

Monday		
Soup	VEG	Carrot and sweet potatoes cream (carrot, sweet potatoes, onion, butter, cream)
Main 1	NESSIE 1 ÚVOZ	Turkey goulash with pasta (chicken breast, flour, cream , ground paprika, onion, pasta)
Main 2		Thai beef with basil and rice (minced beef meat, onion, basil, fish sauce, soya sauce , garlic, rice)
MENU VEG.	VEG NESSIE 2	Aubergine-tomato masala with coriander cous cous (onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, cous cous)
MENU DIET*		Baked pork cutlet with mashed potatoes and bean pods (pork meat, onion, herbs, oil, bean pods, potatoes, LF milk)
PM Snack	VEG	Butter choco roll (flour, milk , yeast, egg, chocolate , baking powder)
Salad		Mix of leaf salads with dried ham, mozzarella and balsamico (lettuce, radicchio, red chard, rucola, cherry tomatoes, dried ham, olive oil, mozzarella, balsamico, honey)
Sandwich		Sandwich with chicken ham and tomato (sandwich bread, mayonnaise , chicken ham, tomatoes, lettuce)
Tuesday		
Soup		Chicken consommé with pasta (celery , carrot, onion, parsley, pasta , chicken meat)
Main 1	NESSIE 1 ÚVOZ	Meatballs with whole-grain mustard sauce and mashed potatoes (beef meat, pork meat, flour, eggs, milk, breadcrumbs, butter, cream , potatoes)
Main 2	NESSIE 2	Rabbit leg with creamy paprika sauce and pasta (chicken meat, cream , onion, flour, oil, butter , ground paprika, pasta)
MENU VEG.	VEG NESSIE VEG	Vegetable casserol with roasted potatoes (seasonal vegetable, red and white beans, herbs, potatoes)
MENU DIET*		Vegetable casserol with roasted potatoes (seasonal vegetable, red and white beans, herbs, potatoes)
PM Snack	VEG	Breadroll with egg spread (<i>"kaiserka"</i> breadroll, egg, mayonnaise, parsley)
Salad		Pasta salad with chicken meat and fresh vegetables (pasta, yoghurt, mayonnaise , chicken meat, cucumber, peppers, corn)
Sandwich	VEG	Baguette with olive pesto and mozzarella (baguette , olives, mozzarella , rucola, basil, olive oil)
Wednesday		
Soup	VEG	Red lentil and chickpea soup (chickpea, red lentil, onion, peeled tomatoes, coriander)
Main 1		Chicken gyros with tzatziki and pita bread (chicken meat, gyros spice, cucumber, cream, pita bread)
Main 2	NESSIE 1 ÚVOZ	Chinese twice cooked pork with rice (pork meat, ginger, soya sauce, potato starch , onion, leek, pepper, rice)
MENU VEG.	VEG NESSIE 2	Cauliflower patties with cheese, pumpkin purée and butter corn (cauliflower, egg, breadcrumbs , herbs, cheddar cheese , corn, butter, pumpkin, potatoes, milk)
MENU DIET*		Chicken gyros with rice pilaf (chicken meat, gyros spice, rice, carrot, chickpea, spring onion, coriander)
PM Snack	VEG	Blueberry yogurt (yogurt , honey, blueberries)
Salad		Poke salad with tuna and bean pods (rice, rice vinegar, bean pods, baby spinach, tuna , cucumber, sprouts, lime)
Sandwich		BLT sandwich (sandwich bread, mayonnaise , bacon, tomatoes, lettuce)
Thursday		
Soup		Creamy turkey soup with vegetable (turkey meat, celery , carrot, parsley, butter, flour, cream, milk)
Main 1	NESSIE 1 ÚVOZ	Chicken strips with creamy herbs sauce and rice (chicken breast, cream , oil, thyme, parsley, marjoram, butter , garlic, rice)
Main 2	NESSIE 2	Pork risotto with cheese and gherkins (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)
MENU VEG.	VEG NESSIE VEG	Spinach frittata with salad (potatoes, spinach, cream, egg , onion, cheddar cheese)
MENU DIET*		Pork risotto and gherkins (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)
PM Snack	VEG	Buckwheat baguette with cheese and cucumber (baguette, butter, cheese , cucumber)
Salad	VEG	Tomato salad with peppers and avocado (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)
Sandwich		Baguette with meat balls, baked peppers a cheddar cheese (baguette , beef meat, pork meat, breadcrumbs , onion, egg, BBQ sauce , peppers, cheddar cheese)
Friday		
Soup	VEG	Czech kulajda (cream, eggs , onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour)
Main 1	NESSIE 1 ÚVOZ	Spaghetti Bolognese (pasta , beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée, parmesan cheese)
Main 2	NESSIE 2	Roast pork with bread dumplings and cabbage (pork meat, onion, flour , garlic, cumin, eggs , cabbage, sugar, bread , yeast, milk)
Main 3	VEG NESSIE VEG	Palak paneer with rice (paneer cheese , onion, spinach, garlic, cream , spice, herbs, rice)
MENU DIET*		GF Spaghetti Bolognese (GF pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée)
PM Snack	VEG	St. Nicholas gingerbread cookie (flour , sugar, baking powder, gingerbread spice, salt, honey, egg, butter)
Salad		Potato salad with cream fresh, pea and smoked salmon (potatoes, pea, cream fresh , capers, dill, smoked salmon)
Sandwich	VEG	Sandwich with beetroot spread and rucola (sandwich, beetroot, dill, cottage cheese, spread butter , rucola)

* suitable for intolerance to three main allergens (gluten, lactose and eggs)



Monday

Soup	VEG	Creamy tomato soup with tarhoňa pasta	(cream , tarhoňa pasta , garlic, onion, carrot, celery , peeled tomatoes, basil)
Main 1	NESSIE 1 ÚVOZ	Turkey cubes with gravy and rice	(turkey meat, onion, rice flour, oil, caraway seeds, rice)
Main 2		Cottage pie with beef	(potatoes, beef, milk , peas, cheddar cheese , carrot, onion, celery stalk , oil, butter , tomato purée, salt, worchester sauce , bay leaf, cloves)
MENU VEG.	VEG NESSIE VEG	Bulgureto with vegetable and cheese	(bulgur , carrot, celery , pea, corn, chickpea, cheese , crushed tomatoes)
MENU DIET*		Beef ragout with peas and rice	(beef meat, onion, carrot, celery stalks , tomato purée, worchester , rice)
PM Snack	VEG	Cottage cheese cake with raisins	(flour , egg, butter , milk, cottage cheese, baking powder , sugar, oil, raisins)
Salad	VEG	Cous cous salad with fresh vegetables	(cous cous , red peppers, cucumber, tomatoes, coriander, lemon)
Sandwich		Sandwich with smoked salmon and chives spread	(sandwich bread , smoked salmon , chives, spread butter)

Tuesday

Soup		Turkey consommé with noodles	(turkey, carrot, celery , onion, parsley, noodles)
Main 1	NESSIE 1	Gnocchi with turkey meat in creamy spinach sauce	(gnocchi , turkey meat, spinach, garlic, onion, cream)
Main 2	ÚVOZ	Pork goulash with bread dumplings	(pork meat, flour , onion, ground paprika, garlic, marjoram, egg, milk, yeast , bread)
MENU VEG.	VEG NESSIE VEG	Greek zucchini cake with feta cheese and beetroot salad	(zucchini, onion, dill, cheese, butter , oil, egg , beetroot, salad)
MENU DIET*		Roast chicken strips with vegetable and corn nachos	(chicken meat, beans, peppers, corn, rice)
PM Snack	VEG	Homemade pear purée	(pears, apples, cinnamon, sugar)
Salad	VEG	Pasta salad with fresh vegetable and pesto	(pasta , cucumber, pepper, corn, mayonnaise, olive , white yoghurt)
Sandwich		Club sandwich	(sandwich bread , iceberg lettuce, tomato, bacon, chicken meat, egg, mayonnaise)

Wednesday

Soup	VEG	Minestrone soup	(celery , onion, zucchini, carrot, tomato, olive oil)
Main 1		Braised pork cheeks with mashed potatoes and baby carrot	(pork cheeks, onion, butter , oil, flour , garlic, potatoes, milk , baby carrot)
Main 2	NESSIE 1 ÚVOZ	BBQ chicken leg with baked potatoes and coleslaw salad	(chicken meat, spice, BBQ sauce , lettuce, potatoes, cabbage, carrot, celery , onion, vinegar, mayonnaise , oil)
MENU VEG.	VEG NESSIE VEG	Sweet buns with vanilla sauce	(flour , yeast, eggs , vanilla pudding , milk)
MENU DIET*		Tuna rissoto	(tuna , rice, pea, corn, carrot, turmeric, spring onion, herbs)
PM Snack		Breadroll with ham and cucumber	(breadroll , ham, cucumber, spread butter)
Salad		Lentil-bulgur bowl with chicken meat, egg and cauliflower	(lentil, bulgur , mix of leaves salad, chicken breast, egg , pickled cauliflower)
Sandwich		Reuben sandwich	(sandwich bread , roastbeef, mayonnaise , mustard , gherkins, cabbage, cheddar cheese)

Thursday

Soup		Creamy kale soup with potatoes and sausage	(kale, onion, caraway seed, flour , sausage, cream , bayleaves, potatoes)
Main 1	VEG NESSIE 1	Pasta with tomato-basil sauce	(pasta, cheese , oil, tomatoes, onion, garlic, basil)
Main 2	NESSIE 2 ÚVOZ	Turkey tikka masala wrap with corn salad and sour cream	(turkey meat, yogurt , onion, graound paprika, tikka masala paste, vindaloo, corn, spring onion, sour cream, tortilla)
MENU VEG.	VEG NESSIE VEG	Broccoli patties with mashed potatoes and steamed corn	(broccoli, egg, breadcrumbs , herbs, cheddar cheese , corn, butter , potatoes, milk)
MENU DIET*		GF pasta with tomato-basil sauce	(GF pasta, oil, tomatoes, onion, garlic, basil)
PM Snack		Pizza with bacon	(puff pastry , bacon, cheese , tomatoes)
Salad		Poke salad with smoked salmon and yellow radish	(sushi rice, smoked salmon , yellow radish, pea, red cabbage, lime, coriander, sprouts, lamb's lettuce)
Sandwich		Caesar wrap	(tortilla , romaine lettuce, spice gyros, chicken meat eggs, parmesan cheese, mayonnaise , anchovies , mustard)

Friday

Soup	VEG	Lentil soup	(lentils, flour , onion, garlic, vinegar, marjoram)
Main 1	NESSIE 1	Jamie Oliver´s turkey curry with rice	(turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
Main 2	NESSIE 2 ÚVOZ	Minced pork schnitzel with mashed potatoes and gherkin	(pork meat, flour , egg, breadcrumbs , potatoes, milk, butter)
Main 3	VEG NESSIE VEG	Israeli aubergine shakshuka with pita bread	(aubergine, cumin, garlic, olive oil, pepper, tomatoes, egg, mozzarella, pita bread)
MENU DIET*		Jamie Oliver´s turkey curry with rice	(turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
PM Snack	VEG	Homemade plum cake	(flour , egg , sugar , butter , milk , plums, vanilla)
Salad		Spinach salad with apples and bacon	(baby spinach, apples, bacon, chives, honey, mustard , lettuce, olive oil)
Sandwich		Baguette with parma ham, mozzarella and tomato	(baguette , mozzarella , tomato, baby spinach, mustard , honey, olive oil, lemon, ham)

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Monday

Soup	VEG	Vegetable cream	(carrot, parsley, celery , leek, potatoes, butter, cream , spice)
Main 1	NESSIE 1 ÚVOZ	BBQ meatballs with mashed potatoes and green pea	(beef meat, pork meat, flour, eggs, milk, breadcrumbs, butter , BBQ sauce, crushed tomatoes, smoked paprika, onion, carrot, celery , potatoes , green pea)
Main 2		Beef with creamy dill sauce and bread dumplings	(beef meat, cream , dill, egg, flour, bread , yeast, milk)
MENU VEG.	VEG NESSIE VEG	Wok fried turmeric tofu with vegetable and saffron bulgur	(tofu , cream , soya sauce , lemon grass, ginger, turmeric, saffron, bulgur)
MENU DIET*		Baked beef with provencal herbs and rice	(beef meat, rice flour , thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)
PM Snack	VEG	Cocoa cottage cheese cake "Miša "	(cocoa, flour, butte r, oil, baking powder, sugar, vanilla sugar, cottage cheese, eggs)
Salad	VEG	Bulgur salad with olives and cheese	(bulgur , capers, olives, lettuce, dried tomatoes, garlic, basil, olive oil, balkan cheese)
Sandwich	VEG	Baguette with cheese and salad	(baguette , soft cheese , butter , gouda , ermine cheese , mozzarella , lettuce)

Tuesday

Soup	VEG	Cream of mushrooms	(cream , mushrooms, onion, flour , thyme)
Main 1	NESSIE 1 ÚVOZ	Baked pork with bacon and rice	(pork meat, onion, butter , bacon, rosemary, flour , rice)
Main 2	NESSIE 2	Turkey cubes with herbs, peppers and crushed potatoes	(turkey meat , butter , peppers, onion, garlic, marjoram, potato starch, potatoes, dill)
MENU VEG.	VEG NESSIE VEG	Sweet potatoes curry with pea pods and rice	(sweet potatoes, onion, string pea, olive oil, red curry, pepper, spice, tomatoes, coconut milk , chickpea, potato starch, rice)
MENU DIET*		Turkey cubes with herbs, peppers and crushed potatoes	(turkey meat, oil, peppers, onion, garlic, marjoram, potatoe starch, potatoes, dill)
PM Snack	VEG	Cheesy "snail"	(flour , yeast, egg, milk, cheese)
Salad	VEG	Pasta salad with baked vegetable and yogurt	(pasta , yogurt , zucchini, carrot, herbs, onion, pepper)
Sandwich		Chef´s tortilla	(tortilla , lettuce, egg , ham, cheese , yoghurt , tomato purée, tomatoes)

Wednesday

Soup		Garlic soup with bacon and egg	(garlic, celery , carrot, parsley, beef meat, bacon, potatoes, egg , marjoram)
Main 1	NESSIE 1 ÚVOZ	Pasta with rabbit ragout and parmesan cheese	(pasta , beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato puree, parmesan cheese)
Main 2	NESSIE 2	Segedin goulash with bread dumplings	(pork meat, cabbage, onion, flour, cream , caraway seed, yeast, eggs, bread, milk)
MENU VEG.	VEG NESSIE VEG	Fruit dumplings with strawberries and cottage cheese	(flour , yeast, egg, milk, cottage cheese , strawberries, sugar, butter)
MENU DIET*		GF pasta with rabbit ragout	(GF pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato puree)
PM Snack	VEG	Chia bread with chives spread	(chia bread , chives, spread butter , spring onion, cottage cheese , radishes)
Salad	VEG	Salad with baked sweet potatoes, beetroot and feta cheese	(sweet potatoes, beetroor, carrot, parsnip, pumpkin seeds, balsamic dressing, feta cheese)
Sandwich	VEG	Sandwich Caprese	(sandwich bread , tomatoes, basil, mozzarella)

Thursday

Soup		Chicken consommé with noodles	(celery , carrot, parsley, noodles , chicken meat)
Main 1	NESSIE 1 ÚVOZ	Chicken in red peppers coulis sauce with tarhoňa pasta with basil and rucola	(chicken meat, red peppers, onion, crushed tomatoes, garlic, tarhoňa pasta , basil, rucola, olive oil)
Main 2	NESSIE 2	Ham with mashed potatoes and green pea	(pork ham, potatoes, milk, butter , green pea)
MENU VEG.	VEG NESSIE VEG	Paneer tikka masala with rice	(paneer cheese , onion, garlic, yoghurt , vindaloo, pepper, tomatoes, cream , garlic, rice)
MENU DIET*		Chicken in red peppers coulis sauce with rice	(chicken meat, red peppers, onion, crushed tomatoes, garlic, rice)
PM Snack		Croissant with rucola and chicken ham	(croissant , chicken ham, rucola)
Salad	VEG	Salad with veggie balls	(cous cous , iceberg lettuce, chickpea, gherkin, red onion, salsa fresca, parsley dressing, tahini paste , oil, soya , flour, garlic, potato starch, egg, milk , rosemary, ground paprika, beetroot)
Sandwich		Sandwich with chopped pork meat and cheddar	(sandwich bread , pork meat, bbq sauce, cheddar cheese , tomato purée, worchester , smoked salt)

Friday

Soup		Goulash soup	(beef meat, garlic, marjoram, flour , cumin, ground pepper)
Main 1	NESSIE 1 ÚVOZ	Beef with creamy vegetable "svíčková" sauce and bread dumplings	(beef, carrot, celery , onion, oil, all spice, cream, flour, bread , yeast, milk, eg g)
Main 2	NESSIE 2	Chicken patties with mashed potatoes and baby carrot	(chicken meat, ketchup, cream , butter , potatoes, milk , baby carrot)
Main 3	VEG NESSIE VEG	Vegetable-beans stew with nachos	(onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, corn nachos)
MENU DIET*		Vegetable-beans stew with nachos	(onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, corn nachos)
PM Snack	VEG	Butter mini brioche "vánočka"	(flour, butter , sugar, egg , salt, lemon peel, yeast, milk , raisins, oil)
Salad	VEG	Italian cous cous	(cous cous , lettuce, rucola, mozzarella , dried tomatoes, leccino olives, sunflower seeds, basil pesto, lime dressing, parsley oil)
Sandwich		Baguette with chicken meat, camembert and lettuce	(baguette , chicken meat, mayonnaise , soft cheese , lettuce, camember)

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