

Monday

Soup	VEG	Spinach soup	(spinach, potatoes, onion, cream , garlic)
Main 1		Turkey goulash with pasta	(chicken breast, flour , cream , ground paprika, onion, pasta)
Main 2		Thai beef meat with broccoli and rice	(beef meat, broccoli, garlic, soya sauce , fish sauce , potato starch, ginger, rice)
MENU VEG.	VEG	Aubergine-tomato masala with coriander cous cous	(onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, cous cous)
ALLERGY FREE*		Turkey goulash with rice	(chicken breast, rice flour, ground paprika, onion, rice)
PM Snack	VEG	Butter choco roll	(flour , milk , yeast, egg , chocolate , baking powder)
Salad	VEG	Salad with baked pumpkin and mozzarella	(pumpkin, carrot, buckwheat, raddichio lettuce, mozzarella , olive oil, balsamico, honey)
Sandwich		Baguette with ham, cheese and egg	(baguette , pork ham, cheese , eggs , tomatoes, soft cheese)

Tuesday

Soup		Chicken consommé with pasta	(celery , carrot, onion, parsley, pasta , chicken meat)
Main 1		Indian chicken butter sauce curry with rice	(chicken breast, yoghurt , ginger, garlic, vindaloo, butter , garam masala, tomato purée, saffron, bay leaves, rice)
Main 2		Roast pork with bread dumplings and cabbage	(pork meat, onion, flour , garlic, cumin, eggs , cabbage, sugar, bread , yeast, milk)
MENU VEG.	VEG	Vegetable casserol with roasted potatoes	(seasonal vegetable, red and white beans, herbs, potatoes)
ALLERGY FREE*		Vegetable casserol with roasted potatoes	(seasonal vegetable, red and white beans, herbs, potatoes)
PM Snack	VEG	White or fruit yoghurt PARKLANE / Cottage cheese "přibináček"	(cottage cheese , cream , sugar, vanilla)
Salad		Pasta salad with chicken meat and fresh vegetables	(pasta , yoghurt , mayonnaise , chicken meat, cucumber, peppers, corn)
Sandwich	VEG	Baguette with olive pesto and mozzarella	(baguette , olives, mozzarella , rucola, basil, olive oil)

Wednesday

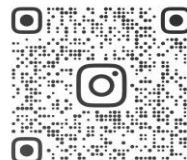
Soup	VEG	Red lentil and chickpea soup	(chickpea, red lentil, onion, peeled tomatoes, coriander)
Main 1		Chicken gyros with tzatziki and pita bread	(chicken meat, gyros spice, cucumber, cream , pita bread)
Main 2		Chinese twice cooked pork with rice	(pork meat, ginger, soya sauce , potato starch , onion, leek, pepper, rice)
MENU VEG.	VEG	Cauliflower patties with cheese, pumpkin purée and butter corn	(cauliflower, egg , breadcrumbs , herbs, cheddar cheese , corn, butter , pumpkin, potatoes , milk)
ALLERGY FREE*		Chicken gyros with rice pilaf	(chicken meat, gyros spice, rice, carrot, chickpea, spring onion, coriander)
PM Snack	VEG	Breadroll with egg spread	("kaiserka" breadroll, egg , mayonnaise , parsley)
Salad		Poke salad with tuna and bean pods	(rice, rice vinegar, bean pods, baby spinach, tuna , cucumber, sprouts, lime)
Sandwich		BLT sandwich	(sandwich bread , mayonnaise , bacon, tomatoes, lettuce)

Thursday

Soup	VEG	Carrot and sweet potatoes cream	(carrot, sweet potatoes, onion, butter, cream)
Main 1		White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber	(white fish , dried tomatoes, basil, potatoes, milk , butter cucumber, dill)
Main 2		Beef stroganoff with rice	(beef meat, cream , tomato purée, onion, pepper, gherkin, mushrooms, potato starch, herbs, rice)
MENU VEG.	VEG	Soya with tomato sauce and pasta	(soya , tomatoes, celery , bay leaves, sugar, flour , cinnamon, oil, pasta)
ALLERGY FREE*		Pork risotto and gherkins	(pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)
PM Snack	VEG	Wholegrain kaiserka with cheese and cucumber	(breadroll "kaiserka" , butter , cheese , cucumber)
Salad	VEG	Tomato salad with peppers and avocado	(tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)
Sandwich		Reuben sandwich	(sandwich bread , roastbeef, mayonnaise , mustard , gherkins, cabbage, cheddar cheese)

Friday

Soup	VEG	Czech kulajda	(cream , eggs , onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour)
Main 1		Spaghetti Bolognese	(pasta , beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée, parmesan cheese)
Main 2		Pork patties with cabbage, crushed potatoes and baby carrots	(pork meat, cabbage, onion, garlic, marjoram, egg , breadcrumb , flour , potatoes, milk , butter , vegetable)
MENU VEG.	VEG	Beetroot and potato cake	(potatoes, balkan cheese , beetroot, cream)
ALLERGY FREE*		GF Spaghetti Bolognese	(GF pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée)
PM Snack	VEG	Cocoa cake with cottage cheese	(flour , egg , milk , cottage , sugar, cocoa, starch)
Salad	VEG	Potato salad with cream fresh, pea and smoked salmon	(potatoes, pea, cream fresh , capers, dill, smoked salmon)
Sandwich		Sandwich with baby spinach, cheddar cheese and egg	(sandwich bread , cheddar cheese , egg , butter)



Monday

Soup	VEG	Creamy tomato soup with tarhoňa pasta	(cream , tarhoňa pasta , garlic, onion, carrot, celery , peeled tomatoes, basil)
Main 1		Sweet and sour chicken with vegetables and rice	(chicken meat, rice, peppers, spring onion, rice vinegar, soya sauce , peeled tomatoes, sugar, potato starch, herbs, rice)
Main 2		Hoisin beef with vegetable and chinese noodles	(beef meat, hoisin sauce , soybeans , yellow radish, onion, soya sprouts , potato starch, coriander, noodles)
MENU VEG.	VEG	Bulgureto with vegetable and cheese	(bulgur , carrot, celery , pea, corn, chickpea, cheese , crushed tomatoes)
ALLERGY FREE*		Sweet and sour chicken with vegetables and rice	(chicken meat, rice, peppers, spring onion, rice vinegar, soya sauce , peeled tomatoes, sugar, potato starch, herbs, rice)
PM Snack	VEG	Cottage cheese cake with raisins	(flour , egg , butter , milk , cottage cheese , baking powder , sugar, oil, raisins)
Salad	VEG	Cous cous salad with fresh vegetables	(cous cous , red peppers, cucumber, tomatoes, coriander, lemon)
Sandwich		Sandwich with ham, cheese and tomato	(sandwich bread , ham, cheese , lettuce, mayonnaise , bbq sauce)

Tuesday

Soup		Turkey consommé with noodles	(turkey, carrot, celery , onion, parsley, noodles)
Main 1		Gnocchi with turkey meat in creamy spinach sauce	(gnocchi , turkey meat, spinach, garlic, onion, cream , parmesan cheese)
Main 2		Baked meat with gravy sauce and rice	(beef meat, onion, butter, flour, herbs , rice)
MENU VEG.	VEG	Greek zucchini cake with feta cheese and beetroot salad	(zucchini, onion, dill, cheese , butter , oil, egg , beetroot, salad)
ALLERGY FREE*		Roast chicken strips with vegetable and corn nachos	(chicken meat, beans, peeled tomatoes, peppers, corn, corn nachos)
PM Snack	VEG	White or fruit yoghurt PARK LANE / White yoghurt with honey	(yoghurt , honey)
Salad	VEG	Kale salad with spinach and broccoli	(kale, baby spinach, red chard, broccoli, cherry tomatoes, corn, mustard , honey)
Sandwich		Sandwich with smoked salmon and chives spread	(sandwich bread , smoked salmon , chives, butter spread)

Wednesday

Soup	VEG	Minestrone soup	(celery , onion, zucchini, carrot, tomato, olive oil)
Main 1		Turkey schnitzel with mashed potatoes and corn	(turkey breast, flour , eggs , milk , breadcrumbs , butter , potatoes, corn)
Main 2		Beef bourgignon with potato gnocchi	(beef meat, bay leaf, celery , thyme, onion, all spice, flour , milk , butter , carrot, tomato, mushrooms, gnocchi)
MENU VEG.	VEG	Sweet buns with vanilla sauce	(flour , yeast , eggs , vanilla pudding, milk)
ALLERGY FREE*		Tuna rissoto	(tuna , rice, pea, corn, carrot, turmeric, spring onion, herbs)
PM Snack		Breadroll with ham and cucumber	(breadroll , ham, cucumber, spread butter)
Salad	VEG	Pasta salad with fresh vegetable, pesto and olives	(pasta , tomato, cucumber, pepper, dried tomatoes, basil, olive oil, garlic, olives)
Sandwich		Reuben sandwich with shredded pork	(sandwich bread , pork meat, mayonnaise , mustard , gherking, cabbage, cheddar cheese)

Thursday

Soup	VEG	Czech potato soup	(potatoes, celery , onion, garlic, cumin, marjoram, flour , carrot, mushrooms)
Main 1	VEG	Pasta with tomato-basil sauce	(pasta , cheese , oil, tomatoes, onion, garlic, basil)
Main 2		Beef with creamy dill sauce and bread dumplings	(beef meat, cream , dill, egg , flour , bread , yeast, milk)
MENU VEG.	VEG	Spinach frittata with salad	(potatoes, spinach, cream , egg , onion, cheddar cheese)
ALLERGY FREE*		GF pasta with tomato-basil sauce	(GF pasta, oil, tomatoes, onion, garlic, basil)
PM Snack		Pizza "snail"	(puff pastry , ham , cheese , tomatoes)
Salad		Poke salad with smoked salmon and yellow radish	(sushi rice, smoked salmon , yellow radish, pea, red cabbage, lime, coriander, sprouts, lamb's lettuce)
Sandwich		Caesar wrap	(tortilla , romaine lettuce, spice gyros, chicken meat eggs , parmesan cheese , mayonnaise , anchovies , mustard)

Friday

Soup	VEG	Lentil soup	(lentils, flour , onion, garlic, vinegar, marjoram)
Main 1		Jamie Oliver's turkey curry with rice	(turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
Main 2		Minced pork schnitzel with mashed potatoes	(pork meat, flour , egg , breadcrumbs , potatoes, milk , butter)
MENU VEG.	VEG	Israeli aubergine shakshuka with pita bread	(aubergine, cumin, garlic, olive oil, pepper, tomatoes, egg , mozzarella , pita bread)
ALLERGY FREE*		Jamie Oliver's turkey curry with rice	(turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
PM Snack	VEG	Raffaello cake (coconut cake)	(flour , egg , milk , cream , coconut, sugar, butter , baking powder)
Salad	VEG	Mix of leaves salad with radish, watercress and egg	(mix of leaves salad, radish, watercress, egg , carrot, sprouts)
Sandwich		Sandwich with roastbeef and smoked cheese	(sandwich bread , roastbeef, mayonnaise , mustard , gherkin, cheese , rucola)



Monday

Soup	VEG	Vegetable cream	(carrot, parsley, celery , leek, potatoes, butter, cream , spice)
Main 1		Ham with mashed potatoes and green pea	(pork ham, potatoes, milk, butter , green pea)
Main 2		Chicken strips with provencal herbs and rice	(chicken meat, flour , thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)
MENU VEG.	VEG	Wok fried turmeric tofu with vegetable and saffron bulgur	(tofu, cream, soya sauce , lemon grass, ginger, turmeric, saffron, bulgur)
ALLERGY FREE*		Chicken strips with provencal herbs and rice	(chicken meat, rice flour, thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)
PM Snack	VEG	Chocolate donut	(egg, flour, yeast, chocolate, baking powder , sugar, butter , oil)
Salad	VEG	Bulgur salad with olives and cheese	(bulgur , capers, olives, lettuce, dried tomatoes, garlic, basil, olive oil, balkan cheese)
Sandwich	VEG	Baguette with cheese and salad	(baguette, soft cheese, butter, gouda, ermine cheese, mozzarella , lettuce)

Tuesday

Soup	VEG	Oyster mushrooms soup	(onion, oyster mushroom, garlic, ground paprika, marjoram)
Main 1		Chicken risotto with vegetable, cheese and gherkin	(chicken meat, rice, onion, carrot, pea, corn, celery, cheese , tomato purée, ground paprika, gherkin)
Main 2		Turkey cubes with herbs, peppers and crushed potatoes	(turkey meat, butter , peppers, onion, garlic, marjoram, potato starch, potatoes, dill)
MENU VEG.	VEG	Sweet potatoes curry with pea pods and rice	(sweet potatoes, onion, string pea, olive oil, red curry, pepper, spice, tomatoes, coconut milk, chickpea, potato starch, rice)
ALLERGY FREE*		Chicken risotto with vegetable and gherkins	(chicken meat, rice, onion, carrot, pea, corn, celery , tomato purée, ground paprika, gherkin)
PM Snack	VEG	White or fruit yoghurt PARK LANE / Straciatella curd	(cottage cheese, chocolate , sugar)
Salad	VEG	Pasta salad with baked vegetable and yoghurt	(pasta, yoghurt , zucchini, carrot, herbs, onion, pepper)
Sandwich		Chef's tortilla	(tortilla , lettuce, egg, ham, cheese, yoghurt , tomato purée, tomatoes)

Wednesday

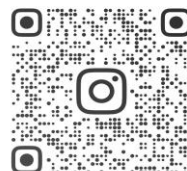
Soup		Garlic soup with bacon and egg	(garlic, celery , carrot, parsley, beef meat, bacon, potatoes, egg, marjoram)
Main 1		Fish fingers with mashed potatoes and steamed pea	(white fish, eggs, flour, milk, breadcrumbs , potatoes, pea)
Main 2		Segedin goulash with bread dumplings	(pork meat, cabbage, onion, flour, cream , caraway seed, yeast, eggs, bread, milk)
MENU VEG.	VEG	Cottage cheese dumplings with strawberries, butter and sugar	(cottage cheese, flour, egg, milk , strawberries, potato starch, semolina , sugar, butter)
ALLERGY FREE*		Baked white fish with potato-parsley purée and corn	(white fish , herbs, potatoes, butter , parsley, milk , corn)
PM Snack	VEG	Tortilla with cheddar cheese, beans and lettuce	(tortilla, cheese, beans , mix of leaves salad)
Salad		Caesar salad with roastbeef	(romaine lettuce, roastbeef, spice, egg, bread, cheese, mayonnaise, anchovies, mustard)
Sandwich	VEG	Sandwich Caprese	(sandwich bread , tomatoes, basil, mozzarella)

Thursday

Soup		Chicken consommé with noodles	(celery , carrot, parsley, noodles , chicken meat)
Main 1		Meat balls with tomato sauce and pasta	(beef meat, pork meat, tomatoes, celery , bay leaves, sugar, flour , cinnamon, oil, rice)
Main 2		Baked tuna with mashed potatoes and steamed celery stalks with corn	(tuna , herbs, milk, butter , potatoes, celery stalks , corn)
MENU VEG.	VEG	Creamy risotto with mushrooms and cheese	(rice, mushrooms, butter, cream, milk , onion, herbs, parmesan cheese)
ALLERGY FREE*		Baked tuna with mashed potatoes and steamed celery stalks with corn	(tuna , herbs, LF milk, potatoes, celery stalks , corn)
PM Snack		Croissant with rucola and chicken ham	(croissant , chicken ham, rucola)
Salad	VEG	Mixed salad with sundried tomatoes	(peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese , olive oil)
Sandwich		Sandwich with chopped pork meat and cheddar	(sandwich bread , pork meat, bbq sauce, cheddar cheese , tomato purée, worchester , smoked salt)

Friday

Soup		Goulash soup	(beef meat, garlic, marjoram, flour , cumin, ground pepper)
Main 1		Beef with creamy vegetable "svíčková" sauce and bread dumplings	(beef, carrot, celery , onion, oil, all spice, cream, flour, bread , yeast, milk, egg)
Main 2		Baked chicken leg with mashed potatoes	(chicken leg, onion, butter, flour, consommé , garlic, herbs, salt, potatoes, milk)
MENU VEG.	VEG	Vegetable-beans stew with nachos	(onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, corn nachos)
ALLERGY FREE*		Vegetable-beans stew with rice	(onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, rice)
PM Snack	VEG	Homemade cottage cheese cake with crumbs	(flour, egg, milk , potato starch, cottage cheese , sugar)
Salad	VEG	Greek salad	(pepper, olives, cucumber, olive oil, tomatoes, feta cheese)
Sandwich		Baguette with chicken meat, camembert and lettuce	(baguette , chicken meat, mayonnaise, soft cheese , lettuce, camember)



Monday

Soup	VEG	Tomato with basil	(tomato, basil, carrot, onion, dried tomatoes, garlic, celery)
Main 1		Wok fried turmeric chicken with rice	(chicken meat, cream , lemongrass, garlic, fish sauce , oyster sauce, turmeric, sesame oil , rice)
Main 2		Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes, milk , green pea)
MENU VEG.	VEG	Cantonese rice with vegetables and egg	(rice, egg , leek, peppers, spring onion, zucchini, carrot, soya sauce)
ALLERGY FREE*		Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes, LF milk, green pea)
PM Snack	VEG	Homemade apple strudel	(puff pastry , apples, raisins, sugar, vanilla, cinnamon, breadcrumbs , eggs)
Salad	VEG	Nicoise	(potatoes, beans pods, olives, tomatoes, parsley)
Sandwich		Baguette with ham, cheese and egg	(baguette , pork ham, cheese , eggs, tomato, soft cheese)

Tuesday

Soup		Chicken consommé with vegetable	(carrot, parsley, celery , onion, eggs , chicken meat)
Main 1		Beef goulash with bread dumplings	(beef meat, flour , onion, ground paprika, garlic, marjoram, egg , milk, yeast, bread)
Main 2		Turkey meatloaf with mashed potatoes and steamed vegetable	(turkey meat, onion, garlic, marjoram, eggs , breadcrumb , flour , potatoes, milk , butter , vegetable)
MENU VEG.	VEG	Pumpkin frittata with spinach	(pumpkin, garlic, balcan cheese , egg , cream , milk)
ALLERGY FREE*		Moroccan chicken cubes with green olives and rice	(chicken meat, peeled tomatoea, green olives, onion, lemon, ginger, cinnamon, rice)
PM Snack	VEG	White or fruit yoghurt PARK LANE / Milk rice with fruit	(rice, milk , sugar, cream , butter , fruit compote)
Salad		Chef's salad	(lettuce, tomato, cucumber, ham, egg , cheese , bread , yoghurt, tomato purée, mayonnaise)
Sandwich	VEG	Baguette with basil pesto, tomatoes and mozzarella	(baguette , mozzarella , tomatoes, basil, parmesan cheese , garlic)

Wednesday

Soup	VEG	Cream of mushrooms	(cream , mushrooms, onion, flour , thyme)
Main 1		Baked pork with creamy red paprika sauce and pasta	(pork meat, onion, butter , ground paprika, flour , cream , herbs, pasta, egg)
Main 2		Creamy potato bake with chicken meat and spinach	(potatoes, chicken meat, spinach, cream , garlic, starch, spring onion, nutmeg)
MENU VEG.	VEG	Lentil and cauliflower dhal with rice	(lentils, rice, cauliflower, onion, garlic, vindaloo , tomato, coriander, rice)
ALLERGY FREE*		Lentil and cauliflower dhal with rice	(lentils, rice, cauliflower, onion, garlic, vindaloo , tomato, coriander, rice)
PM Snack		Wholegrain breadroll with chicken ham and lettuce	(wholegrain breadroll , butter , chicken ham, lettuce)
Salad	VEG	Mexican street corn salad "Esquites"	(corn, spring onion, pepper, mayonnaise , coriander, lime, garlic)
Sandwich		Baguette with roastbeef	(baguette , dried tomatoes, onion, butter , mustard , roastbeef, amazon spice, horseradish)

Thursday

Soup	VEG	Zucchini soup	(onion, zucchini, potatoes, cream , basil, garlic)
Main 1		Meat balls with mashed potatoes and cranberries	(pork meat, beef meat, onion, flour , breadcrumbs , egg , milk, salt, pepper, potatoes, butter , cranberries, balsamico, starch)
Main 2		Baked beef with mushrooms and bread dumplings	(beef meat, mushrooms, herbs, onion, flour , yeast, egg , bread)
MENU VEG.	VEG	Indian butter curry with soya and rice	(soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice)
ALLERGY FREE*		Baked beef with mushrooms and rice	(beef meat, mushrooms, herbs, onion, rice)
PM Snack	VEG	Focaccia with tomatoes, peppers and olives	(focaccia , dried tomatoes, peppers, olives)
Salad		Kenya beans salad	(sweet corn, spring onion, bacon, garlic, pepper, lettuce)
Sandwich	VEG	Sandwich with grilled vegetables and hummus	(sandwich bread , chickpea, olive oil, coriander, lemon, sesame oil)

Friday LAST DAY

Main 1		Caesar Tortilla	(tortilla , chicken meat, romaine lettuce, egg , cheese , mayonnaise , anchovies, mustard)
Main 2		Pizza Margherita	(flour , milk , yeast, oregano, tomatoes, oil, cheese)
MENU VEG.	VEG	Pizza Margherita	(flour , milk , yeast, oregano, tomatoes, oil, cheese)
ALLERGY FREE*		Mix salad with dried tomatoes	(peppers, lettuce, tomatoes, cucumber, olives, dried tomatoes, garlic)

