

Monday		
Soup	Chicken consommé with meat, vegetables and noodles	(cauliflower, parsley, broccoli, carrot, chicken meat, onion, celery , salt, garlic, all spice, peper, bay leaf, oil, noodles)
Main 1	EY Indian butter chicken curry with rice	(chicken, garlic, sugar, yoghurt , spices, ginger, butter , milk , oil, tikka masala paste, tomato paste, cream)
Main 2	Pork in carrots with mashed potatoes	(pork meat, onion, nutmeg, milk , rice flour, carrot, oil, potatoes, butter)
Main 3	VEG Legumes ragout with pita bread	(tomatoes, celery stalks , carrot, chickpeas, onion, lentils, beans, oil, sugar, garlic, parsley, basil, salt)
MENU DIET*	Pork in carrots with boiled potatoes	(pork meat, onion, nutmeg, rice flour, carrot, oil, potatoes)
Salad	VEG Nicoise	(potatoes, beans pods, olives, tomatoes, parsley)
Sandwich	Baguette with ham, cheese and egg	(baguette , pork ham, cheese , eggs , tomato, soft cheese)

Tuesday		
Soup	VEG Cream of mushrooms	(mushrooms, cumin, oil, butter , rice flour, milk , cream , salt, potatoes, thyme)
Main 1	VEG EY Gnocchi pomodoro with basil	(gnocchi , garlic, basil, onion, salt, olive oil, crushed tomatoes, parmesan cheese)
Main 2	Chinese noodles with chicken meat, vegetables and egg	(noodles , chicken meat, coriander, celery stalks , garlic, onion, spring onion, carrot, oil, soya sauce , fish sauce , oyster sauce , peppers, leek, pak choi, cabbage, soya sprouts , ginger)
Main 3	VEG Gnocchi pomodoro with basil	(gnocchi , garlic, basil, onion, salt, olive oil, crushed tomatoes, parmesan cheese)
MENU DIET*	Beef with herbs sauce and rice	(beef meat, onion, rosemary, thyme, oil, rice)
Salad	Chef´s salad	(lettuce, tomato, cucumber, ham, egg , cheese , bread , yoghurt , tomato purée, mayonnaise)
Sandwich	VEG Baguette with basil pesto, tomatoes and mozzarella	(baguette , mozzarella , tomatoes, basil, parmesan cheese , garlic)

Wednesday		
Soup	Beef consommé with meat, vegetables and egg	(beef meat, garlic, salt, pepper, bay leaf, all spice, onion, carrot, celery , parsley, celery stalks , egg , milk)
Main 1	EY Baked cod in herbs with peas and mashed potatoes	(cod , basil, parsley, green pea, olive oil, potatoes, milk)
Main 2	Smoked pork with creamy spinach and potato dumplings	(smoked pork meat, spinach, garlic, onion, flour , cream , potatoes, egg)
Main 3	VEG Vegetarian paella	(rice, tomatoes, bell pepper, oil, carrot, salt, saffron, pepper, onion, garlic, celery , thyme, parsley, rosemary)
MENU DIET*	Baked cod in herbs with peas and mashed potatoes	(cod , basil, parsley, green pea, olive oil, potatoes, LF milk)
Salad	VEG Esquites Mexican Street corn Salad	(corn, spring onion, pepper, mayonnaise , coriander, lime, garlic)
Salad	Baguette with roastbeef	(dried tomatoes, onion, butter , mustard , roastbeef, amazon spice, horseradish, baguette)

Thursday		
Soup	VEG Potato soup with barley groats	(potatoes, celery , onion, cumin, garlic, barley groats , marjoram, butter , flour , carrot, oil, salt, pepper, mushrooms, broccoli)
Main 1	EY Chicken gyros, tzatziki, baked potatoes	(chicken meat, cucumber, dill, garlic, yogurt, gyros spice, salt, oil, potatoes, oil)
Main 2	Baked pork with bacon and rice	(pork, onion, flour , bacon, mustard , oil, rice)
Main 3	VEG Jamie´s Oliver vegetable curry with pita bread	(zucchini, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk, pita bread)
MENU DIET*	Jamie´s Oliver vegetable curry with rice	(zucchini, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk, rice)
Salad	Kenya beans salad	(sweet corn, spring onion, bacon, garlic, pepper, lettuce)
Sandwich	Wrap with with smoked salmon	(tortilla , smoked salmon , cream cheese , rucola, lettuce, lemon, dill)

Friday		
Soup	VEG Vegetable cream with croutons	(oil, carrot, celery , onion, parsley, zucchini, celery stalks , salt, pepper, milk , cream , butter , leek, rice flour, croutons)
Main 1	EY Turkey goulash with pasta	(turkey meat, flour , cream , ground paprika, onion, pasta)
Main 2	Quiche Lorraine with bacon and spring onion	(puff pastry , onion, parsley, bacon, cream , parmasan cheese , egg , pepper, salt)
Main 3	VEG Sweet potatoes frittata with spinach and ricotta cheese	(sweet potatoes, ricotta cheese , spinach, egg , cream , herbs)
MENU DIET*	Turkey goulash with rice	(turkey meat, rice flour, ground paprika, onion, rice)
Salad	VEG Poke salad with fava beans and pickled vegetables	(sushi rice, vinegar, fava beans, pumpkin, carrot, cucumber, radicchio lettuce, sprouts, lime)
Sandwich	VEG Egg sandwich	(sandwich bread , eggs , mayonnaise , chives)

* suitable for intolerance to three main allergens (gluten, lactose and eggs)



Monday			
Soup	VEG	Chickpea and tomato soup	(chickpea, onion, garlic, chilli, oil, pepper, tomatoes, salt, romaine cumin)
Main 1	EY	Turkey with creamy vegetable "svíčková" sauce and bread dumplings	(turkey meat, thyme, bay leaf, carrot, celery, flour, butter , all spice, oil, mustard , lemon, cream, bread , yeast, milk, egg)
Main 2		Pasta with tuna in tomato sauce	(pasta, tuna , tomatoes, onion, garlic, basil, parmesan cheese)
Main 3	VEG	Stir fried vegetables with tofu and cous cous	(bamboo sprouts, tofu , coriander, zucchini, onion, garlic, carrot, ginger, cous cous)
MENU DIET*		GF pasta with tuna in tomato sauce	(GF pasta, tuna , tomatoes, onion, garlic, basil)
Salad	VEG	Pipirrana Salad	(peppers, red onion, cucumbers, tomatoes, olive oil, herbs,)
Sandwich	VEG	Veggie New Yorker sandwich	(sandwich bread , carrot, rucola, gherkin, red cabbage, mayonnaise, mustard , vinegar, cheddar cheese)
Tuesday			
Soup	VEG	Vegetable minestrone	(tomatoes, zucchini, potatoes, onion, celery, carrot, green beans, oil, garlic, basil, bay leaf, pepper, salt)
Main 1	EY	Turkey paprikash with pasta	(turkey meat, peppers, onion, ground paprika, flour , garlic, marjoram, pasta)
Main 2		Grilled chicken breast with bulgur with dried tomatoes	(chicken meat, olive oil, spice, bulgur , dried tomatoes)
Main 3	VEG	Spinach frittata with potatoes and cream, salad	(potatoes, spinach, cream, eggs , onion, garlic, cheddar cheese , pepper, tomato, cucumber, lettuce)
MENU DIET*		Grilled chicken breast with crushed potatoes, baby carrot and bean pods	(chicken meat, olive oil, spice, bean pods, potatoes, LF milk, onion)
Salad	VEG	Beluga lentil with tofu and vegetable	(beluga lentil, red lentil, onion, pepper, gherkin, herbs, tofu , dried tomatoes, capers)
Sandwich		Baguette with tuna, egg and lettuce	(baguette, butter, tuna, egg , lettuce, spring onion)
Wednesday			
Soup	VEG	Semolina soup with egg	(carrot, celery , parsley, semolina, egg, butter , oil, salt)
Main 1	EY	Gnocchi with chicken meat in creamy spinach sauce	(gnocchi , chicken meat, spinach, cream, parmasan cheese)
Main 2		Pork curry with vegetables, coconut milk and rice	(coriander, spring onion, lemon juice, sugar, garam masala, turmeric, tandori masala, ginger, butter , coconut milk, carrot, oil, sesame oil, soya sauce, cream, soya beans , pork meat, bamboo sprouts, rice)
Main 3	VEG	Peperonata with pita bread	(basil, garlic, onion, salt, oil, peppers, crushed tomatoes, pita bread)
MENU DIET*		Peperonata with rice	(basil, garlic, onion, salt, oil, peppers, crushed tomatoes, rice)
Salad	VEG	Mix of leaf salads with sundried tomatoes, mozzarella and balsamico	(iceberg lettuce, rucola, red chard, romaine lettuce, chicory, olives, capers, mozzarella , balsamico)
Salad		Sandwich with paprika chicken and bacon	(sandwich bread , chicken breast, bacon, spread butter , ground paprika, lettuce)
Thursday			
Soup	VEG	Carrot and pumpkin soup with herbs	(carrot, pumpkin, rice flour, cream , onion, watercress, lemon juice, sugar, salt, pepper, butter, milk)
Main 1		Beef goulash with bread dumplings	(beef meat, flour , onion, ground paprika, garlic, marjoram, egg, milk , yeast, bread)
Main 2	EY	Chicken breast with steamed vegetables and crushed potatoes	(chicken meat, spice, butter , potatoes, onion, oil, carrot, green pea)
Main 3	VEG	Germknödel with plum jam, vanilla cream, poppy seeds and sugar	(flour, egg , yeast, milk, cream, butter , plum jam, vanilla, poppy seeds, sugar)
MENU DIET*		Beef goulash with GF pasta	(garlic, onion, beef meat, cumin, ground paprika, salt, pepper, rice flour, oil, tomato puree, GF pasta)
Salad		Caesar salad with eggs and croutons	(romaine lettuce, spice, egg, bread, cheese, mayonnaise, anchovies, mustard)
Sandwich	VEG	Sandwich with grilled vegetables and hummus	(sandwich bread , zucchini, peppers, aubergine, chickpea, coriander, lemon, garlic, tahini sesame paste , herbs)
Friday			
Soup		Chicken consommé with vegetables, meat and fried green peas	(chicken meat, cauliflower, spice, onion, garlic, carrot, celery , parsley, broccoli, green pea)
Main 1	EY	Holland schnitzel with mashed potatoes and gherkin	(pork, meat, egg, gouda cheese , marjoram, breadcrumbs , oil, potatoes, milk, butter)
Main 2		Creamy potato bake with chicken meat and cheese	(potatoes, garlic, chicken meat, oil, cream, edam cheese)
Main 3	VEG	Aubergine masala with rice	(aubergine, coriander, onion, star anise, bay leaf, cardamom, cinnamon, crushed tomatoes, oil, cream , rice)
MENU DIET*		Aubergine masala with rice	(aubergine, coriander, onion, star anise, bay leaf, cardamom, cinnamon, crushed tomatoes, oil, rice)
Salad	VEG	Pasta salad with vegetable and broccoli pesto	(pasta , broccoli, olive oil, dried tomatoes, basil, cherry tomatoes , parmesan cheese)
Sandwich		Tortilla with roastbeef and red cabbage coleslaw salad	(tortilla , roastbeef, red cabbage, carrot, mayonnaise, yoghurt)

* suitable for intolerance to three main allergens (gluten, lactose and eggs)



Monday

Soup			
Main 1		PUBLIC HOLIDAY	
Main 2			
Main 3			
MENU DIET*			
Salad			
Sandwich			

Tuesday

Soup	VEG	Tomato soup with basil	(tomatoes, carrot, celery , onion, olive oil, basil, garlic)
Main 1	EY	Roast pork with potato dumplings and steamed cabbage	(pork meat, garlic, onion, cumin, cabbage, sugar, rice flour, vinegar, oil, potatoes, egg, flour)
Main 2		Baked cod with bulgur and butter vegetables	(cod , green pea, bean pods, corn, cauliflower, butter, bulgur)
Main 3	VEG	Creamy pasta bake with mushrooms	(pasta, egg, cream, milk , onion, mushrooms)
MENU DIET*		Baked cod with boiled potatoes and steamed vegetables	(cod , green pea, bean pods, corn, cauliflower, oil, potatoes)
Salad		Beans salad with tuna and egg	(bean pods, white beans, red beans, tuna, egg , rucola, cherry tomatoes, red onion, herbs, olive oil, vinegar, sugar)
Sandwich		Caesar sandwich with chicken	(dark sandwich bread , bacon, egg , chicken meat, romaine lettuce, spice, mayonnaise, anchovies, mustard)

Wednesday

Soup	VEG	Zucchini cream	(zucchini, garlic, onion, butter , potatoes, basil)
Main 1	EY	Grilled chicken with mashed potatoes and steamed vegetables	(chicken meat, rosemary, thyme, zucchini, carrot, olive oil, tomato purée, tomatoes, potatoes, milk, butter)
Main 2		Turkey sauté with vegetables and jasmine rice	(turkey meat, salt, potato starch, soy sauce , sweet chilli sauce, tomato paste, garlic, sugar, onion, carrot, leek, paprika, rice)
Main 3	VEG	Thai vegetable curry with herbs cous cous	(broccoli, coriander, zucchini, pumpkin, salt, cauliflower, aubergine, coconut milk, carrots, oil, curry paste, cous cous, herbs)
MENU DIET*		Thai vegetable curry with jasmine rice	(broccoli, coriander, zucchini, pumpkin, salt, cauliflower, aubergine, coconut milk, carrots, oil, curry paste, rice)
Salad		Mix of leaves salad with chicken ham, cheese and honey dressing	(mix of leaves salad, gouda, cheddar cheese , chickne ham, cherry tomatoes, pomegranate, cranberries, mustard, honey)
Salad		BBQ chicken sandwich	(sandwich bread , bacon, egg , chicken meat, cheddar cheese , lettuce)

Thursday

Soup	VEG	Lentil soup	(lentil, garlic, onion, marjoram, rice flour, vinegar, oil)
Main 1	EY	Beef with tomato sauce and pasta	(beef, celery , tomato paste, oil, carrots, rice flour, salt, cinnamon, pepper, spices, bay leaf, sugar, lemon juice, onions, pasta)
Main 2		Turkey meatloaf with mashed potatoes and green pea	(turkey meat, onion, garlic, marjoram, eggs, breadcrumb, flour , potatoes, milk, butter , vegetable)
Main 3	VEG	Creamy potato bake vegetables and cheese	(potatoes, garlic, zucchini, nutmeg, carrot, cabbage, olive oil, cream, edam cheese)
MENU DIET*		Beef with tomato sauce and GF pasta	(beef, celery , tomato paste, oil, carrots, rice flour, salt, cinnamon, pepper, spices, bay leaf, sugar, lemon juice, onions, GF pasta)
Salad	VEG	Mix leaves salad with egg	(romaine lettuce, raddicio, lolu rosso lettuce, egg , tomatos, olive oil)
Sandwich		Baguette with smoked salmon	(baguette, smoked salmon, spread butter , chives)

Friday

Soup	VEG	Vegetable consommé with pasta and vegetables	(broccoli, celery , pea, corn, cauliflower, carrot, oil, pasta)
Main 1	EY	Pasta with chicken and cheese sauce	(pasta, cream, milk, gouda cheese, edam cheese, mozzarella, soft cheese, potato starch)
Main 2		Pork goulash with rice	(pork meat, tomatoes, onion, oil, sausage, rice flour, bacon, salt, pepper, ground paprika, rice)
Main 3	VEG	Cantonese rice with vegetables and eggs	(rice, egg , leek, peppers, spring onion, zucchini, carrot, soya sauce)
MENU DIET*		Pork goulash with rice	(pork meat, tomatoes, onion, oil, sausage, rice flour, bacon, salt, pepper, ground paprika, rice)
Salad		Fresh vegetables salad with tuna and egg	(tomatoes, cucumber, beans, watercress, olives, tuna, egg)
Sandwich	VEG	Baguette with mozzarella, tomatoes and basil pesto	(baguette, mozzarella , tomatoes, basil, parmasan cheese , garlic)



Monday			
Soup	VEG	Cream of broccoli	(broccoli, flour , onion, butter , milk , cream , oil)
Main 1	EY	Chicken risotto with vegetable, cheese and gherkin	(rice, chicken meat, carrot, onion, leek, peas, corn, celery , oil, ground paprika, gherkin, edam cheese)
Main 2		Roast pork with creamy vegetable sauce "hamburská" and bread dumplings	(pork, oil, onion, carrot, celery , sausage , gherkin, butter , rice flour, cream , milk , mustard , vinegar, spices, flour , yeast, egg)
Main 3	VEG	Cauliflower-green pea masala with pita bread	(cauliflower, green pea, ginger, crushed tomatoes, turmeric, coriander, roman cumin, onion, garlic, pita bread)
MENU DIET*		Chicken risotto with vegetable and gherkin	(rice, chicken meat, carrot, onion, leek, peas, corn, celery , oil, salt, ground paprika, gherkin)
Salad	VEG	Mixed salad with sundried tomatoes	(peppers, lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese , olive oil)
Sandwich		Baguette with smoked salmon	(baguette , smoked salmon , cream cheese , butter , chives)
Tuesday			
Soup	VEG	Carrot cream with ginger	(carrots, ginger, onion, salt, honey, milk , rice flour, carrots, oil, cream)
Main 1	EY	Chicken strips with steamed vegetables and crushed potatoes	(chicken meat, carrot, pea, honey, olive oil, spring onion, potatoes, butter)
Main 2		Tilapia fish with herbs and baked vegetables	(tilapia fish , olive oil, parsley, lemon juice, basil, mint, dill, grenaille potatoes, carrot, celery , onion, garlic, rosemarv, thyme)
Main 3	VEG	Gnocchi with "quattro formaggi" sauce	(gnocchi , onion, cream , oil, salt, blue cheese , eidam cheese , smoked eidam , parmesan cheese , rucola)
MENU DIET*		Chicken strips with steamed vegetables and crushed potatoes	(chicken meat, carrot, pea, honey, olive oil, spring onion, potatoes, oil)
Salad	VEG	Mix of leaves salad with baked chickpea and tofu	(mix of leaves salads, beetroot, corn, grenaille potatoes, tofu , baked chickpea, herbs dressing)
Sandwich		Brussels baguette	(baguette , chicken breast, roasted onion, blue cheese)
Wednesday			
Soup		Creamy fish soup with vegetables	(codfish , cream , leek, carrot, rice flour, zucchini, lemon juice, onion, celery , thyme, dill)
Main 1	EY	Pasta with tomato-basil sauce and parmesan cheese	(pasta , tomatoes, onion, garlic, basil, parmesan cheese)
Main 2		Roast pork with potato dumplings and cabbage	(pork meat, cumin, garlic, oil, rice flour, onion, cabbage, sugar, vinegar, potatoes, egg , flour)
Main 3	VEG	J.O. vegetarian curry with rice	(pumpkin, cauliflower, zucchini, bell pepper, onion, mushroom, oil, coconut milk, crushed tomatoes, lentils, carrots , olives , rice)
MENU DIET*		GF pasta with tomato-basil sauce	(GF pasta, oil, tomatoes, onion, garlic, basil)
Salad	VEG	Pasta salad with caesar dressing and cherry tomatoes	(pasta , spice, egg , corn, cherry tomatoes, cheese , mayonnaise , anchovies , mustard)
Sandwich		Sandwich with camembert spread	(sandwich bread , camembert cheese , egg , ham, onion, mayonnaise)
Thursday			
Soup		Chicken consommé with noodles	(chicken meat, cauliflower, spice, onion, garlic, carrot, celery , parsley, broccoli, chive, milk , flour , oil, egg)
Main 1	EY	Wok fried turmeric chicken with rice	(chicken meat, cream , lemongrass, garlic, fish sauce , oyster sauce , sesame oil , rice)
Main 2		Chicken and pork ragout with vegetables, bacon and crushed potatoes	(pork meat, chicken meat, sausage , bacon, oil, chilli pepper, onion, potatoes , milk , butter)
Main 3	VEG	Chickpea tagine with mushrooms, aubergine and cous cous	(chickpea, coriander, parsley, garlic, onion, mushrooms, asparagus, garam masala, cumin, turmeric, ground paprika , cinnamon, aubergine, crushed tomatoes, cous cous)
MENU DIET*		Chickpea tagine with mushrooms, aubergine and rice	(chickpea, coriander, parsley, garlic, onion, mushrooms, asparagus, garam masala, cumin, turmeric, ground paprika , cinnamon, aubergine, crushed tomatoes, rice)
Salad		Vegetable salad with tuna and mango dip	(iceberg lettuce, loló rosa lettuce, radicchio, corn, tomato, pepper, tuna , red onion, mango, sweet chilli, coriander)
Sandwich	VEG	Wrap with mozzarella, tomatoes and olives	(tortilla , iceberg lettuce, rucola, mozzarella , tomatoes, dried tomatoes pesto, olives)
Friday			
Soup	VEG	Creamy vegetable soup with croutons	(oil, carrot, celery , parsley, zucchini, salt, pepper, milk , cream , butter , leek, rice flour, bread)
Main 1	EY	Sweet and sour chicken with rice	(chicken meat, rice, garlic, spring onion, sugar, rice vinegar, oil, soya sauce , peppes, crushed tomatoes, bamboo sprouts)
Main 2		Sour lentil with smoked pork, onion and pickles	(lentils, smoked pork meat, onion, garlic, sugar, bay leaf, rice flour, gherkin)
Main 3	VEG	Sweet buns with vanilla sauce	(flour , yeast, egg , vanilla pudding, milk)
MENU DIET*		Sweet and sour chicken with rice	(chicken meat, rice, garlic, spring onion, sugar, rice vinegar, oil, soya sauce , peppes, crushed tomatoes, bamboo sprouts)
Salad	VEG	Greek salad	(peppers, olives, cucumbers, tomatoes, feta cheese)
Sandwich		Baguette with chicken gyros and cucumber	(baguette , chicken meat, gyros spice, cucumber, mayonnaise)

* suitable for intolerance to three main allergens (gluten, lactose and eggs)

