

## Monday

Soup	Red lentils and potato soup	(red lentils, potatoes, ground paprika, carrot, tomato paste)
Main 1	Pork ham with mashed potatoes and green peas	(ham, potatoes, <b>milk</b> , <b>butter</b> , green peas)
Main 2	Baked turkey breast alá "bažant" with rice	(turkey meat, bay leaf, rosemary, thyme, onion, bacon, all spice, rice, <b>flour</b> )
Main 3	<b>VEG</b> Chickpea tagine with mushrooms and aubergine, cous cous	(coriander, onion, parsley, <b>chickpeas</b> , mushrooms, garlic, tomatoes, cinnamon, orange, <b>cous cous</b> )
ALLERGY FREE*	Baked chicken leg with rice	(chicken meat, onion, rice flour, herbs, rice)
Salad	Broccoli salad with corn, beetroot and balkan cheese	(broccoli, beetroot, corn, red cabbage, lolo rosa, <b>balkan cheese</b> )
Sandwich	Sandwich with pumpkin spread, mozzarella and baby spinach	(pumpkin, <b>Lučina soft cheese</b> , garlic, herbs, <b>mozzarella</b> , baby spinach, <b>sandwich bread</b> )

## Tuesday

Soup	Chickpea and rosemary soup	( <b>chickpea</b> , rosemary, onion, garlic, tomato paste)
Main 1	Beef with tomato sauce and pasta	(beef meat, tomatoes, <b>celery</b> , bay leaves, sugar, <b>flour</b> , cinnamon, oil, <b>pasta</b> )
Main 2	Slovak gnocchi "halušky" with smoked pork and cabbage	( <b>gnocchi</b> , onion, sugar, oil, bacon, cabbage, smoked pork meat, potatoes, <b>eggs</b> , <b>flour</b> )
Main 3	<b>VEG</b> Jamie Oliver's vegetarian curry with rice	(zucchini, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
ALLERGY FREE*	Beef with tomato sauce and rice	(beef meat, tomatoes, <b>celery</b> , bay leaves, sugar, rice flour, cinnamon, oil, rice)
Salad	Keny beans salad	(beans, sweetcorn, spring onion, bacon, garlic, pepper, leaf salad)
Sandwich	Baguette with grilled chicken	( <b>baguette</b> , chicken, spice gyros, cucumber, <b>mayonnaise</b> )

## Wednesday

Soup	Potato and basil soup	(potatoes, onion, garlic, <b>cream</b> , <b>butter</b> , basil)
Main 1	Baked beef meat with bacon and rice	(beef meat, bacon, <b>flour</b> , onion, rice)
Main 2	Baked salmon with herbs and mashed potatoes	(salmon, herbs, <b>butter</b> , carrot, <b>milk</b> , potatoes)
Main 3	<b>VEG</b> Fruit dumplings with cottage cheese	( <b>flour</b> , <b>eggs</b> , yeast, <b>yoghurt</b> , fruit, <b>cottage cheese</b> , <b>butter</b> , sugar)
ALLERGY FREE*	Baked salmon with potatoes	( <b>salmon</b> , herbs, potatoes)
Salad	Tomato salad with eggs	(tomatoes, <b>eggs</b> , spring onion, <b>mayonnaise</b> , <b>white yoghurt</b> )
Sandwich	Sandwich with homemade tuna spread	( <b>sandwich bread</b> , <b>tuna</b> , <b>eggs</b> , <b>mayonnaise</b> , coriander, chilli peppers, <b>sesame oil</b> )

## Thursday

Soup	Goulash soup	(celery, carrot, onion, parsley, <b>noodles</b> , chicken meat)
Main 1	Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, <b>corn nachos</b> )
Main 2	Pork risotto with cheese and gherkins	(pork meat, rice, carrot, green peas, parsley, onion, peeled tomatoes, gherkin)
Main 3	<b>VEG</b> Penne quattro formaggi	( <b>pasta</b> , <b>cream</b> , <b>niva cheese</b> , <b>eidam cheese</b> , <b>parmesan cheese</b> , <b>mozzarella</b> )
ALLERGY FREE*	Chilli con carne with rice	(beef meat, beans, onion, tomatoes, garlic, coriander, rice)
Salad	Caesar salad with grilled chicken	(roman lettuce, chicken, spice gyros, <b>eggs</b> , <b>crutons</b> , <b>cheese parmesan</b> , <b>mayonnaise</b> , <b>anchovy</b> , <b>mustard</b> )
Sandwich	Baguette with emmental cheese and red peppers	( <b>baguette</b> , <b>emmental cheese</b> , red peppers, <b>soft cheese</b> , iceberg lettuce)

## Friday

Soup	Chicken consommé with noodles	(beef meat, onion, garlic, marjoram, potatoes, <b>flour</b> , caraway seed, ground paprika)
Main 1	Turkey meat with creamy vegetable "svíčková" sauce and bread dumplings	(thyme, bay leaf, carrot, <b>celery</b> , <b>flour</b> , <b>butter</b> , all spice, oil, <b>mustard</b> , lemon, <b>cream</b> , <b>bread dumplings</b> )
Main 2	Pork stew with rice	(pork, thyme, onion, <b>celery</b> , <b>butter</b> , carrot, olive oil, tomato, parsley, rice)
Main 3	<b>VEG</b> Soya cubes in tomato sauce with noodles	( <b>soya meat</b> , tomatoes, peppers, onion, sweet chilli sauce, <b>noodles</b> )
ALLERGY FREE*	Soya cubes in tomato sauce with baked potatoes	( <b>soya meat</b> , tomatoes, peppers, onion, sweet chilli sauce, baked potatoes)
Salad	Pasta salad with tuna and basil pesto	( <b>pasta</b> , <b>tuna fish</b> , olives, dried tomatoes, capary, rucola, baby spinach, <b>parmesan cheese</b> )
Sandwich	Egg sandwich	( <b>sandwich bread</b> , <b>eggs</b> , <b>mayonnaise</b> , chives)



\* suitable for intolerance to three main allergens (gluten, lactose and eggs)