



fresh & tasty  
by Zátíší Group

# CANTEEN INFORMATION

Lycée Français de Prague

**WELCOME**

## **DEAR PARENTS,**

**We want to introduce you to the school canteen, which is run by Fresh & Tasty, a member of the Zátiší Group.**

Our mission is to teach children to make healthy food choices. We trust the suppliers from whom we purchase the best local ingredients for our meals. All our meals are cooked either on the day they are served or overnight. We invite and encourage you to come and see for yourself.



# REGISTRATION

## 1 REGISTRATION

If you would like your child to eat with us, please register him/her in our system.

**Already registered** students simply reactivate their account by clicking on the link they receive in an e-mail from the canteen.

**New students** must apply to the school canteen online using an electronic form and pre-order lunches.

### **Please do so at**

[lyceum.freshandtasty.cz/en/registrace](https://lyceum.freshandtasty.cz/en/registrace) **before the start of the school year. In case of problems, contact us at** [lfp@zatisigroup.cz](mailto:lfp@zatisigroup.cz).



## 2 ELECTRONIC CARD

After registering, students in grades 6 and above will receive an electronic card to be used to pick up lunches in the canteen. Student cards for grades 2 to 5 will be managed by the school and canteen staff. The cards will be distributed by the school. On the first day of school, we will also serve lunch to students who do not yet have a card, **but only if they have registered.**

New students will receive the card for free. If someone loses their card, they should immediately notify the Floor Manager, who will immediately block it. A new card will be issued and the credit in the account will be transferred to it.

The price of a new card is CZK 100.

You can pay in cash or the amount will be deducted from your account. Please note that neither Fresh & Tasty nor Zátisí Group are responsible for misuse of the card, unless its loss has been reported. **If a student forgets to bring their card, they will have to wait until all those with cards are served. Only then will the Floor Manager search for the student's name in the checkout database and issue their lunch.**

The cards are valid for a student's entire period of study at LFP. Therefore no new cards will be issued every year.

## LUNCH PRICES

Lunches must be pre-paid for the entire trimester in advance, according to the number of days a week your child will eat in the canteen. Meals can be paid all at once or in two 50% installments.

### LUNCH PRICES

**Kindergarten: CZK 101**

**Elementary school (grades 1–5):  
CZK 127**

**All others and adults: CZK 130**

Payment for the entire trimester or the first installment must be made no later than August 31, 2023. Payment of the second installment must be made no later than October 18, 2023. **Scholarship holders can pay after the end of the trimester.**

### One-time payment for the 1st trimester

(September to December, 68 days, price per trimester in CZK):

The indicated amounts are for the single payment; if you wish to pay in two installments, simply divide the amount by two.

| Number of days | Kindergarten | Elementary | College / Lyceum / Adults |
|----------------|--------------|------------|---------------------------|
| 5 days         | 6 732 CZK    | 8 500 CZK  | 8 704 CZK                 |
| 4 days         | 5 544 CZK    | 7 000 CZK  | 7 168 CZK                 |
| 3 days         | 4 158 CZK    | 5 250 CZK  | 5 376 CZK                 |

**If you do not have sufficient credit in your account, lunches will not be automatically ordered for your child and no lunch will be issued. You will receive a detailed breakdown of payments for the following trimesters by e-mail before they start.** Remaining credit is automatically transferred to the next trimester.

## LUNCH PAYMENTS

### 1 BY BANK TRANSFER:

#### Domestic:

Account number: 6136662/0800

Variable Symbol: Student ID Note for recipient: Student's first and last name

#### International:

IBAN:

CZ58 0800 0000 0000 0613 6662

BIC: GIBA CZ PX Currency: CZK

**Please enter your child's first and last name in the "Message to recipient" field.**

#### Account Owner:

Zátiší Catering Group a. s.,

Novotného lávka 5,

110 00 Praha 1, Czech Republic

Bank: Česká spořitelna

### 2 ONLINE CARD PAYMENT

You can also pay online with your Visa or Maestro card after logging into your lunch account.

# LUNCHES

During the registration process, you can choose the days of the week when your child will eat in the canteen. Children have a choice of 4 options. On selected days, every Wednesday, menu no. 2 for vegetarians and menu no. 1 for others will be automatically ordered for the upcoming week.

**As the student's schedule is still being decided, you can make this choice later. At any time, you can contact the Floor Manager at [lfp@zatisigroup.cz](mailto:lfp@zatisigroup.cz) and ask to change the days when your child will eat in the canteen. Please include the student's name and ID number in the e-mail.**

## THE LUNCH MENU INCLUDES:

- pastries
- soup
- main course  
(predominantly animal protein)
- side dish
- a portion of cheese or other dairy products
- dessert
- water

## MENU FOR KINDERGARTEN:

Lunch for preschoolers consists of smaller portions of salad and fruit, vegetables, soup, main course, dessert, bread or other pastries and cheese. Water is served with lunch.

**All-you-can-eat salad bar with a wide selection (fresh vegetables, fruit, ready-made salads, pastries, cheeses).**

On days when pork is served as the main course on menu 1, children who do not eat pork should select menu option 2, 3 or 4.



## ORDERING/ CANCELING LUNCH

### HOW CAN I ORDER OR CANCEL LUNCH?

You will be able to view the menu every week on the website **[freshandtasty.cz/lfp](http://freshandtasty.cz/lfp)**.

If you would like to order, change or cancel lunch, log in to your account at **[fip.freshandtasty.cz/login](http://fip.freshandtasty.cz/login)**. You will receive access information by email after registration. If several of your children use the school canteen, you will receive access information for each one separately.

**Lunches can be changed or canceled online at least 2 working days in advance. Only in exceptional cases (such as sudden illness of the child), cancellations can be made even the day before, but no later than 12:00, and only by phone or email to the floor manager at [lfp@zatisigroup.cz](mailto:lfp@zatisigroup.cz).**

**Checking on lunches is the responsibility of the student's legal guardian; the school is not responsible for canceling lunches.**

If you do not cancel the lunch in time, its price will be automatically deducted from your account.

**School rules prohibit food prepared for LFP to be consumed outside the canteen. Therefore there can be no pickup or delivery of meals in case of a child's absence.**

### HOW DO I GET MY MONEY BACK WHEN MY CHILD LEAVES LFP?

If your child finishes their studies at LFP and has credit left in the account, provide your account number to the Floor Manager and the balance will be transferred to your bank account.

**Accounts are maintained in the system for 6 months after a student has left the canteen, after which they are deleted.**



**Lycée Français de Prague supports healthy foods such as whole grain products, milk, fresh fruit, vegetables. Foods such as whole milk products, cakes and donuts will be available in limited quantities.**

### OUR NUTRITION THERAPISTS

We take balanced meals in our school canteens very seriously, which is why we teamed up with the nutritional therapists at **[nehladu.cz](http://nehladu.cz)**. They are currently helping us to revise our school menus and will continue to inspire and educate us to provide healthy meals to your children.

### ALLERGENS

All menus are available with a list of ingredients and allergens so that students with allergies or dietary preferences will be able to order the food themselves.

# Fill up your **FRIDGE** with our food even at home

Meals are chilled and ready  
to warm up.

They keep 2-5 days in the fridge.  
We deliver to Prague and the  
surrounding area.

We will also be happy to prepare  
cakes and refreshments for your  
celebrations and parties.



Order at

[www.rozvoz.zatisigroup.cz](http://www.rozvoz.zatisigroup.cz)

**FRESH & TASTY  
HOME**





# Thank you.

## We hope to delight your children with our meals!

If you want to see  
what we do:

Watch us!  
freshandtasty.cz



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lfp@zatisigroup.cz  
www.freshandtasty.cz

### FEEDBACK

Your opinions and comments  
help us to constantly improve.  
Therefore, do not hesitate to  
contact the Floor Manager at any  
time with your suggestions at  
lfp@zatisigroup.cz