

## Monday

Soup	VEG	Cream of broccoli	(broccoli, <b>flour</b> , onion, <b>butter</b> , <b>milk</b> , <b>cream</b> , <b>oil</b> )
Main 1	EY	Chicken risotto with vegetable, cheese and gherkin	(rice, <b>chicken meat</b> , <b>carrot</b> , <b>onion</b> , <b>leek</b> , <b>peas</b> , <b>corn</b> , <b>celery</b> , <b>oil</b> , <b>ground paprika</b> , <b>gherkin</b> , <b>edam cheese</b> )
Main 2		Roast pork with creamy vegetable sauce "hamburská" and bread dumplings	(pork, <b>oil</b> , <b>onion</b> , <b>carrot</b> , <b>celery</b> , <b>sausage</b> , <b>gherkin</b> , <b>butter</b> , <b>rice flour</b> , <b>cream</b> , <b>milk</b> , <b>mustard</b> , <b>vinegar</b> , <b>spices</b> , <b>flour</b> , <b>yeast</b> , <b>egg</b> )
Main 3	VEG	Cauliflower-green pea masala with pita bread	(cauliflower, <b>green pea</b> , <b>ginger</b> , <b>crushed tomatoes</b> , <b>turmeric</b> , <b>coriander</b> , <b>roman cumin</b> , <b>onion</b> , <b>garlic</b> , <b>pita bread</b> )
MENU DIET*		Chicken risotto with vegetable and gherkin	(rice, <b>chicken meat</b> , <b>carrot</b> , <b>onion</b> , <b>leek</b> , <b>peas</b> , <b>corn</b> , <b>celery</b> , <b>oil</b> , <b>salt</b> , <b>ground paprika</b> , <b>gherkin</b> )
Salad	VEG	Mixed salad with sundried tomatoes	(peppers, <b>lettuce</b> , <b>tomatoes</b> , <b>cucumber</b> , <b>olives</b> , <b>sundried tomatoes</b> , <b>garlic</b> , <b>parmesan cheese</b> , <b>olive oil</b> )
Sandwich		Baguette with smoked salmon	( <b>baguette</b> , <b>smoked salmon</b> , <b>cream cheese</b> , <b>butter</b> , <b>chives</b> )

## Tuesday

Soup	VEG	Carrot cream with ginger	(carrots, <b>ginger</b> , <b>onion</b> , <b>salt</b> , <b>honey</b> , <b>milk</b> , <b>rice flour</b> , <b>carrots</b> , <b>oil</b> , <b>cream</b> )
Main 1	EY	Chicken strips with steamed vegetables and crushed potatoes	( <b>chicken meat</b> , <b>carrot</b> , <b>pea</b> , <b>honey</b> , <b>olive oil</b> , <b>spring onion</b> , <b>potatoes</b> , <b>butter</b> )
Main 2		Tilapia fish with herbs and baked vegetables	( <b>tilapia fish</b> , <b>olive oil</b> , <b>parsley</b> , <b>lemon juice</b> , <b>basil</b> , <b>mint</b> , <b>dill</b> , <b>grenaille potatoes</b> , <b>carrot</b> , <b>celery</b> , <b>onion</b> , <b>garlic</b> , <b>rosemary</b> , <b>thyme</b> )
Main 3	VEG	Gnocchi with "quattro formaggi" sauce	( <b>gnocchi</b> , <b>onion</b> , <b>cream</b> , <b>oil</b> , <b>salt</b> , <b>blue cheese</b> , <b>edam cheese</b> , <b>smoked edam</b> , <b>parmesan cheese</b> , <b>rucola</b> )
MENU DIET*		Chicken strips with steamed vegetables and crushed potatoes	( <b>chicken meat</b> , <b>carrot</b> , <b>pea</b> , <b>honey</b> , <b>olive oil</b> , <b>spring onion</b> , <b>potatoes</b> , <b>oil</b> )
Salad	VEG	Mix of leaves salad with baked chickpea and tofu	( <b>mix of leaves salads</b> , <b>beetroot</b> , <b>corn</b> , <b>grenaille potatoes</b> , <b>tofu</b> , <b>baked chickpea</b> , <b>herbs dressing</b> )
Sandwich		Brussels baguette	( <b>baguette</b> , <b>chicken breast</b> , <b>roasted onion</b> , <b>blue cheese</b> )

## Wednesday

Soup		Creamy fish soup with vegetables	( <b>codfish</b> , <b>cream</b> , <b>leek</b> , <b>carrot</b> , <b>rice flour</b> , <b>zucchini</b> , <b>lemon juice</b> , <b>onion</b> , <b>celery</b> , <b>thyme</b> , <b>dill</b> )
Main 1	EY	Pasta with tomato-basil sauce and parmesan cheese	( <b>pasta</b> , <b>tomatoes</b> , <b>onion</b> , <b>garlic</b> , <b>basil</b> , <b>parmesan cheese</b> )
Main 2		Roast pork with potato dumplings and cabbage	( <b>pork meat</b> , <b>cumin</b> , <b>garlic</b> , <b>oil</b> , <b>rice flour</b> , <b>onion</b> , <b>cabbage</b> , <b>sugar</b> , <b>vinegar</b> , <b>potatoes</b> , <b>egg</b> , <b>flour</b> )
Main 3	VEG	J.O. vegetarian curry with rice	( <b>pumpkin</b> , <b>cauliflower</b> , <b>zucchini</b> , <b>bell pepper</b> , <b>onion</b> , <b>mushroom</b> , <b>oil</b> , <b>coconut milk</b> , <b>crushed tomatoes</b> , <b>lentils</b> , <b>carrots</b> , <b>olives</b> , <b>rice</b> )
MENU DIET*		GF pasta with tomato-basil sauce	( <b>GF pasta</b> , <b>oil</b> , <b>tomatoes</b> , <b>onion</b> , <b>garlic</b> , <b>basil</b> )
Salad	VEG	Pasta salad with caesar dressing and cherry tomatoes	( <b>pasta</b> , <b>spice</b> , <b>egg</b> , <b>corn</b> , <b>cherry tomatoes</b> , <b>cheese</b> , <b>mayonnaise</b> , <b>anchovies</b> , <b>mustard</b> )
Sandwich		Sandwich with camembert spread	( <b>sandwich bread</b> , <b>camembert cheese</b> , <b>egg</b> , <b>ham</b> , <b>onion</b> , <b>mayonnaise</b> )

## Thursday

Soup		Chicken consommé with noodles	( <b>chicken meat</b> , <b>cauliflower</b> , <b>spice</b> , <b>onion</b> , <b>garlic</b> , <b>carrot</b> , <b>celery</b> , <b>parsley</b> , <b>broccoli</b> , <b>chive</b> , <b>milk</b> , <b>flour</b> , <b>oil</b> , <b>egg</b> )
Main 1	EY	Wok fried turmeric chicken with rice	( <b>chicken meat</b> , <b>cream</b> , <b>lemongrass</b> , <b>garlic</b> , <b>fish sauce</b> , <b>oyster sauce</b> , <b>sesame oil</b> , <b>rice</b> )
Main 2		Chicken and pork ragout with vegetables, bacon and crushed potatoes	( <b>pork meat</b> , <b>chicken meat</b> , <b>sausage</b> , <b>bacon</b> , <b>oil</b> , <b>chilli pepper</b> , <b>onion</b> , <b>potatoes</b> , <b>milk</b> , <b>butter</b> )
Main 3	VEG	Chickpea tagine with mushrooms, aubergine and cous cous	( <b>chickpea</b> , <b>coriander</b> , <b>parsley</b> , <b>garlic</b> , <b>onion</b> , <b>mushrooms</b> , <b>asparagus</b> , <b>garam masala</b> , <b>cumin</b> , <b>turmeric</b> , <b>ground paprika</b> , <b>cinnamon</b> , <b>aubergine</b> , <b>crushed tomatoes</b> , <b>cous cous</b> )
MENU DIET*		Chickpea tagine with mushrooms, aubergine and rice	( <b>chickpea</b> , <b>coriander</b> , <b>parsley</b> , <b>garlic</b> , <b>onion</b> , <b>mushrooms</b> , <b>asparagus</b> , <b>garam masala</b> , <b>cumin</b> , <b>turmeric</b> , <b>ground paprika</b> , <b>cinnamon</b> , <b>aubergine</b> , <b>crushed tomatoes</b> , <b>rice</b> )
Salad		Vegetable salad with tuna and mango dip	( <b>iceberg lettuce</b> , <b>lolo rosso lettuce</b> , <b>radicchio</b> , <b>corn</b> , <b>tomato</b> , <b>pepper</b> , <b>tuna</b> , <b>red onion</b> , <b>mango</b> , <b>sweet chilli</b> , <b>coriander</b> )
Sandwich	VEG	Wrap with mozzarella, tomatoes and olives	( <b>tortilla</b> , <b>iceberg lettuce</b> , <b>rucola</b> , <b>mozzarella</b> , <b>tomatoes</b> , <b>dried tomatoes pesto</b> , <b>olives</b> )

## Friday

Soup	VEG	Creamy vegetable soup with croutons	( <b>oil</b> , <b>carrot</b> , <b>celery</b> , <b>parsley</b> , <b>zucchini</b> , <b>salt</b> , <b>pepper</b> , <b>milk</b> , <b>cream</b> , <b>butter</b> , <b>leek</b> , <b>rice flour</b> , <b>bread</b> )
Main 1	EY	Sweet and sour chicken with rice	( <b>chicken meat</b> , <b>rice</b> , <b>garlic</b> , <b>spring onion</b> , <b>sugar</b> , <b>rice vinegar</b> , <b>oil</b> , <b>soya sauce</b> , <b>peppes</b> , <b>crushed tomatoes</b> , <b>bamboo sprouts</b> )
Main 2		Sour lentil with smoked pork, onion and pickles	( <b>lentils</b> , <b>smoked pork meat</b> , <b>onion</b> , <b>garlic</b> , <b>sugar</b> , <b>bay leaf</b> , <b>rice flour</b> , <b>gherkin</b> )
Main 3	VEG	Sweet buns with vanilla sauce	( <b>flour</b> , <b>yeast</b> , <b>egg</b> , <b>vanilla pudding</b> , <b>milk</b> )
MENU DIET*		Sweet and sour chicken with rice	( <b>chicken meat</b> , <b>rice</b> , <b>garlic</b> , <b>spring onion</b> , <b>sugar</b> , <b>rice vinegar</b> , <b>oil</b> , <b>soya sauce</b> , <b>peppes</b> , <b>crushed tomatoes</b> , <b>bamboo sprouts</b> )
Salad	VEG	Greek salad	( <b>peppers</b> , <b>olives</b> , <b>cucumbers</b> , <b>tomatoes</b> , <b>feta cheese</b> )
Sandwich		Baguette with chicken gyros and cucumber	( <b>baguette</b> , <b>chicken meat</b> , <b>gyros spice</b> , <b>cucumber</b> , <b>mayonnaise</b> )

\* suitable for intolerance to three main allergens (gluten, lactose and eggs)



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## Monday

Soup	VEG	Vegetable consommé with vegetables and egg	( <i>broccoli, celery, onion, pea, corn, cauliflower, carrot, butter, egg</i> )
Main 1	EY	Chicken strips with wild spice mix, vegetables and mashed potatoes	( <i>chicken meat, celery, celery stalks, onion, mushrooms, bay leaf, allspice, pepper, salt, rice flour, carrot, oil, potatoes, milk, butter</i> )
Main 2		Beef with mushroom sauce and rice	( <i>beef meat, onion, mushrooms, rice flour, oil, salt, pepper, rice</i> )
Main 3	VEG	Aubergine masala with bulgur	( <i>tomatoes, aubergine, onion, cream, oil, coriander, cinnamon, star anise, cardamom, bay leaf, bulgur</i> )
MENU DIET*		Chicken strips with wild spice mix, vegetables and crushed potatoes	( <i>chicken meat, celery, celery stalks, onion, mushrooms, bay leaf, allspice, pepper, salt, rice flour, carrot, oil, potatoes, spring onion, chives, LF milk</i> )
Salad	VEG	Tomato salad pico de gallo	( <i>tomatoes, spring onion, salt, coriander, onion, lime</i> )
Sandwich	VEG	Sandwich with camembert cheese and cranberry tapenade	( <i>sandwich bread, cheese, cranberries, balsamico, rucola</i> )

## Tuesday

Soup	VEG	Italian tomato soup with rice	( <i>celery, onion, bay leaf, allspice, carrot, vinegar, oil, tomato purée, rice</i> )
Main 1	EY	Pasta with chicken ragout à la bolognese	( <i>pasta, onion, celery stalks, carrot, crushed tomatoes, tomato purée, oil, bay leaf, clove, salt, chicken meat, parmesan cheese</i> )
Main 2		Pork meatloaf, mashed potatoes, gherkin	( <i>pork meat, egg, breadcrumbs, onion, salt, flour, rice flour, garlic, thyme, caraway seeds, ground paprika, gherkin, potatoes, butter, milk</i> )
Main 3	VEG	Fruit dumplings with cottage cheese	( <i>flour, eggs, yeast, yoghurt, fruit, cottage cheese, butter, sugar</i> )
MENU DIET*		GF pasta with chicken ragout à la bolognese	( <i>GF pasta, onion, celery stalks, carrot, crushed tomatoes, tomato purée, oil, bay leaf, clove, salt, chicken meat</i> )
Salad		Mix of leaves salad with tuna and dill dressing	( <i>mix of leaves, beetroot, corn, grenaille potatoes, tuna, white yoghurt, dill, garlic, lemon</i> )
Sandwich		Baguette with sweet chilli chicken	( <i>baguette, chicken breast, romaine lettuce, sweet chilli sauce, mayonnaise</i> )

## Wednesday

Soup		Pea soup with bacon	( <i>pea, onion, oil, garlic, marjoram, vinegar, rice flour, bacon</i> )
Main 1	EY	Chicken murgh makhani with rice	( <i>chicken meat, yogurt, onion, tomatoes, garlic, butter, cream, cinnamon, garam masala, rice</i> )
Main 2		White fish with tomatoes, mozzarella and crushed potatoes	( <i>white fish, dried tomatoes, mozzarella, basil, potatoes, milk, onion</i> )
Main 3	VEG	Vegetable ragout with lentils, pita bread	( <i>carrot, tomatoes, bell pepper, onion, lentils, chickpeas, olive oil, garlic, ginger, herbs, pita bread</i> )
MENU DIET*		Vegetable ragout with lentils, rice	( <i>carrot, tomatoes, bell pepper, onion, lentils, chickpeas, olive oil, garlic, ginger, herbs, rice</i> )
Salad	VEG	"Farmer's" salad with egg	( <i>mix of leaves salad, beetroot, corn, grenaille potatoes, egg, herbs dressing</i> )
Sandwich		Sandwich with horseradish mayonnaise and bacon	( <i>sandwich bread, horseradish, mayonnaise, bacon, tomatoes, egg, lolo biondo</i> )

## Thursday

Soup		Poultry soup with noodles	( <i>parsley, celery, onion, bay leaf, allspice, poultry meat, carrot, oil, noodles</i> )
Main 1	EY	Turkey strips in hoisin sauce with vegetables, jasmine rice	( <i>turkey meat, onion, bean pods, oil, hoisin sauce, peppers, bamboo sprouts, rice</i> )
Main 2		Segedin goulash with bread dumplings	( <i>pork meat, cabbage, cream, onion, lard, rice flour, oil, sugar, ground paprika, salt, garlic, caraway seed, bread, milk, egg, yeast</i> )
Main 3	VEG	Bugureto with vegetables and cheese	( <i>bulgur, tomatoes, carrot, parsley, chickpea, spring onion, onion, corn, pea, herbs, cheese</i> )
MENU DIET*		Turkey strips in hoisin sauce with vegetables, jasmine rice	( <i>turkey meat, onion, bean pods, oil, hoisin sauce, peppers, bamboo sprouts, rice</i> )
Salad	VEG	Caprese salad	( <i>tomatoes, basil, rucola, mozzarella</i> )
Sandwich		Sandwich with tzatziki spread and chicken meat	( <i>sandwich bread, spread butter, dill, garlic, cucumber, chicken meat, gyros spice</i> )

## Friday

Soup	VEG	Spinach soup with egg	( <i>garlic, onion, rice flour, oil, cream, spinach, egg</i> )
Main 1	EY	Pasta with chicken meat in creamy pumpkin sauce	( <i>pasta, chicken meat, pumpkin, cream, butter, milk, oil, parmesan cheese</i> )
Main 2		Hungarian beef goulash with rice	( <i>beef meat, rice flour, garlic, onion, ground paprika, oil, tomato purée, tomatoes, rice</i> )
Main 3	VEG	Vegetable potato cake	( <i>potatoes, cream, onion, garlic, spinach, carrot</i> )
MENU DIET*		Hungarian beef goulash with rice	( <i>beef meat, rice flour, garlic, onion, ground paprika, oil, tomato purée, tomatoes, rice</i> )
Salad	VEG	Chana chaat	( <i>chickpea, red onion, coriander, spring onion, tandoori, masala vindaloo</i> )
Sandwich		Baguette with parma ham, mozzarella and tomato	( <i>baguette, mozzarella, tomatoes, baby spinach, mustard, honey, olive oil, lemon, ham</i> )

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## Monday

Soup	VEG	Vegetable broth with noodles	(broccoli, <b>celery</b> , onion, peas, salt, pepper, corn, cauliflower, carrots, oil, <b>noodles</b> )
Main 1	EY	Pork risotto with gherkin and cheese	(rice, pork meat, <b>consommée</b> , carrot, onion, leek, peas, corn, <b>celery</b> , oil, salt, ground paprika, pepper, gherkin, <b>cheese</b> )
Main 2		Turkey strips in teriyaki sauce with ginger carrots, spring onions and crushed potatoes	(chicken meat, <b>teriyaki sauce</b> , oil, potato starch, <b>soya sauce</b> , salt, <b>chicken consommée</b> , carrot, ginger, spring onion, pepper, potatoes, <b>milk, butter</b> )
Main 3	VEG	Ratatouille with jasmine rice	(zucchini, tomatoes, aubergine, peppers, onion, garlic, rosemary, thyme, oil, rice)
MENU DIET*	VEG	Ratatouille with jasmine rice	(zucchini, tomatoes, aubergine, peppers, onion, garlic, rosemary, thyme, oil, rice)
Salad	VEG	Couscous salad with fresh vegetables	( <b>couscous</b> , red peppers, cucumber, tomatoes, coriander, lemon)
Sandwich		Sandwich with smoked salmon and chives spread	( <b>sandwich bread</b> , <b>smoked salmon</b> , chives, <b>spread butter</b> )

## Tuesday

Soup	VEG	Creamy zucchini soup	(zucchini, potatoes, rice flour, onion, <b>cream</b> , parsley, oil, salt)
Main 1	EY	Roasted chicken leg with wild spice mix and mashed potatoes	(chicken leg, onion, bacon, wild spices, potatoes, <b>milk, butter</b> )
Main 2		Baked beef with "frankfurtska" creamy sauce with sausage and rice	(beef meat, beef consommé, onion, <b>sausage</b> , <b>cream</b> , rice flour, oil, ground paprika, rice)
Main 3	VEG	Baked pumpkin with red lentil and balkan cheese with pita bread	(pumpkin, red lentil, <b>balkan cheese</b> , onion, olive oil, lemon juice, garlic, parsley, mint, ground paprika, roman cumin, <b>pita bread</b> )
MENU DIET*	VEG	Baked pumpkin with red lentil and rice	(pumpkin, red lentil, onion, olive oil, lemon juice, garlic, parsley, mint, ground paprika, roman cumin, rice)
Salad	VEG	Pasta salad with fresh vegetable and pesto	( <b>pasta</b> , cucumber, pepper, corn, <b>mayonnaise</b> , olive, white yoghurt)
Sandwich		Club sandwich	( <b>sandwich bread</b> , iceberg lettuce, tomato, bacon, chicken meat, <b>egg, mayonnaise</b> )

## Wednesday

Soup		Chicken soup "kaldoun"	(chicken meat, <b>celery</b> , carrot, parsley, bay leaf, nutmeg, <b>cream</b> )
Main 1	EY	Pasta with chicken in creamy herbs sauce	(chicken meat, herbs, <b>pasta, cream, butter, oil, parmesan cheese</b> )
Main 2		Turkey oreganata with rice	(turkey, olive oil, lemon juice, oregano, parsley, garlic, salt, rice)
Main 3	VEG	Israeli aubergine shakshuka with pita bread	(aubergine, cumin, garlic, olive oil, pepper, tomatoes, egg, <b>mozzarella, pita bread</b> )
MENU DIET*		Turkey oreganata with rice	(turkey, olive oil, lemon juice, oregano, parsley, garlic, salt, rice)
Salad	VEG	Lentil-bulgur bowl with chicken meat, egg and cauliflower	(lentil, <b>bulgur</b> , mix of leaves salad, chicken breast, <b>egg, pickled cauliflower</b> )
Sandwich		Reuben sandwich with shredded pork	( <b>sandwich bread</b> , pork meat, <b>mayonnaise, mustard, gherkin, cabbage, cheddar cheese</b> )

## Thursday

Soup	VEG	Cauliflower curry soup	(cauliflower, onion, coconut milk, spring onion, garlic, oil, turmeric, sugar, lemon juice, <b>sesame oil</b> )
Main 1	EY	Chicken strips with baby carrots, bean pods and crushed potatoes	(chicken meat, baby carrots, green beans, country mix seasoning, salt, <b>butter, honey, oil, potatoes, milk, onion</b> )
Main 2		Beef in garlic sauce with spinach and potato dumplings	(beef meat, onion, garlic, rice flour, spinach, <b>egg, oil, potato starch, potatoes, flour</b> )
Main 3	VEG	Wok fried turmeric tofu with rice	( <b>tofu, cream, milk, zucchini, carrot, chickpeas, bamboo shoots, soy sauce, oyster sauce</b> , potato starch, lemon juice, oil, sugar, turmeric, garlic, coriander, <b>sesame oil, rice</b> )
MENU DIET*		Chicken strips with baby carrots, bean pods and crushed potatoes	(chicken meat, baby carrots, green beans, country mix seasoning, salt, honey, oil, potatoes, LF milk, onion)
Salad		Poke salad with smoked salmon and yellow radish	(sushi rice, <b>smoked salmon</b> , yellow radish, pea, red cabbage, lime, coriander, sprouts, lamb's lettuce)
Sandwich		Caesar wrap	( <b>tortilla</b> , romaine lettuce, spice gyros, chicken meat <b>eggs, parmesan cheese, mayonnaise, anchovies, mustard</b> )

## Friday

Soup	VEG	Sweet potato soup with smoked paprika	(sweet potatoes, parsley, onion, smoked paprika, rice flour, oil, <b>cream</b> )
Main 1	EY	Chicken tikka masala with rice	(chicken meat, onion, garlic, <b>yoghurt, vindaloo, peppers, tomatoes, cream, rice</b> )
Main 2		Slovak potato gnocchi "halušky" with smoked pork and cabbage	( <b>gnocchi "halušky"</b> , smoked pork meat, pepper, salt, lard, bacon, cabbage, sugar, vinegar)
Main 3	VEG	Chilli con vegetables and corn nachos	(garlic, onion, red lentil, green lentil, white beans, red beans, oil, peppers, crushed tomatoes, corn nachos)
MENU DIET*	VEG	Chilli con vegetables with rice	(garlic, onion, red lentil, green lentil, white beans, red beans, oil, peppers, crushed tomatoes, rice)
Salad		Spinach salad with apples and bacon	(baby spinach, apples, bacon, chives, honey, <b>mustard, lettuce, olive oil</b> )
Sandwich		Sandwich with roastbeef and smoked cheese	( <b>sandwich bread</b> , roastbeef, <b>mayonnaise, mustard, gherkin, cheese, rucola</b> )

