut, <b>cheddar cheese</b> )

## Thursday

Soup	Minestrone soup	( <b>celery</b> , onion, zucchini, carrot, tomato, olive oil)
Main 1	Chicken in creamy pepper sauce with pasta	(chicken, onion, <b>cream</b> , peppers, oil, <b>pasta</b> )
Main 2	VEG San Antonio baked potatoes	(potatoes, olives, peppers, <b>eggs</b> , tomatoes, <b>cheese</b> , herbs)
ALLERGY FREE*	Seafood paella	( <b>mussels</b> , <b>prawns</b> , <b>fish</b> , <b>calamary</b> , pea, carrot, onion, saffron)
PM Snack	Roll with tuna spread, egg and cottage	-
Salad	Bean salad with corn and bacon	(bean pods, white beans, red beans, corn, basil pesto, bacon)
Sandwich	Sandwich with curry egg spread and radish	( <b>sandwich bread</b> , coriander, garam masala, curry spice, <b>mayonnaise</b> , radish)

## Friday

Soup	French vegetable cream	(carrot, <b>celery</b> , onion, potatoes, leek)
Main 1	Beef bourgignon potato gnocchi	(beef meat, bay leaf, celery, thyme, onion, all spice, <b>flour</b> , carrot, tomatoes, mushrooms, <b>gnocchi</b> )
Main 2	VEG Stir fried vegetables with tofu and rice noodles	(bamboo sprouts, <b>tofu</b> , <b>noodles</b> , coriander, zucchini, onion, garlic, carrot, ginger)
ALLERGY FREE*	Turkey breast pepper coulis with rice	(turkey, onion, pepper, tomato, oil, rice)
PM Snack	Rafaelo cake	-
Salad	Potato salad with caesar dressing, peas and radish	(potatoes, pea, red onion, radish, chive, <b>mayonnaise</b> , <b>anchovies</b> , garlic)
Sandwich	Tyrolean ham and tomato sandwich	( <b>sandwich bread</b> , tyrol ham, tomatoes, rucola, <b>butter</b> )



\* suitable for intolerance to three main allergens (gluten, lactose and eggs)