



fresh & tasty
by Zátíší Group

CANTEEN INFORMATION

Lycée Français de Prague

WELCOME

DEAR PARENTS,

We want to introduce you to the school canteen, which is run by Fresh & Tasty, a member of the Zátíší Group.

Our mission is to teach children to make healthy food choices. We trust the suppliers from whom we purchase the best local ingredients for our meals. All our meals are cooked either on the day they are served or overnight. We invite and encourage you to come and see for yourself.



REGISTRATION

1 REGISTRATION

If you would like your child to eat with us, please register him/her in our system.

Already registered students simply reactivate their account by clicking on the link they receive in an e-mail from the canteen.

New students must apply to the school canteen online using an electronic form and prepay for lunches.

Please do so at

lyceum.freshandtasty.cz/en/registrace **before the start of the school year. In case of problems, contact us at** lfp@zatisigroup.cz.



2 ELECTRONIC CARD

After registering, students in grades 6 and above will receive an electronic card to be used to pick up lunches in the canteen. Student cards for grades 1 to 5 will be managed by the school and canteen staff. The cards will be distributed by the school. On the first day of school, we will also serve lunch to students who do not yet have a card, **but only if they have registered.**

New students will receive the card for free. If someone loses their card, they should immediately notify the Floor Manager, who will immediately block it. A new card will be issued and the credit in the account will be transferred to it.

The price of a new card is CZK 100.

You can pay in cash or the amount will be deducted from your account. Please note that neither Fresh & Tasty nor the Zátíší Group are responsible for misuse of the card, unless its loss has been reported. **If a student forgets to bring their card, they will have to wait until all those with cards are served. Only then will the Floor Manager search for the student's name in the checkout database and issue their lunch.**

The cards are valid for a student's entire period of study at LFP. Therefore no new cards will be issued every year.

LUNCH PRICES

Lunches must be pre-paid for the entire trimester in advance, according to the number of days a week your child will eat in the canteen. Meals can be paid all at once or in two 50% installments.

LUNCH PRICES

Kindergarten: CZK 106

Elementary school (grades 1–5): CZK 133

All others and adults: CZK 136

Payment for the entire trimester or the first installment must be made no later than 27.8.2024. Payment of the second installment must be made no later than 15.10.2024. **Scholarship holders can pay after the end of the trimester. ***

One-time payment for the 1st trimester

(September to December, 69 days, price per trimester in CZK):

The indicated amounts are for the single payment; if you wish to pay in two installments, simply divide the amount by two.

Number of days	Kindergarten	Elementary school	College / Lyceum / Adults
5 days	7 314 CZK	9 177 CZK	9 384 CZK
4 days	5 936 CZK	7 448 CZK	7 616 CZK
3 days	4 452 CZK	5 586 CZK	5 712 CZK

If you do not have sufficient credit in your account, lunches will not be automatically ordered for your child and no lunch will be issued. You will receive a detailed breakdown of payments for the following trimesters by e-mail before they start. Remaining credit is automatically transferred to the next trimester.

LUNCH PAYMENTS

1 BY BANK TRANSFER:

Domestic:

Account number: 6136662/0800

Variable Symbol: Student ID, Note for recipient: Student's first and last name

International:

IBAN:

CZ58 0800 0000 0000 0613 6662

BIC: GIBA CZ PX Currency: CZK

Please enter your child's first and last name in the "Message to recipient" field.

Account Owner:

Zátiší Catering Group a. s.,

Novotného lávka 5,

110 00 Praha 1, Czech Republic

Bank: Česká spořitelna

2 ONLINE CARD PAYMENT

You can also pay online with your Visa or Maestro card after logging into your lunch account.

* The payment schedule is sent three times a year to your email. You will first receive the scholarship in your account and then pay for the lunches. The amount to be paid depends on the number of lunches taken and the amount of the scholarship, which we are not informed of.

LUNCHES

During the registration process, you can choose the days of the week when your child will eat in the canteen. Children have a choice of 4 options. Every Wednesday, menu no. 2 for vegetarians and menu no. 1 for others will be automatically ordered for the upcoming week.

We kindly ask parents to register/reactivate the student's account even if the schedule for the school year is not yet known. Once you know the schedule, please do not hesitate to contact us at lfp@zatisigroup.cz to request a change in the days your child will use the canteen. Please include the student's name and ID in the email.

THE LUNCH MENU INCLUDES:

- Main course (predominantly containing animal proteins)
- Soup
- Dessert
- Portion of cheese or dairy products
- Bread
- Water

MENU FOR KINDERGARTEN:

The lunch for preschoolers consists of soup, a main course, dessert, fruit, vegetables, bread, and cheese. Water is served with the meal.

During lunch, children have access to a salad bar, which they can use to complement their meal with fresh vegetables, fruit, cheese, or salad.

On days when pork is served as the main course on menu 1, **children who do not eat** pork should select menu option 2, 3 or 4.



ORDERING/ CANCELING LUNCH

HOW CAN I ORDER OR CANCEL LUNCH?

You will be able to view the menu every week on the website **freshandtasty.cz/lfp**.

If you would like to order, change or cancel lunch, log in to your account at **lfp.freshandtasty.cz/login**. You will receive access information by email after registration. If several of your children use the school canteen, you will receive access information for each one separately.

Lunches can be changed or canceled online at least 2 working days in advance. Only in exceptional cases (such as sudden illness of the child), cancellations can be made even the day before, but no later than 12:00, and only by phone or email to the floor manager at lfp@zatisigroup.cz.

Checking on lunches is the responsibility of the student's legal guardian; the school is not responsible for canceling lunches.

If you do not cancel the lunch in time, its price will be automatically deducted from your account.

School rules prohibit food prepared for LFP to be consumed outside the canteen. Therefore there can be no pickup or delivery of meals in case of a child's absence.

HOW DO I GET MY MONEY BACK WHEN MY CHILD LEAVES LFP?

If your child finishes their studies at LFP and has credit left in the account, provide your account number to the Floor Manager and the balance will be transferred to your bank account.

Accounts are maintained in the system for 6 months after a student has left the canteen, after which they are deleted.



On weekends and public holidays, the canteen is closed, so orders and cancellations cannot be processed due to the unavailability of ingredients. Lunches can be canceled by 12:00 on the previous working day (Monday's lunch by Friday at 12:00). After this time, it is no longer possible to cancel the lunch, as portions are ordered and ingredients are deducted from inventory. If you do not cancel the lunch on time, the price will be automatically deducted from your account, and the uncollected lunch will be disposed of as food waste according to current legislation. Please avoid unnecessary costs by canceling ordered meals in a timely manner.

Lycée Français de Prague supports healthy foods such as whole grain products, milk, fresh fruit, vegetables. Foods such as whole milk products, cakes and donuts will be available in limited quantities.

SNACKS

SNACKS

Students from 6th grade and above can purchase snacks at school from a diverse selection, including sandwiches, yogurts, smoothies, pastries, and other balanced options. Payment for snacks can be made either by credit card or through the lunch account. If you do not wish to use the lunch account for snack payments, you must select this option in the registration or reactivation form.

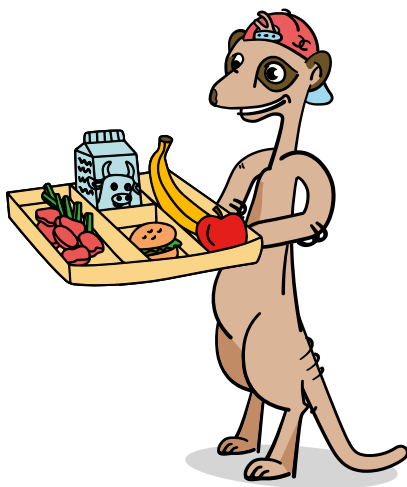
OUR NUTRITION THERAPISTS

We take balanced meals in our school canteens very seriously, which is why we teamed up with the nutritional therapists at nehladu.cz. They are currently helping us to revise our school menus and will continue to inspire and educate us to provide healthy meals to your children.

ALLERGENS

All menus are available with a list of ingredients and allergens so that students with allergies or dietary preferences will be able to order the food themselves.

If three or more of your children eat with us, a bonus of 5% of the total number of lunches consumed during the trimester will be credited to the account at the end of each trimester.





In the canteen, you can purchase a fresh snack daily from 10:15 AM to 3:45 PM. Snacks are available for students in the second grade and above.

ADDITIONAL SELECTION WE OFFER:

- Chocolate rolls
- Croissants
- Sandwiches
- Baguettes
- Salads
- Smoothies
- Yogurts and more

Prices start at CZK 30.

We also have coffee and hot chocolate available. Payment can be made by card, or students can use their lunch card, and the amount will be deducted from their account.

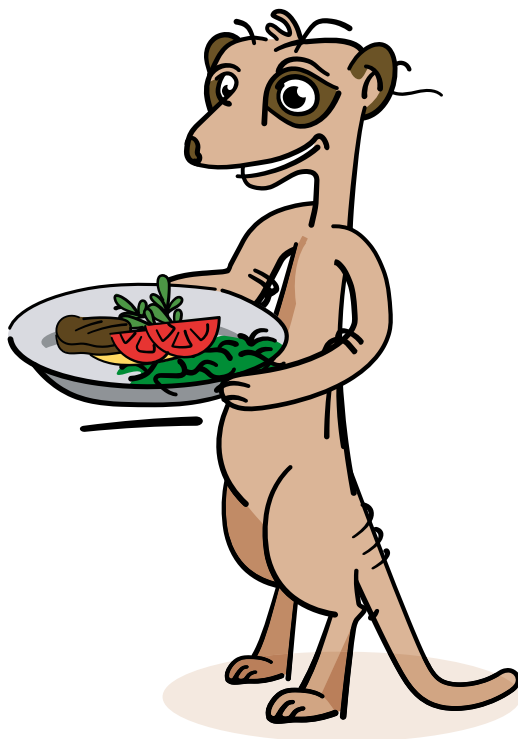


Thank you.

We hope to delight your children with our meals!

If you want to see
what we do:

Watch us!
freshandtastycz



Alena Majerová

Floor Manager

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E: lfp@zatisigroup.cz

www.freshandtasty.cz