Parklane IS

5.5.-9.5.2025

VALD/NORB/KL
Monday

Monday		
Soup VEG	Cream of broccoli	(broccoli, butter, cream, flour, onion)
Main 1	Turkey cubes with gravy and rice	(turkey meat, onion, butter, flour , herbs, rice)
Main 2	Baked pork with bacon and bread dumplings	(pork meat, onion, butter, bacon, rosemary, flour, egg, yeast, milk, bread)
MENU VEG. VEG	Chickpea chana masala with cauliflower bulgur	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, bulgur , cauliflower)
ALLERGY FREE*	Chickpea chana masala with baked potatoes	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, baked potatoes)
PM Snack VEG	Donut with strawberry filling	(flour, milk, oil, yeast, cottage, strawberries, sugar)
Salad VEG	Tabbouleh	(bulgur, yoghurt, parsley, tomato, cucumber, spring onion, olive oil)
Sandwich	Sandwich with Prague ham, gherkins and egg	(sandwich bread , Prague ham, leek, horseradish, gherkins, lettuce, egg)

Tuesday

Tuesuay		
Soup	Creamy chicken soup with vegetable	(chicken meat, celery , carrot, parsley, butter, flour, cream, milk)
Main 1	Risotto Bolognese	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot, parmesan cheese)
Main 2	Potato dumplings stuffed with smoked pork meat, cabbage and onion	(potatoes, flour, milk, egg, smoked pork meat, onion, cabbage, cumin)
MENU VEG. VEG	Peperonata with basil cous cous	(basil, onion, garlic, pepper, tomatoes, cous cous)
ALLERGY FREE*	Risotto Bolognese	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot)
PM Snack VEG	Cheesy croissant	(fiour, egg , baking powder, yeast, cheese)
Salad	Beans salad with tuna and egg	(bean pods, white beans, red beans, tuna, egg , rucola, cherry tomatoes, red onion, herbs, olive oil, vinegar, sugar)
Sandwich	Caesar sandwich with chicken meat	(wholegrain sandwich bread , romaine lettuce, egg, cheese, mayonnaise, anchovies, mustard , chicken meat)

Wednesday		
Soup VEG	Indian tomato and red lentil soup	(red lentils, cream, tandoori masala, coriander, vindaloo)
Main 1	Turkey nuggets with mashed potatoes and corn	(turkey breast, flour, eggs, milk, breadcrumbs, butter, potatoes, corn)
Main 2	Beef with tomato sauce and pasta	(beef meat, tomatoes, celery , bay leaves, sugar, flour , cinnamon, oil, pasta)
MENU VEG. VEG	Gnocchi with "4 formaggi" cheese sauce	(gnocchi, cream, parmesan, edam, gouda, blue cheese)
ALLERGY FREE*	Beef with tomato sauce and rice	(beef meat, tomatoes, celery, bay leaves, sugar, GF flour, cinnamon, oil, pasta)
PM Snack	Pizza baguette with ham and cheese	(baguette, ham, gouda cheese , corn)
Salad	Mix of leaves salad with chicken ham, cheese and honey dressing	(mix of leaves salad, gouda, cheddar cheese , chickne ham, cherry tomatoes, pomegranate, cranberries, mustard , honey)
Sandwich VEG	Baguette with tomatoes, rucola and basil pesto	(baguette, basil pesto, tomatoes, rucola)

Thursday

Soup	
Main 1	PUBLIC HOLIDAY
Main 2	
MENU VEG.	
ALLERGY FREE*	
PM Snack	
Salad	
Sandwich	

Friday		
Soup	Beef consommé with vegetable and meat	(celery, carrot, onion, parsley, beef meat)
Main 1	Indian chicken butter sauce curry with rice	(chicken breast, yoghurt, ginger, garlic, vindaloo, butter, garam masala, tomato purée, saffron, bay leaves, rice)
Main 2	Pasta with salmon in tomato sauce	(pasta, salmon , tomatoes, onion, garlic, basil, cheese)
MENU VEG. VEG	Potato cones with poppy seeds and sugar	(potatoes, flour, milk, butter, eggs , poppy seeds, sugar)
ALLERGY FREE*	GF pasta with salmon in tomato sauce	(GF pasta , salmon , tomatoes, onion, garlic, basil)
PM Snack VEG	Gingerbread	(flour, oil, egg, baking powder, cocoa, sugar, milk, cinnamon, chocolate)
Salad VEG	Mix of leaves salad with egg	(romaine lettuce, raddicio, lolo rosso lettuce, egg , tomatos, olive oil)
Sandwich	BBQ chicken sandwich	(sandwich bread, bacon, egg, chicken meat, cheddar cheese, lettuce)
,		





fresh tasty

Parklane IS κL 12.05.-16.05.2025

VA	LD/N	IORB/	1

Monday		
Soup VEG	Potato cream with basil	(butter , onion, potatoes, garlic,oil, cream , basil)
Main 1	Turkey with creamy paprika sauce and pasta	(turkey meat, onion, butter , ground paprika, flour, cream, pasta)
Main 2	Pork meat with carrots and mashed potatoes	(pork meat, onion, carrot, fiour, butter, milk, potatoes, cumin)
MENU VEG. VEG	Bean pods with peppers and baked potatoes	(bean pods, pepper, crushed tomatoes, onion, garlic, basil, olive oil, potatoes)
ALLERGY FREE*	Bean pods with peppers and baked potatoes	(bean pods, pepper, crushed tomatoes, onion, garlic, basil, olive oil, potatoes)
PM Snack VEG	Homemade Muffin	(egg, flour, banana , baking powder , sugar, butter, oil)
Salad VEG	Pipirrana Salad	(peppers, red onion, cucumbers, tomatoes, olive oil, herbs,)
Sandwich VEG	Sandwich with beetroot spread and rucola	(sandwich bread , beetroot, dill, cottage cheese, spread butter , rucola)

Tuesday

Tuesday		
Soup	Turkey consommé with vegetable and noodles	(turkey meat, celery, carrot, parsley, noodles)
Main 1	Meat balls with curry sauce and rice	(beef meat, pork meat, flour, egg, yoghurt, butter, onion, garlic, garam masala, tomato, saffron, bay leaf, rice)
Main 2	Turkey oreganata with chickpea, zucchini and dried tomatoes	(turkey meat, herbs, lemon juice, chickpea, dried tomatoes, garlic, olice oil)
MENU VEG. VEG	Vegetable-legume patties with sweet potato purée and butter corn	(carrot, zucchini, chickpea, lentil, egg, flour, breadscrumb , herbs, sweet potatoes, milk , corn, cauliflower)
ALLERGY FREE*	Turkey oreganata with chickpea, zucchini and dried tomatoes	(turkey meat, herbs, lemon juice, chickpea, dried tomatoes, garlic, olice oil)
PM Snack VEG	Pretzel	(flour, water, yeast, dried milk, egg, butter, salt)
Salad VEG	Beluga lentil with tofu and vegetable	(beluga lentil, red lentil, onion, pepper, gherkin, herbs, tofu , dried tomatoes, capers)
Sandwich	Baguette with tuna, egg and lettuce	(baguette, butter, tuna, egg, lettuce, spring onion)

Wednesday		
Soup VEG	Spinach soup	(spinach, potatoes, garlic, cream , onion)
Main 1	Pasta with tomato sauce, tuna and basil	(pasta , crushed tomatoes, onion, garlic, basil, garlic, basil, tuna)
Main 2	Pork schnitzel with mashed potatoes and gherkin	(pork meat, potatoes, milk, egg, butter, breadcrumbs , potatoes)
MENU VEG. VEG	Sweet buns with vanilla sauce	(flour, yeast , eggs , vanilla pudding , milk)
ALLERGY FREE*	Baked salmon with herbs, baked potatoes and bean pods	(salmon, herbs, potatoes, bean pods, olive oil, garlic)
PM Snack VEG	Mango smoothie / Strawberry yoghurt - Nessie + Sibeliova	(milk , cream , sugar, mango, lemon juice) / (yoghurt, honey, strawberries)
Salad VEG	Mix of leaf salads with sundried tomatoes, mozzarella and balsamico	(iceberg lettuce, rucola, red chard, romaine lettuce, chicory, olives, capers, mozzarella , balsamico)
Sandwich	Sandwich with paprika chicken and bacon	(sandwich bread , chicken breast, bacon, spread butter , ground paprika, lettuce)

Thursday		
Soup	Goulash soup	(beef meat, onion, garlic, marjoram, potatoes, flour , caraway seed, ground paprika)
Main 1	Meatloaf with mashed potatoes and steamed vegetable	(pork meat, beef meat, onion, garlic, marjoram, eggs, breadcrumbs, flour , potatoes, milk, butter , vegetable)
Main 2	Beef burrito with corn salad "Esquites"	(beef meat, beans, onion, tomato, garlic, coriander, tortilla , corn, spring onion, pepper, mayonnaise , coriander, lime, garlic)
MENU VEG. VEG	Pasta with creamy zucchini and basil sauce	(pasta , zucchini, cream , garlic, basil, parmesan cheese)
ALLERGY FREE*	Beef Taco risotto	(beef meat, beans, onion, tomato, garlic, coriander, corn, spring onion, pepper, coriander, lime, garlic)
PM Snack VEG	Rye breadroll with avocado spread and egg	(rye breadroll , avocado, egg, spread butter, yoghurt)
Salad	Caesar salad with eggs, croutons and parmesan cheese	(romaine lettuce, spice, egg, bread, cheese, mayonnaise, anchovies, mustard)
Sandwich VEG	Sandwich with grilled vegetables and hummus	(sandwich bread , zucchini, peppers, aubergine, chickpea, coriander, lemon, garlic, tahini sesame paste , herbs)

Friday	Friday		
Soup	VEG	Zucchini-tomato soup	(zucchini, crushed tomatoes, onion, garlic, basil, salt)
Main 1		Beef strips with roasted peppers and rice	(beef meat, onion, peppers, tomato purée, potato starch, worchester, soya sauce , rice)
Main 2		Chicken patties with cheddar cheese, mashed potatoes and baby carrot	(chicken meat, cheddar cheese, butter, potatoes, cream, milk, baby carrot)
Main 3	VEG	Creamy pasta bake with mushrooms	(pasta, mushrooms, egg, cream, milk, onion, spring onion, herbs)
ALLERGY FR	REE*	Beef strips with roasted peppers and rice	(beef meat, onion, peppers, tomato purée, potato starch, worchester, soya sauce , rice)
PM Snack	VEG	Banana cake	(flour, bananas, eggs, baking powder, butter, oil, cinnamon, sugar)
Salad	VEG	Pasta salad with vegetable and broccoli pesto	(pasta , broccoli, olive oil, dried tomatoes, basil, cherry tomatoes , parmesan cheese)
Sandwich		Tortilla with roastbeef and red cabbage coleslaw salad	(tortilla , roastbeef, red cabbage, carrot, mayonnaise, yoghurt)





fresh tasty

Monday Monday Downer Vrsi Pumplein and tomato scop (pumpkin, obior, carror, celery, ginger, thyrin, honer, peekd tomatocs) Nam 1 Chicken menuty makhani with rice (phicken menut, yaghurt, carlor, tomators, ganit, butter, coream, cianoma, q. Marka 2 Baket turkey break with grow, nambed potators and (corn (phicke, menut, yaghurt, carlor, color, gotter, celery, bost, coors ceal MILLUGATERET Caponata with roas caus. (hetps, carror, ol suppr, tomato, copars, celery, bost, coors ceal MILLUGATERET Caponata with roas caus. (phits, carror, ol suppr, tomato, copars, celery, bost, coors ceal MILLUGATERET Caponata with roas caus. (phits, carror, ol suppr, tomato, copars, celery, bost, coors ceal MILLUGATERET Caponata with roas caus. (phits, carror, ol suppr, tomato, copars, celery, bost, coors ceal Milled Station with rice (pagette, mids, gotter). (pagetter, mids gotter). Milled Station with rice (pagetter, mids gotter). (pagetter, mids gotter). Mill Def meret, with grific stace, potato dumplings (ped meter, anio, gortic, form, all paget, gotter, mit, majoram, flow, control, market solution charket solution charket solution charket solution meter, brows, form, control, solution charket, solution charket solution charket solution charket solution charket solution charket solutin charket solution charket solution charket solutin char	Parklane IS VALD/NORB/k	19.523.5.2025 KL	www.freshandtasty.cz/parkl
Image: Chicken murgh makhani with rice (rhicken meat, yophurt, onion, tomotors, goili, butter, cream, cinnamon, plant, anion, tomotor, goili, butter, cream, cinnamon, plant, anion, tomotors, goili, butter, cream, cinnamon, plant, anion, tomotor, goili, butter, cream, cinnamon, plant, anion, tomotor, goili, butter, cream, cinnamon, plant, anion, tomotor, goili, cumiter, duine, sundried tomotors, goili, part, cumiter, univer, sundried tomotors, goili, part, part, canadi, tomotors, cumiter, duine, sundried tomotors, goili, part, part, cumiter, univer, lumiter, marker, butter, cumiter, univer, lumiter, cumiter, univer, lumiter, cumiter, univer, lumiter, cumiter, univer, lumiter, univer, univer, lumiter, univer,	Monday		
sin 2 Baked turkey breast with gravy, mashed potates and com (turkey meet, thyme, prific, onion, potetoce, mile, faue, butter) SENU VEG. VIG Caponata with cous cous (herbs, carrot, oil supar, tomato, capers, celery, basil, cour cous) M Suck. VIG Creeh donut with plum jam and sweet cotage (Vdolek) (flour, mile, oil year), comato, capers, celery, basil, reci M Suck. VIG Creeh donut with smaderd tomators (perstes, fettre, onion, garic, caran, insugar), tomato, sus, sushield tomators, garik, gar Single VIG Creeh potato scup (potators, celery, onion, garic, caran, mas, somet potators, mile, gag) Single VIG Creeh potato scup (potators, celery, onion, garic, caran, mas, somet potators, mile, gag) Single VIG Creeh potato scup (potators, celery, onion, garic, caran, mas, somet potators, mile, gag) Single VIG Creeh potato scup (potators, cilery, caran, mas, somet potators, mile, gag) Single VIG Vagetarin burito with cheden meh, broccal and cora (potators, cilery, caran, mine, somet potators, caran) Single VIG Vagetarin burito with bake dub chese and min al fet taces (potators, cilery, caran, mine, somet potators, solid) Single VIG Sovory filed postry "buriek" with spinsch and fet a cheses (file postry, spinch, fet chese, ricota) Single VIG Sovory filed postry "buriek" with spinsch and	oup VEG	Pumpkin and tomato soup	(pumpkin, onion, carrot, celery, ginger, thyme, honey, peeled tomatoes)
NUME VIG. Caponata with cons cous (hets, carret, oil sugar, tomato, capers, ellery, basil, cous cous) LIRGY FREE* Caponata with rice (hets, carret, oil sugar, tomato, capers, ellery, basil, cous cous) A Suak Vig Crech doruw with plum jam and sweet cottage (Vidolek) (flaur, mile, oil yeast, cottage, plums, gain) Index Vig Crech doruw with plum jam and sweet cottage (Vidolek) (flaur, mile, oil yeast, cottage, plums, gain) Index Vig Crech doruw with plum jam and sweet cottage (Vidolek) (flaur, mile, oil yeast, cottage, plums, gain) Index Vig Crech potato soup (postartes, cellery, nono, gain), curime, noise, sunderd constoce, garin, majoram, flaur, carrad, mushnooms, and its a	ain 1	Chicken murgh makhani with rice	(chicken meat, yoghurt , onion, tomatoes, garlic, butter, cream , cinnamon, garam masala, rice ,
LEREOV TREE* Caponala with nice (herbs, carnot, oil sugar, tomato, capera, cellery, bosil, rice) W Snak, VgB Caeh danut with plum jam and sweet cottage (Vdolek) (flour, milk, oil yeast, cottage, plum, sugar) W Snak, VgB Caeh danut with plum jam and sweet cottage (Vdolek) (flour, milk, oil yeast, cottage, plum, sugar) W Snak, VgB Caeh danut with plum jam and sweet cottage (Vdolek) (flour, milk, oil yeast, cottage, plum, sugar) W Snak, VgB Caeh platato scup (golatices, cellery, onion, garlic, cumier, majoram, flour, cerran, makhnomis, majoram, flour, cerran, makhnomis, majoram, flour, cerran, makhnomis, majoram, flour, cerran, makhnomis, majoram, flour, ceran, makhnomis, ceran, second, ceran, parnesen desen, nutreg, caraot, ceran, parnesen desen, nutreg, caraot, ceran, parnesen desen, nutreg, caraot, ceran, parnesen desen, charaot, caraot, second, ceran, second, ceran, second, ceran, second, ceran, second, ceran, second, ceran, ceran, makhnomis, ceran, makhnomis, mayon	lain 2	Baked turkey breast with gravy, mashed potatoes and corn	(turkey meat, thyme, garlic, onion, potatoes, milk, flour, butter)
Wind Vision Cach donut with plum jam and sweet cottage (Vddlek) (fibur, mills, varie, cottage, plum, sugar) Wind Wind Mixed salad with sundried tomatoes (fibur, mills, varie, cottage, plum, sugar) Wind Baguette with smoked salmon (baguette, smoked solmon, cream cheese, butter, chives) Wind Cresh potato soup (potatoes, celery, onion, garlic, curini, majoram, fluw, carrot, muchrooms, garlic, wain, majoram, fluw, carrot, muchrooms, carrot, muchrooms, garlic, garlit, egg) Bain 1 Beef meat with garlic sauce, potato dumplings (bed meat, onion, garlic, carrot, muchrooms, coefficient, edgl pages, salt, potatoes, multide, garlite, restarte BENV VEG. Visio Vegetarian burnho with cheddar cheese and mix of lettuce (farlite, ettuce, carrot, coins, weet patrators, carrot, passing) BENV VEG. Wisio Sawory flied papers 'sture' with spinach and fet theese (far pasta with, parlic, basked chickpe and tofu Wind Mix of leaves salad with basked chickpe and tofu (mix of leaves salad, basked chickpe and tofu Wind far. Brusseb baguette (baguette, chickp, form, fibur, sound, packer, form, fibur, milk, butter, carrot, mo	IENU VEG. VEG	Caponata with cous cous	(herbs, carrot, oil sugar, tomato, capers, celery , basil, cous cous)
biad VIG Mixed salad with sundried tomatoes (pappers, lettuce, tomatoes, cucumber, dives, sundried tomatoes, guile, pan mokich Baguette with smoked salmon (baguette, indiced solman, cream cheese, butter, chives) vires Vire Cach potAto soup (pattobes, celery, onion, garlic, curnin, marjoram, flour, carrot, mushrooms, gain, indiced solman, cream cheese, nutree) vires Creamy potato bake with chicken mest, troccoll and carr (pattobes, celery, onion, garlic, curnin, marjoram, flour, carrot, mushrooms, gaine, flour, oll, pepper, salt, potatoes, milk, egg) recurrent Gratops, chicken meed, troccoll and carr (pattobes, chicken meed, troccoll, corr, cream, parmesan cheese, nutree) recurrent Gratops, chicken meed, troccoll, corr, orean, parmesan cheese, nutree) (iff posta, non, red pappers, peeled tomatoes, bosil) recurrent Gratops, chicken breast, robatos, chicken cheese (iff posta, non, red pappers, peeled tomatoes, bosil) reduceday Wite Grave, salad, with aduet chickpea and tofu dressing, betrast, coasted onion, blue cheese) Vectoresday Sussey filed pastry with aduet potatoes and stamed pea (white fin, eggs, funr, milk, breadcrumbs, pattotes, pea) using in 2 Gebbage soup with sausage (cabbage, conion, craway seed, flour, sussee, recen, now, of spire, flour, milk, butter, cranting, aduetops, pape, flour, sussee, flour, sussee, flour, flour, milk, butter, crantom,	LLERGY FREE*	Caponata with rice	(herbs, carrot, oil sugar, tomato, capers, celery , basil, rice)
and Vest Under status with solutions cheese, olive oil understatus Biguette with sonoled salmon (beguette, smoked solmon, cream sheese, butter, chives) 'uesday 'uesday understatus (beguette, smoked solmon, cream, begress, butter, chives) 'uesday (bef meat, unin, marjoram, flour, carrat, mushrooms; and 1 Beef meat, with partice sauce, potato dumplings (beef meat, unin, garing, flour, oil, pepper, sait, potatose, multice, smither and the solution with cheddar cheese and mix of lettuce (fortallio, lettuce, carra, on oin, sweet potatose, coulifower, beans, cheddar cheese, nutrong) trau Vris Vris Vegetarian burrito with cheddar cheese and mix of lettuce (fortallio, lettuce, carra, on oin, sweet potatose, top, based trau Vris Savary filled patry "burek" with spinach and feta cheese (file posts, spinach, lete chee, ricotta) madiation Brussels baguette (beguette, chicken breast, roosted onion, bure cheese) Vectoresday	M Snack VEG	Czech donut with plum jam and sweet cottage (Vdolek)	(flour, milk , oil, yeast, cottage , plum,sugar)
minuted Biguiter with minuted salmonin (biguiter, minuted salmonin, recompresent, publicly, minuted salmonin, recompresent, publicly, minuted salmonin, recompresent, minuted salmonin, minuted salmoni, minuted salmonin, minuted salmonin, minuted salmonin, m	ılad VEG	Mixed salad with sundried tomatoes	(peppers, lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan
Dup VIG Crech potato soup (potatoes, celery, onion, gorlic, cumin, marjoram, flour, carrot, mushnoons, tain 1 Bef meat with garlic sauce, potato dumplings (beef meat, onion, gorlic, flour, oil, pepper, soit, potatoes, milk, egg) tain 2 Creamy potato bake with chicken meat, broccoil and corn (potatoes, chicken meat, broccoil, corn, cream, parmesan cheese, nutmeg) UERU VEG. Vegetarian burrito with cheddar cheese and mix of lettuce souce, colinader) UERU VEG. VEG Vegetarian burrito with cheddar cheese and mix of lettuce souce, colinader) UERU VEG. VEG Savor filled pastry "burek" with spinach and feta cheese (flo pastry, spinoch, feta chees, ricota) Mix of leaves salad with baked chickpea and tofu dressinal dressinal andwch Brussels baguette (baguette, chicken breast, roosted onion, blue cheese) Wednesday Cabbage soup with sausage (cobbage, onion, corrowy seed, flour, sausage, cream, boyleaves, ground pa LiteRv FREE* Baked white fish mashed potatoes and steamed pea (white fish, eggs, flour, milk, beatedrambs, potatoes, peo) LiteRv FREE* Baked white fish with chickpea, zucchini and dried tomatoes (white fish, hebs, lemon juice, chicke, zucchini, dried tomatoes, grie, olink LiteRv FREE* <td>andwich</td> <td>Baguette with smoked salmon</td> <td></td>	andwich	Baguette with smoked salmon	
yuy Vis Czech potato soup (potatoes, eelery, onion, gorlic, cumin, marjoram, flour, carrot, mushnoons, ain 1 Beef meat with garlic sauce, potato dumplings (beef meat, onion, gorlic, flour, oil, pepper, soit, potatoes, milk, egg) ain 2 Creamy potato bake with chicken meat, broccoll and corn (potatoes, chicken meat, broccol, corn, cream, parmesan cheese, nutmeg) USU VES. Vegetarian burrito with cheddar cheese and mix of lettuce souce, coriander) USU VES. Vegetarian burrito with cheddar cheese and mix of lettuce (file pastry, cornot, prince, prevent choins, soveet pattotes, coulifower, beens, cheddar chesse (file pastry, vince, fleat cheese, ricotta) Mix of leaves salad with baked chickpea and tofu (mix of leaves salad, beetroot, corn, grenallie pototes, tofu, baked chickpea and tofu usu Cabbage soup with sausage (cobbage, onion, caraway seed, flour, sausage, cream, bayleaves, ground pathoes, salad with casard epaa usin 1 Fleh fingers with mashed potatoes and steamed pea (white fish, eggs, flour, milk, beedarmes, prince, group, and group, group, and group, group, and group, group, and group, group	uecday		
ain 1 Beef meat, anion, genic, flour, oil, pepper, soit, potatos, milk, egg) ain 2 Creamy potato bake with chicken meat, broccoli and corn (potatose, chicken meat, braccoli, corn, cream, parmesan cheese, nutmeg) ENU VEG. VIG Vegetarian burito with cheddar cheese and mix of lettuce (fuorilla, lettuce, caront, onion, sweet potatose, cauliflower, beans, cheddar cheese, caront onion, sweet potatose, cauliflower, beans, cheddar cheese, caront onion, sweet potatose, checken meat, broccoli and corn ELBKY FRE* GF pasta with red pepper sauce (GF pasta, onion, red peppers, peeled tomatose, bosil) VIG Mix of leaves salad with baked chickpea and tofu (mix of leaves calad, beetroot, corn, grennille potatores, tofu, boked chickpea and tofu wins of leaves salad with baked chickpea and tofu (mix of leaves salad, beetroot, corn, grennille, potatose, mean, bayleoves, ground pa VEdnesday Cabbage soup with sausage (cabbage, onion, caroway seed, flour, sausage, cream, bayleoves, ground pa ain 1 Fish fingers with mashed potatos and steamed pea (white fish, egg, flour, milk, broadcrumbs, potatose, par), coling wup Cabbage soup with chickpea, zucchini and dried tomatoes (white fish, edger, flour, tour, din, dried tomatoes, garlic, oling wup Cabbage soup with sausage (crealing err, mosh, grean, dil, dived, tomatoes, garlic, oling wup Cabbage soup with sausage (white fish, heps,		Czech potato soup	(notataes celeru onion garlic cumin marioram flour carrot muchroome)
ain 2 Creamy potato bake with chicken meat, broccoli and corn (potatoes, chicken meat, broccoli, corn, cream, parmesan cheese, nutmeg) DENU VEG. Vegetarian burrito with cheddar cheese and mix of lettuce (tortillio, lettuce, corrot, onion, sweet potatoes, couliflower, beons, cheddar ch SNACK VEG Savory filled pastry "burk" with spinach and feta cheese (file pastry, spinach, feta chese, ricotta) Intal VEG Mix of leaves salad with baked chickpea and tofu (mix of leaves coulds, beetroot, corn, grenallie potatoes, tofu, baked chickpea up Cabbage soup with sausage (cabbage, onion, caravay seed, flour, suusage, cream, bayleaves, ground pa ain 1 Fish fingers with mashed potatoes and steamed pea (white fish, eggs, flour, milk, bereadcrumbs, potatoes, pea) NUVEG. Cabbage soup with sausage (croissant, hard, cleave, sine, herbs, courcous, cream, barnesa, cheese, mayannaise, ganch, lite NUVEG. VEG Cauliflower masala with coriander cous cous and red lentil (cuilifower, spice, herbs, courcous, creat, norin, with, bread, spice, cherbs, courcous, red lentil) LEBKY FRE* Baked white fish with chickpea, zucchini and dried tomatoes (white fish, herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, oliv NUVEG. VEG Sandwith toesar dressing and cherry tomatoes (pasta, spice, erg, corn, chery tomatoes, cheese, mayannaise, anchowies, gandowith	· · · · · · · · · · · · · · · · · · ·		
ENU VEG. Vegetarian burnto with cheddar cheese and mix of lettuce (Instillo, lettuce, carrot, anion, sweet potatoes, cauliflower, beans, cheddar ch souce, carrot, anion, sweet potatoes, cauliflower, beans, cheddar ch souce, carrot, anion, sweet potatoes, cauliflower, beans, cheddar ch souce, carrot, anion, sweet potatoes, tauliflower, souce, and maked with of tauses baguette Ved New Cabbage soup with sausage (cabbage, onion, caraway seed, flour, sausage, creem, bayleaves, ground pa (mix of liceayer, spice, herbs, caus cous, red lentii) Nu Cabbage soup with sausage (cabbage, onion, caraway seed, flour, sausage, creem, bayleaves, ground pa (mix fish, herbs, lemon juke, chickee, zucchini, dhied tomatoes, garic, olin mushrooms, gnoechi) Nu Beef bourgignon with potato gnocchi (beef meat, celery, thrme, onion, oil spice, flour, milk, butter, carrot mushrooms, gnoechi) Nu Baked white fish with chickpes, zucchini and dried tomatoes (white fish, herbs, kemon juke, chickpes, zucchini, dried tomatoes, garic, olin (cauilifower, spice, herbs, caus, caus, red lentii) </td <td></td> <td></td> <td></td>			
RNO YEG Vegetalant outrix with reduce interval interval sauce, corianded) LERGY FREE* GF pasts with red peppers sauce (GF pasts, onion, red peppers, peeled tomatoes, basil) W Snack VEG Savory filled pastry "burck" with spinach and feta cheese (<i>filo pastry, spinach, feta chese, ricotta</i>) Initial VEG Mix of leaves salad with baked chickpee and tofu (<i>mix of leaves salads, betroot, con, grenalle potatoes, tofu, baked chickpee dressina</i>] Indwich Brussels baguette (<i>baguette, chicken breast, roosted onion, blue cheese</i>) Vedenesday Vedenesday Vup Cabbage soup with sausage (<i>cabbage, onion, caroway seed, flour, sausage, cream, bayleaves, ground pa mishrons, gancechi</i>) Init 1 Fish fingers with mashed potatoes and steamed pea (<i>white fish, eggs, four, milk, breadsrumbs, potatoes, pea</i>) INV VEG. Cauliflower masala with coriander cous cous and red lentil (<i>cauliflower, spice, herbs, cous cous, red lentil</i>) ILERGY FREE* Baked white fish with chickpea, zucchini and dried tomatoes (<i>white fish, herbs, lemon juice, chickpea, zucchin, dried tomatoes, garlic, oliv with saude with caesar dressing and cherry tomatoes (<i>posta, spice, egg, con, cherry tomatoes, cheese, mayonnaise, anchovies, endowies, end</i></i>			(potatoes, cnicken meat, broccoil, corn, cream, parmesan cneese, nutmeg) (tortilla, lettuce, carrot, onion, sweet potatoes, cauliflower, beans, cheddar cheese, bbq
d Snack VEG Savory filled pastry "burek" with spinach and feta cheese (file pastry, spinach, feta cheese, ricotta) iaid VEG Mix of leaves salad with baked chickpea and tofu (mix of leaves salads, beetroot, corn, grenallie potatoes, tofu, baked chickpea indwich Brussels baguette (boguette, chicken breast, roosted onion, blue cheese) Vednesday Vednesday upp Cabbage soup with sausage (cabbage, onion, caraway seed, flour, sausage, cream, bayleoves, ground po ain 1 Fish fingers with mashed potatoes and steamed pea (white fish, eggs, flour, milk, breadcrumbs, potatoes, pea) envelopment (beer meat, bayleover, provide envelopment, potatoes, root, rearway seed, flour, sausage, cream, bayleoves, ground po eNV KEG VEG Cauliflower masala with coriander cous cous and red lentil (cabbage, onion, caraway seed, flour, milk, butter, cara mushcomas, gnocchi) ENV KEG VEG Cauliflower masala with coriander cous cous and red lentil (cardissant, harm, cheese) Istack Croissant with ham and cheese (croissant, harm, cheese) (white fish, herbs, lemon juice, chickpea, succhini, dried tomatoes, garile, oliv wild Pasta salad with caeser dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, mayonnaise, onchovies, drandwich with cameruber spread (s			sauce, coriander)
Mix of leaves salad with baked chickpea and tofu (mix of leaves salads, beetroot, corn, grenaille potatoes, tofu, boked chickpea and tofu dressing) Individe Brussels baguette (boguette, chicken breast, roasted onion, blue cheese) Vednesday Vednesday Vuo Cabbage soup with sausage (cabbage, onion, caraway seed, flour, sausage, cream, bayleaves, ground por (and in a sausage, cream, bayleaves, ground por (and in a sausage) ain 1 Fish fingers with mashed potatoes and steamed pea (white fish, eggs, flour, milk, breadcrumbs, potatoes, pea) ENU VEG. Cauliflower masala with coriander cous cous and red lentil (couliflower, spice, herbs, cous cous, red lentil) ENU VEG. Cauliflower masala with coriander cous cous and red lentil (coisant, harm, cheese) Nack Croissant with ham and cheese (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, andwich with caream dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise) hursday Beef consommé with noodles (beef meat, celery, carrot, porsley, noodles) In an 1 Beef with creamy vegetable "svičková" sauce and bread dumplings (beef, corrot, celery, onion, oil al spice, cream, flour, bread, yeast, milk, effort) Nupp Beef with creamy vegetables and egg (moord), ganc, oil, bacon, coblage, park snoheed meat, oil, oid, oil, al spice, cream, flour, bread, yeast,			
indix 0 resets staled with Daked Clink/pea and Lobu dressing) indwich Brussels baguette (baguette , chicken breast, roasted onion, blue cheese) Vednesday Vednesday vup Cabbage soup with sausage (cobbage, onion, coraway seed, flour, sausage, cream, bayleaves, ground paraling and the fish negrs, thory, sausage, cream, bayleaves, ground paraling and an 1 Fish fingers with mashed potatoes and steamed pea (white fish, eggs, flour, milk, breadcrumbs, potatoes, pea) ENU VEG. Cauliflower masala with coriander cous cous and red lentil (couliflower, spice, herbs, cous cous, red lentil) ENU VEG. Cauliflower masala with coriander cous cous and red lentil (couliflower, spice, herbs, cous cous, red lentil) ENU VEG. Cauliflower masala with coriander cous cous and red lentil (couliflower, spice, herbs, cous cous, red lentil) ILERGY FREE* Baked white fish with chickpea, zucchini and dried tomatoes (white fish, herbs, lemon juice, chickpea, zucchini, dried tomatoes, garic, oliv Mada Pasta salad with caesar dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, nodwich bread, camembert cheese, egg, ham, onion, mayonnaise) hursday up Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) ain 1 Beef with creamy vegetable "svičkova" sauce and bread dumplings </td <td></td> <td></td> <td></td>			
Vednesday vup Cabbage soup with sausage (cabbage, onion, caraway seed, flour, sausage, cream, bayleaves, ground paralin 1 Fish fingers with mashed potatoes and steamed pea (white fish, eggs, flour, milk, breadcrumbs, potatoes, pea) ain 2 Beef bourgignon with potato gnocchi (beef meat, bayleaf, celery, thyme, onion, all spice, flour, milk, butter, caramustrooms, gnocchi) ENU VEG. Cauliflower masala with coriander cous cous and red lentil (cauliflower, spice, herbs, cous cous, red lentil) ELERGY FREE* Baked white fish with chickpea, zucchini and dried tomatoes (white fish, herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, olix M Snack Croissant with ham and cheese (croissant, ham, cheese) Islad Pasta salad with casar dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, indwich Sandwich with camembert spread (sandwich bread, camembert cheese, egg, ham, onion, mayonnaise) Chursday Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) ain 1 Beef with creamy vegetable "svičková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, egg ain 2 Slovak gnocchi "halušky" with smoked pork meat and cabbage (gnocchi, onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, egg	alad VEG	· .	
OupCabbage soup with sausage(cabbage, onion, caraway seed, flour, sausage, cream, bayleaves, ground pailtain 1Fish fingers with mashed potatoes and steamed pea(white fish, eggs, flour, milk, breadcrumbs, potatoes, pea)tain 2Beef bourgignon with potato gnocchi(beef meat, boy leaf, celery, thyme, onion, all spice, flour, milk, butter, cara mushrooms, gnocchi)tENU VEG.Cauliflower masala with coriander cous cous and red lentil(cauliflower, spice, herbs, cous cous, red lentil)LEERGY FREE*Baked white fish with chickpea, zucchini and dried tomatoes(white fish, herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, olivM SnackCroissant with ham and cheese(croissant, ham, cheese)aladPasta salad with caesar dressing and cherry tomatoes(pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, four)thursdayBeef consommé with noodles(beef meat, celery, carrot, parsley, noodles)tain 1Beef with creamy vegetable "svičková" sauce and bread dumplings(beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, et four)tain 2Slovak gnocchi "halušky" with smoked pork meat and cabbage flour)(moodles, egg, leek, cabbage, mushrooms, red onion, soya souce, oster souce, sograr, oli, onion, soya souce, oster souce, soard, oli, all spice, cream, flour, bread, yeast, milk, et four)textu VEGVEGChinese noodles with vegetables and egg(noodles, egg, leek, cabbage, mushrooms, red onion, soya souce, oster souce, positer souce, boilt souce, seeme oil, oil, adic()textu VEGVEGCottage cheese "priblináček"(turkey meat, turmeric, coriander, thyme,	andwich	Brussels baguette	(baguette , chicken breast, roasted onion, blue cheese)
High fingers with mashed potatoes and steamed pea (white fish, gegs, flour, milk, breadcrumbs, potatoes, pea) Hain 2 Beef bourgignon with potato gnocchi (beef meat, bay leaf, celery, thyme, onion, all spice, flour, milk, butter, carror, mushrooms, anocchi) LEENU VEG. Cauliflower masala with coriander cous cous and red lentil (cauliflower, spice, herbs, cous cous, red lentil) LEENU VEG. Cauliflower masala with coriander cous cous and red lentil (cauliflower, spice, herbs, cous cous, red lentil) LEENU VEG. Cauliflower masala with coriander cous cous and red lentil (cauliflower, spice, herbs, cous cous, red lentil) LEENU VEG. Cauliflower masala with coriander cous cous and red lentil (cauliflower, spice, herbs, cous cous, red lentil) MSnack Croissant with ham and cheese (croissant, ham, cheese) Islad Pasta salad with caesar dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, andwich Sandwich Sandwich with camembert spread (sandwich bread, camembert cheese, egg, ham, onion, mayonnaise) Thursday Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) Iain 1 Beef with creamy vegetable "svíčková" sauce and bread dumplings (beef, corot, celery, onion, oll all spice, cream, flour, bread, yeast, milk, eg Iain 2 Slowak gnocchi "haluš	Vednesday		
Image: Select bourgignon with potato gnocchi (beef meet, bay leaf, celery, thyme, onion, all spice, flour, milk, butter, carre mushrooms, gnocchi) IENU VEG. Cauliflower masala with coriander cous cous and red lentil (cauliflower, spice, herbs, cous cous, red lentil) ILERGY FREE* Baked white fish with chickpea, zucchini and dried tomatoes (white fish, herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, oliv M Snack Croissant with ham and cheese (croissant, ham, cheese) alad Pasta salad with caesar dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, andwich bread, camembert cheese, egg, ham, onion, mayonnaise) Thursday Dup Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) Itain 1 Beef with creamy vegetable "svičková" sauce and bread dumplings (beef, carrot, celery, onion, oli, all spice, cream, flour, bread, yeast, milk, eg flour) IEENU VEG VEG Chinese noodles with vegetables and egg (noodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo spring onion, soya sprouts, bamboo spring onion, soya sprouts, bamboo spring onion, soya sprouts, parsley, flour), and galad IEENU VEG VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) IEENU VEG VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) <td>oup</td> <td>Cabbage soup with sausage</td> <td>(cabbage, onion, caraway seed, flour, sausage, cream, bayleaves, ground paprika, potatoes)</td>	oup	Cabbage soup with sausage	(cabbage, onion, caraway seed, flour, sausage, cream, bayleaves, ground paprika, potatoes)
ain 2 beer bourgenon with polato grotulin mushrooms, qnocchi) ENU VEG. Cauliflower masala with coriander cous cous and red lentil (cauliflower, spice, herbs, cous cous, red lentil) LERGY FREE* Baked white fish with chickpea, zucchini and dried tomatoes (white fish, herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, oliv M Snack Croissant with ham and cheese (croissant, ham, cheese) Ilad Pasta salad with caesar dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, indwich Sandwich with camembert spread (sandwich bread, camembert cheese, egg, ham, onion, mayonnaise) "hursday Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) ain 1 Beef with creamy vegetable "svičková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, eg flour) ain 2 Slovak gnotchi "halušky" with smoked pork meat and cabbage (noodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bambago spring onion, soya suce, oyster sauce, hoisin sauce, seam oil, oil, all ardic) ENU VEG. VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) Integr FRE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, ree) Into Song Chin	ain 1	Fish fingers with mashed potatoes and steamed pea	(white fish, eggs, flour, milk, breadcrumbs, potatoes, pea)
LEND VEG.Cauliflower masala with coriander cous cous and red lentil(cauliflower, spice, herbs, cous cous, red lentil)LLERGY FREE*Baked white fish with chickpea, zucchini and dried tomatoes(white fish, herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, olivM SnackCroissant with ham and cheese(croissant, ham, cheese)aladPasta salad with caesar dressing and cherry tomatoes(pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, andwichandwichSandwich with camembert spread(sandwich bread, camembert cheese, egg, ham, onion, mayonnaise)ThursdayThursdayalain 1Beef consommé with noodles(beef meat, celery, carrot, parsley, noodles)alain 2Slovak gnocchi "halušky" with smoked pork meat and cabbage flour)(moodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo spring onion, soya souce, oyster sauce, hoisin souce, seame oil, oil, adite)LERGY FREE*Turkey in aubergine sauce with rice(turky meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice)M Snack VEGCottage cheese "pribináček."(cottage cheese, cream, sugar, vanilla)M Snack VEGCottage cheese "pribináček."(cottage cheese, cream, sugar, vanilla)M Snack VEGCottage cheese "pribináček."(cottage cheese, cream, sugar, vanilla)	ain 2	Beef bourgignon with potato gnocchi	(beef meat, bay leaf, celery , thyme, onion, all spice, flour, milk, butter , carrot, tomato, mushrooms_ anocch i
M Snack Croissant with ham and cheese (croissant, ham, cheese) Idad Pasta salad with caesar dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, Indwich Sandwich with camembert spread (sandwich bread, camembert cheese, egg, ham, onion, mayonnaise) Chursday "hursday Pasta salad with noodles (beef meat, celery, carrot, parsley, noodles) Chursday Beef consommé with noodles (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, eg ain 1 Beef with creamy vegetable "svičková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, eg Buv VEG. VEG Chinese noodles with vegetables and egg (moodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo ENU VEG. VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) ILERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) M Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) ILERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) M Snack VEG <td< td=""><td>ENU VEG. VEG</td><td>Cauliflower masala with coriander cous cous and red lentil</td><td></td></td<>	ENU VEG. VEG	Cauliflower masala with coriander cous cous and red lentil	
lad Pasta salad with caesar dressing and cherry tomatoes (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, ndwich Sandwich with camembert spread (sandwich bread, camembert cheese, egg, ham, onion, mayonnaise) hursday up Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) ain 1 Beef with creamy vegetable "svičková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, eg ain 2 Slovak gnocchi "halušky" with smoked pork meat and cabbage (moodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo ENU VEG VEG Chinese noodles with vegetables and egg (roodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo LERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) A Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) lad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna, red or sweet chilli, coriander)	LERGY FREE*	Baked white fish with chickpea, zucchini and dried tomatoes	(white fish , herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, olive oil)
Indwich Sandwich with camembert spread (sandwich bread, camembert cheese, egg, ham, onion, mayonnaise) Phursday Phursday (beef meat, celery, carrot, parsley, noodles) Imp Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) Imp Beef with creamy vegetable "svíčková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, egg Imp Beef with creamy vegetable "svíčková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, egg Imp Beef with creamy vegetables "svíčková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, egg Imp Beef with creamy vegetables "svíčková" sauce and bread dumplings (beef, carrot, celery, onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, egg Imp Chinese noodles with smoked pork meat and cabbage (models, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboa Imp Chinese noodles with vegetables and egg (noodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboa LERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) M Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla)	/I Snack	Croissant with ham and cheese	(croissant, ham, cheese)
Thursday Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) blain 1 Beef with creamy vegetable "svíčková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, equivalence) blain 2 Slovak gnocchi "halušky" with smoked pork meat and cabbage (gnocchi , onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, eg flour) IEENU VEG. Chinese noodles with vegetables and egg (noodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo spring onion, soya sauce, oyster sauce, hoisin sauce, sesame oil , oil, garlic) LLERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) M Snack VEG Cottage cheese "pribináček" (cottage cheese, cream , sugar, vanilla) alad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna, red or sweet chilli, coriander)	alad	Pasta salad with caesar dressing and cherry tomatoes	(pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, mustard)
Chursday bup Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) lain 1 Beef with creamy vegetable "svíčková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, eg lain 2 Slovak gnocchi "halušky" with smoked pork meat and cabbage (gnocchi, onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, eg IENU VEG. VEG Chinese noodles with vegetables and egg (noodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo LLERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) M Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) Mad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna, red or sweet chilli, coriander)	andwich	Sandwich with camembert spread	(sandwich bread, camembert cheese, egg , ham, onion, mayonnaise)
Beef consommé with noodles (beef meat, celery, carrot, parsley, noodles) tain 1 Beef with creamy vegetable "svíčková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, eg tain 2 Slovak gnocchi "halušky" with smoked pork meat and cabbage (gnocchi, onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, eg tENU VEG. VEG Chinese noodles with vegetables and egg (noodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo LLERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) M Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) alad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna, red or sweet chilli, coriander)	Thursday		
ain 1 Beef with creamy vegetable "svičková" sauce and bread dumplings (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, eg ain 2 Slovak gnocchi "halušky" with smoked pork meat and cabbage (gnocchi, onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, eg IENU VEG. VEG Chinese noodles with vegetables and egg (noodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bambod spring onion, soya sauce, oyster sauce, hoisin sauce, sesame oil, oil, garlic) LLERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) VI Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) alad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna, red or sweet chilli, coriander)		Reaf consommé with poodles	(has france to eleme source to provide the)
Interpretent of the second			
Filter Filter Filter ILERGY FREE* Cottage cheese "pribináček" (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) Al Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) Iad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna, red or sweet chilli, coriander)		, , , , , , , , , , , , , , , , , , , ,	(beef, carrot, celery, onion, oil, all spice, cream, flour, bread , yeast , mik, egg) (gnocchi , onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, eggs, milk,
END VEG Chinese hobdies with vegetables and egg spring onion, soya sauce, oyster sauce, hoisin sauce, sesame oil, oil, garlic) LLERGY FREE* Turkey in aubergine sauce with rice (turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice) A Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) Iad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna, red or sweet chilli, coriander)			flour) (noodles, egg , leek, cabbage, mushrooms, red onion, soya sprouts , bamboo sprouts,
M Snack VEG Cottage cheese "pribináček" (cottage cheese, cream, sugar, vanilla) Ilad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna, red or sweet chilli, coriander)			spring onion, soya sauce, oyster sauce, hoisin sauce, sesame oil , oil, garlic)
lad Vegetable salad with tuna and mango dip (iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna , red or sweet chilli, coriander)		·	
sweet chilli, coriander)			
andwich VEG Wrap with mozzarella, tomatoes and olives (tortilla, iceberg lettuce, rucola, mozzarella, tomatoes, dried tomatoes pest			sweet chilli, coriander)
	ndwich VEG	Wrap with mozzarella, tomatoes and olives	(tortilla, iceberg lettuce, rucola, mozzarella, tomatoes, dried tomatoes pesto, olives)

Cauliflower with eggs and potatoes Chicken risotto "Bolognese"	(onion, cauliflower , cream, flour,eggs ,potatoes)
Chicken risotto "Bolognese"	
	(rice, celery , chicken meat, onion, cloves, olive oil, tomatoes, carrot, parmesan cheese)
Turkey paprikash with pasta	(turkey meat, peppers, onion, ground paprika, flour, garlic, marjoram, pasta)
Coconut curry with vegetable and rice	(pumpkin, chickpea, sugar, pea, sprouts, bamboo, coriander, coconut milk, coconut, cream, rice)
Chicken risotto "Bolognese"	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot)
Oat muffin with dried fruit	(flour, sugar, oatmeal, egg, baking powder, dried fruit, flax-seeds, pumpkin seeds)
Greek salad	(peppers, olives, cucumbers, tomatoes, feta cheese)
Baguette with chicken gyros and cucumber	(baguette , chicken meat, gyros spice, cucumber, mayonnaise)
	Coconut curry with vegetable and rice Chicken risotto "Bolognese" Oat muffin with dried fruit Greek salad





Parklane IS

www.freshandtasty.cz/parklane

VALD/NORB/KL Monday

WORK	ay		
Soup	VEG	Zucchini cream	(zucchini, butter , garlic, onion, potatoes , cream)
Main 1		Spaghetti with meatballs and tomato-basil sauce	(pasta , beef meat, pork meat, onion, garlic, breadcrumbs, egg , herbs, oil, crushed tomatoes, basil, cheese)
Main 2		Sweet potatoes curry with turkey meat and rice	(turkey meat, sweet potatoes, onion, spring peas, olive oil, red curry, peppers, spice, turkey meat, coconut milk, chickpea, potato starch, rice)
Main 3	VEG	Ratatouille with bulgur	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion , bulgur)
ALLERGY FF	REE*	Ratatouille with rice	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion, rice)
PM Snack	VEG	Cinnamon snail	(puff pastry , cinnamon, sugar)
Salad	VEG	Tomato salad pico de gallo	(tomatoes, spring onion, salt, coriander, onion, lime)
Sandwich		Sandwich with horseradish mayonnaise and bacon	(sandwich bread, horseradish, mayonnaise, bacon, tomatoes, egg, lolo biondo lettuce)

Tuesday

Tuesuay		
Soup VEG	Chickpea soup with rosemary	(chickpea, rosemary, onion, garlic, tomato purée)
Main 1	Baked turkey cubes with steamed cabbage and potato dumplings	(turkey meat, oil, onion, garlic, cabbage, potatoes, egg, flour, milk)
Main 2	Baked tuna with mashed potaoes and savoy cabbage with corn	(tuna, herbs, butter, milk , potatoes, savoy cabbage, corn)
Main 3 VEG	Baked pumpkin with spiced red lentill and balcan cheese	(pumpkin, olive oil, lentil, garlic, ground paprika, spice, cumin, lemon juice, balcan cheese, parsley)
ALLERGY FREE*	Baked tuna with mashed potaoes and savoy cabbage with corn	(tuna , herbs, potatoes, LF milk, savoy cabbage, corn)
PM Snack VEG	Grissini with cheese dip	(grissini sticks, edam, cheddar cheese, spread butter)
Salad	Mix of leaves salad with tuna and dill dressing	(mix of leaves, beetroot, corn, grenaille potatoes, tuna , white yoghurt , dill, garlic, lemon)
Sandwich	Baguette with sweet chilli chicken	(baguette, chicken breast, romaine lettuce, sweet chilli sauce, mayonnaise)

Wednesday		
Soup	Beef consommé with noodles	(celery, carrot, onion, parsley, noodles, beef meat)
Main 1	Chicken in creamy paprika sauce with pasta	(chicken meat, onion, cream, ground paprika, oil, pasta)
Main 2	Creamy potato bake with smoked pork meat	(potatoes, smoked pork meat, bacon, onion, pea, cream, egg)
Main 3 VEG	Jamie Oliver's vegetarian curry with rice	(zucchini, rice, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
ALLERGY FREE*	Jamie Oliver's vegetarian curry with rice	(zucchini, rice, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
PM Snack VEG	Pumpkin breadroll with wild garlic spread	(wholegrain breadroll, pumpkin seeds, wild garlic, spread butter, yoghurt)
Salad	"Farmer´s" chicken salad	(mix of leaves salad, beetroot, corn, grenaille potatoes, chicken breast, herbs dressing)
Sandwich VEG	Sandwich with camembert cheese and cranberry tapenade	(sandwich bread, camembert cheese, cranberries, balsamico, rucola)

Thursday		
Soup	Frankfurter soup	(onion, sausage, milk, ground paprika, flour)
Main 1	Sweet and sour chicken with vegetables and jasmine rice	(chicken meat, rice, peppers, spring onion, rice vinegar, soya sauce , peeled tomatoes, sugar, potato starch, herbs)
Main 2	Holland schnitzel with mashed potatoes and gherkin	(pork meat, flour, egg, breadcrumbs, potatoes, milk, butter, gherkin)
Main 3 VEG	Fruit dumplings with cottage cheese and butter	(flour, eggs, yeast, yoghurt, fruit, cottage cheese, butter, sugar)
ALLERGY FREE*	GF Pasta Amatriciana	(GF pasta, crushed tomatoes, smoked pork meat, onion, basil)
PM Snack	Tortilla with ham and cheese	(tortilla , ham, cheese , salad , spread butter)
Salad VEG	Caprese salad	(tomatoes, basil, rucola, mozzarella)
Sandwich	Sandwich with tzatziky spread and chicken meat	(sandwich bread, spread butter, dill, garlic, cuccumber, chicken meat, gyros spice)

Friday		
Soup VEG	Pumpkin cream	(pumpkin, onion, potatoes, butter, cream , thyme)
Main 1	Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, corn nachos)
Main 2	Chicken stroganoff with rice	(chicken meat, cream , tomato purée, onion, pepper, gherkin, mushrooms, potato starch, herbs, rice)
Main 3 VEG	Stir fried vegetables with tofu and chinese noodles	(bamboo sprouts, tofu, chinese noodles, coriander, zucchini, onion, garlic, carrot, ginger)
ALLERGY FREE*	Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, corn nachos)
PM Snack VEG	Homemade cocoa cottage cheese "pribiňáček"	(cottage cheese, cream , sugar, cocoa, vanilla)
Salad VEG	Chana chaat	(chickpea, red onion, coriander, spring onion, tandori, masala vindaloo)
Sandwich	Baguette with parma ham, mozzarella and tomato	(baguette, mozzarella , tomatoes, baby spinach, mustard , honey, olive oil, lemon, ham)



