

## Monday

Soup	VEG	Pumpkin and tomato soup	(pumpkin, onion, carrot, <b>celery</b> , ginger, thyme, honey, peeled tomatoes)
Main 1	NESSIE 1 ÚVOZ	Chicken breast with pepper coulis sauce and basil tarhoňa	(chicken breast, crushed tomatoes, red peppers, onion, oil, <b>tarhoňa pasta</b> , basil)
Main 2		Potato dumplings stuffed with smoked pork meat, cabbage and onion	(potatoes, <b>flour, milk, egg</b> , smoked pork meat, onion, cabbage, cumin)
Main 3	VEG NESSIE VEG	Bulgureto with vegetable and tempeh	( <b>bulgur, celery</b> , spring onion, zucchini, carrot, <b>tempeh</b> )
MENU DIET*	VEG	Caponata with rice	(herbs, carrot, oil sugar, tomato, capers, <b>celery</b> , basil, rice)
PM Snack	VEG	Homemade apple strudel	( <b>puff pastry</b> , apples, sugar, <b>breadcrumbs</b> , raisins, vanilla sugar, cinnamon)
Salad	VEG	Nicoise	(potatoes, beans pods, olives, tomatoes, parsley)
Sandwich		Baguette with ham, cheese and egg	( <b>baguette</b> , pork ham, <b>cheese, eggs</b> , tomato, <b>soft cheese</b> )

## Tuesday

Soup	VEG	Zucchini-tomato soup	(zucchini, crushed tomatoes, onion, garlic, basil, salt)
Main 1	NESSIE 1	Beef with creamy vegetable "svíčková" sauce and bread dumplings	(beef, carrot, <b>celery</b> , onion, oil, all spice, <b>cream, flour, bread</b> , yeast, <b>milk, egg</b> )
Main 2	ÚVOZ	Baked chicken leg with vegetable rice	(chicken leg, onion, rice flour, <b>consommé</b> , garlic, herbs, salt, rice, cauliflower, carrot, leek)
Main 3	VEG NESSIE VEG	Cauliflower patties with cheese, pumpkin purée and butter corn	(cauliflower, <b>egg, breadcrumbs</b> , herbs, <b>cheddar cheese</b> , corn, <b>butter</b> , pumpkin, potatoes, <b>milk</b> )
MENU DIET*		GF Pasta with tomato sauce, tuna and basil	( <b>pasta</b> , crushed tomatoes, onion, garlic, basil, garlic, <b>tuna</b> )
PM Snack	VEG	Semolina porridge with chocolate topping	( <b>semolina, milk</b> , vanilla sugar, sugar, <b>butter</b> , chocolate, cocoa)
Salad	VEG	Greek salad	(peppers, red onion, cucumbers, tomatoes, olive oil, herbs, <b>balkan cheese</b> )
Sandwich		Club sandwich	( <b>sandwich bread</b> , iceberg lettuce, tomato, bacon, chicken meat, <b>egg, mayonnaise</b> )

## Wednesday

Soup		Garlic soup with bacon and egg	(garlic, <b>celery</b> , carrot, parsley, beef meat, bacon, potatoes, <b>egg</b> , marjoram)
Main 1	NESSIE 1 ÚVOZ	Turkey with creamy red paprika sauce and pasta	(turkey meat, onion, <b>butter</b> , ground paprika, <b>flour, cream</b> , herbs, <b>pasta, egg</b> )
Main 2		Chicken Biryani with raita sauce	(chicken meat, <b>yoghurt</b> , ginger, garlic, <b>vindaloo, butter</b> , garam masala, tomato purée, saffron, bay leaves, coriander, mint, spring onion, fried onion, rice)
Main 3	VEG NESSIE VEG	Aubergine-tomato masala with coriander cous cous	(onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, <b>cous cous</b> )
MENU DIET*		Baked salmon with herbs mashed potatoes and cauliflower	( <b>salmon</b> , potatoes, LF milk, cauliflower)
PM Snack	VEG	Spinach burek	( <b>puff pastry</b> , spinach, <b>cheese</b> )
Salad		Mix of leaves salad with chicken ham, cheese and honey dressing	(mix of leaves salad, <b>gouda</b> , <b>cheddar cheese</b> , chicken ham, cherry tomatoes, pomegranate, cranberries, <b>mustard</b> , honey)
Sandwich	VEG	Baguette with tomatoes, rucola and basil pesto	( <b>baguette</b> , basil pesto, tomatoes, rucola)

## Thursday

Soup		Turkey consommé with vegetable and noodles	(turkey meat, onion, <b>celery</b> , carrot, parsley, <b>noodles</b> )
Main 1	NESSIE 1	Grilled pork cutlet with baked vegetable and tzaziki dip	(pork meat, <b>yoghurt</b> , tzatziki spice, cucumber, tomatoes, crushed tomatoes, bell pepper, aubergine, salt, zucchini, onion, garlic, thyme, rosemary)
Main 2	NESSIE 2 ÚVOZ	Turkey tikka masala with rice	(turkey meat, onion, garlic, <b>yogurt, vindaloo</b> , pepper, tomatoes, <b>cream</b> , garlic, rice)
Main 3	VEG NESSIE VEG	Israeli aubergine shakshuka with pita bread	(aubergine, cumin, garlic, olive oil, pepper, tomatoes, <b>egg, mozzarella, pita bread</b> )
MENU DIET*		Grilled pork cutlet with baked vegetables	(pork meat, tomatoes, crushed tomatoes, bell pepper, aubergine, salt, zucchini, onion, garlic, thyme, rosemary)
PM Snack	VEG	Water melon	
Salad	VEG	Pasta salad with fresh vegetable and pesto	( <b>pasta</b> , cucumber, pepper, corn, <b>mayonnaise</b> , olive, <b>white yoghurt</b> )
Sandwich		Caesar wrap	( <b>tortilla</b> , romaine lettuce, spice gyros, chicken meat <b>eggs, parmesan cheese, mayonnaise, anchovies, mustard</b> )

## Friday

Soup	VEG	Lentil soup	(lentils, <b>flour</b> , onion, garlic, vinegar, marjoram)
Main 1	NESSIE 1 ÚVOZ	Lasagne Bolognese	( <b>pasta</b> , beef meat, peeled tomatoes, onion, carrot, garlic, <b>celery</b> , bayleaves, tomato purée, <b>butter, flour, milk, cheese</b> )
Main 2	NESSIE 2	Pork schnitzel with mashed potatoes and corn	(pork meat, <b>flour, egg, breadcrumb</b> , potatoes, <b>milk, butter</b> )
Main 3	VEG NESSIE VEG	Pizza Margherita	( <b>flour, milk</b> , oil, yeast, crushed tomatoes, <b>mozzarella</b> , oregano, garlic, sugar)
MENU DIET*		Beef strips with roasted peppers and rice	(beef meat, onion, peppers, tomato purée, potato starch, <b>worchester, soya sauce</b> , rice)
PM Snack	VEG	Homemade Cookies	( <b>flour</b> , sugar, <b>egg, butter</b> , cocoa, chocolate, baking powder)
Salad	VEG	Poke salad with pickled vegetable	(rice, rice vinegar, fava bean, baby spinach, cucumber, pumpkin, sprouts, lime)
Sandwich		Baguette with tuna and egg	( <b>baguette, tuna, egg</b> , spring onion, <b>spread butter</b> )

\* suitable for intolerance to three main allergens (gluten, lactose and eggs)