

## Monday

Soup	VEG	Cream of broccoli	(broccoli, <b>butter, cream, flour</b> , onion)
Main 1		Chicken meat in creamy mushroom sauce with pasta	( <b>pasta</b> , chicken meat, thyme, mushroom, <b>butter, cream, cheese</b> )
Main 2		Baked pork with bacon and bread dumplings	(pork meat, onion, <b>butter</b> , bacon, rosemary, <b>flour, egg, milk, bread</b> )
Main 3	VEG	Chickpea chana masala with rice	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, rice)
ALLERGY FREE*		Chickpea chana masala with rice	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, rice)
Salad		Tabbouleh with chicken meat	( <b>bulgur</b> , chicken meat, <b>raita</b> , parsley, tomato, cucumber, spring onion, olive oil)
Sandwich		Sandwich with Prague ham, gherkins and egg	( <b>sandwich bread</b> , prague ham, leek, horseradish, gherkins, lettuce, <b>egg</b> )

## Tuesday

Soup		Cream of chicken with vegetable	(chicken meat, <b>celery</b> , carrot, parsley, <b>butter, flour, cream, milk</b> )
Main 1		Rissoto Bolognese	(rice, <b>celery</b> , beef meat, onion, cloves, olive oil, tomatoes, carrot, <b>parmesan cheese</b> )
Main 2		Potato dumplings stuffed with smoked pork meat, steamed cabbage and onion	(potatoes, <b>flour, milk, egg</b> , smoked pork meat, onion, cabbage, cumin)
Main 3	VEG	Peperonata with basil cous cous	(basil, onion, garlic, pepper, tomatoes, <b>cous cous</b> )
ALLERGY FREE*		Rissoto Bolognese	(rice, <b>celery</b> , beef meat, onion, cloves, olive oil, tomatoes, carrot)
Salad		Bibimbap	(rice, mushrooms, avocado, onion, chicken meat, <b>soya sprouts</b> , zucchini, <b>egg, hoisin, coriander, sweet chilli, vinegar, sugar</b> )
Sandwich	VEG	Tortilla with chickpea-beans tapenade and cheddar cheese	( <b>tortilla</b> , chickpea, beans, <b>sesame oil, cheese</b> , coriander, romaine lettuce)

## Wednesday

Soup	VEG	Indian tomato and red lentil soup	(red lentils, <b>cream</b> , tandoori masala, coriander, vindaloo)
Main 1		Turkey nuggets with mashed potatoes and corn	(turkey breast, <b>flour, eggs, milk, breadcrumbs, butter</b> , potatoes, corn)
Main 2		Grilled salmon with herbs and lentil salad	( <b>salmon</b> , herbs, lentils, red lentil, lentil beluga, spinach, onion, garlic, spice)
Main 3	VEG	Gnocchi with "4 formaggi" cheese sauce	( <b>gnocchi, cream, parmesan, edam, gouda, blue cheese</b> )
ALLERGY FREE*		Grilled salmon with herbs and lentil salad	( <b>salmon</b> , herbs, lentils, red lentil, lentil beluga, spinach, onion, garlic, spice)
Salad	VEG	Chicory salad with cherry tomatoes, apple and honey dressing	(chicory, cherry tomatoes, carrot, lettuce, apples, wine vinegar, honey, olive oil)
Sandwich		BBQ chicken sandwich	( <b>sandwich bread</b> , bacon, <b>egg</b> , chicken meat, <b>cheddar cheese</b> , lettuce)

## Thursday

Soup	VEG	Czech pea soup	(pea, onion, garlic, marjoram)
Main 1		Beef with tomato sauce and pasta	(beef meat, tomatoes, <b>celery</b> , bay leaves, sugar, <b>flour</b> , cinnamon, oil, <b>pasta</b> )
Main 2		Baked turkey cubes with potato dumplings and cabbage	(turkey meat, onion, garlic, cabbage, potatoes, <b>egg, flour, milk</b> )
Main 3	VEG	Potato cones with poppy seeds and sugar	(potatoes, <b>flour, milk, butter, eggs</b> , poppy seeds, sugar)
ALLERGY FREE*		Baked turkey cubes with rice	(turkey meat, rice flour, onion, garlic, cumin, oil, rice)
Salad	VEG	Salad with roasted zucchini, mushrooms and broccoli	(broccoli, zucchini, mushrooms, sundried tomatoes, basil, onions, carrots)
Sandwich		Baguette with smoked salmon	( <b>baguette</b> , <b>smoked salmon</b> , <b>butter spread</b> , chive)

## Friday

Soup		Beef consommé with vegetable and meat	( <b>celery</b> , carrot, onion, parsley, beef meat)
Main 1		Chicken murgh makhani with rice	(chicken meat, <b>yoghurt</b> , onion, tomatoes, garlic, <b>butter, cream</b> , cinnamon, garam masala, rice)
Main 2		Pasta with salmon in tomato sauce	( <b>pasta, salmon</b> , tomatoes, onion, garlic, basil)
Main 3	VEG	Sweet potatoes frittata with spinach and ricotta cheese	(sweet potatoes, <b>ricotta cheese</b> , spinach, <b>egg</b> , potatoes, <b>cream</b> , herbs)
ALLERGY FREE*		GF pasta with salmon in tomato sauce	(GF pasta, <b>salmon</b> , tomatoes, onion, garlic, basil)
Salad	VEG	Mix leaf salad with egg	(romaine lettuce, raddicia, ice lettuce, lolo rosso, <b>egg</b> , tomato, olive oil)
Sandwich		BBQ pork baguette	( <b>baguette</b> , <b>mayonnaise</b> , BBQ sauce, smoked pork, bacon, gherkin, cabbage)



**fresh & tasty**  
by Záhří Group

\* suitable for intolerance to three main allergens (gluten, lactose and eggs)