

Pondělí		
Soup	VEG	Carrot and sweet potatoes cream (carrot, sweet potatoes, onion, butter, cream)
Main 1		Turkey goulash with pasta (chicken breast, flour, cream , ground paprika, onion, pasta)
Main 2		Thai beef with basil and rice (minced beef meat, onion, basil, fish sauce, soya sauce , garlic, rice)
MENU VEG.	VEG	Aubergine-tomato masala with coriander cous cous (onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, cous cous)
MENU DIET*		Baked pork cutlet with mashed potatoes and bean pods (pork meat, onion, herbs, oil, bean pods, potatoes, LF milk)
Salad		Mix of leaf salads with dried ham, mozzarella and balsamico (lettuce, radicchio, red chard, rucola, cherry tomatoes, dried ham, olive oil, mozzarella , balsamico, honey)
Sandwich		Sandwich with chicken ham and tomato (sandwich bread, mayonnaise , chicken ham, tomatoes, lettuce)

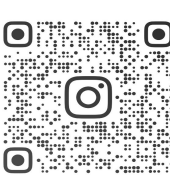
Tuesday		
Soup		Chicken consommé with pasta (celery , carrot, onion, parsley, pasta , chicken meat)
Main 1		Meatballs with whole-grain mustard sauce and mashed potatoes (beef meat, pork meat, flour, eggs, milk, breadcrumbs, butter, cream , potatoes)
Main 2		Rabbit leg with creamy paprika sauce and pasta (chicken meat, cream , onion, flour, oil, butter , ground paprika, pasta)
MENU VEG.	VEG	Vegetable casserol with roasted potatoes (seasonal vegetable, red and white beans, herbs, potatoes)
MENU DIET*		Vegetable casserol with roasted potatoes (seasonal vegetable, red and white beans, herbs, potatoes)
Salad		Pasta salad with chicken meat and fresh vegetables (pasta, yoghurt, mayonnaise , chicken meat, cucumber, peppers, corn)
Sandwich	VEG	Baguette with olive pesto and mozzarella (baguette , olives, mozzarella , rucola, basil, olive oil)

Wednesday		
Soup	VEG	Red lentil and chickpea soup (chickpea, red lentil, onion, peeled tomatoes, coriander)
Main 1		Chicken gyros with tzatziki and pita bread (chicken meat, gyros spice, cucumber, cream, pita bread)
Main 2		Chinese twice cooked pork with rice (pork meat, ginger, soya sauce, potato starch , onion, leek, pepper, rice)
MENU VEG.	VEG	Cauliflower patties with cheese, pumpkin purée and butter corn (cauliflower, egg, breadcrumbs , herbs, cheddar cheese , corn, butter , pumpkin, potatoes, milk)
MENU DIET*		Chicken gyros with rice pilaf (chicken meat, gyros spice, rice, carrot, chickpea, spring onion, coriander)
Salad		Poke salad with tuna and bean pods (rice, rice vinegar, bean pods, baby spinach, tuna , cucumber, sprouts, lime)
Sandwich		BLT sandwich (sandwich bread, mayonnaise , bacon, tomatoes, lettuce)

Thursday		
Soup		Creamy turkey soup with vegetable (turkey meat, celery , carrot, parsley, butter, flour, cream, milk)
Main 1		Chicken strips with creamy herbs sauce and rice (chicken breast, cream , oil, thyme, parsley, marjoram, butter , garlic, rice)
Main 2		Pork risotto with cheese and gherkins (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)
MENU VEG.	VEG	Spinach frittata with salad (potatoes, spinach, cream, egg , onion, cheddar cheese)
MENU DIET*		Pork risotto and gherkins (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)
Salad	VEG	Tomato salad with peppers and avocado (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)
Sandwich		Baguette with meat balls, baked peppers a cheddar cheese (baguette , beef meat, pork meat, breadcrumbs , onion, egg, BBQ sauce , peppers, cheddar cheese)

Friday		
Soup	VEG	Czech kulajda (cream, eggs , onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour)
Main 1		Spaghetti Bolognese (pasta , beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée, parmesan cheese)
Main 2		Roast pork with bread dumplings and cabbage (pork meat, onion, flour , garlic, cumin, eggs , cabbage, sugar, bread , yeast, milk)
Main 3	VEG	Palak paneer with rice (paneer cheese , onion, spinach, garlic, cream , spice, herbs, rice)
MENU DIET*		GF Spaghetti Bolognese (GF pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée)
Salad		Potato salad with cream fresh, pea and smoked salmon (potatoes, pea, cream fresh , capers, dill, smoked salmon)
Sandwich	VEG	Sandwich with beetroot spread and rucola (sandwich, beetroot, dill, cottage cheese, spread butter , rucola)

* suitable for intolerance to three main allergens (gluten, lactose and eggs)



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Monday		
Soup	VEG	Creamy tomato soup with tarhoňa pasta (cream , tarhoňa pasta , garlic, onion, carrot, celery , peeled tomatoes, basil)
Main 1		Turkey cubes with gravy and rice (turkey meat, onion, rice flour, oil, caraway seeds, rice)
Main 2		Shepherd´s pie with beef (potatoes, beef, milk , peas, cheddar cheese , carrot, onion, celery stalk , oil, butter , tomato purée, salt, worchester sauce , bay leaf, cloves)
MENU VEG.	VEG	Bulgureto with vegetable and cheese (bulgur , carrot, celery , pea, corn, chickpea, cheese , crushed tomatoes)
MENU DIET*		Beef ragout with peas and rice (beef meat, onion, carrot, celery stalks , tomato purée, worchester , rice)
Salad	VEG	Cous cous salad with fresh vegetables (cous cous , red peppers, cucumber, tomatoes, coriander, lemon)
Sandwich		Sandwich with smoked salmon and chives spread (sandwich bread , smoked salmon , chives, spread butter)

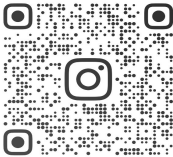
Tuesday		
Soup		Turkey consommé with noodles (turkey, carrot, celery , onion, parsley, noodles)
Main 1		Gnocchi with turkey meat in creamy spinach sauce (gnocchi , turkey meat, spinach, garlic, onion, cream)
Main 2		Pork goulash with bread dumplings (pork meat, flour , onion, ground paprika, garlic, marjoram, egg, milk, yeast , bread)
MENU VEG.	VEG	Greek zucchini cake with feta cheese and beetroot salad (zucchini, onion, dill, cheese, butter , oil, egg , beetroot, salad)
MENU DIET*		Roast chicken strips with vegetable and corn nachos (chicken meat, beans, peppers, corn, rice)
Salad	VEG	Pasta salad with fresh vegetable and pesto (pasta , cucumber, pepper, corn, mayonnaise, olive , white yoghurt)
Sandwich		Club sandwich (sandwich bread , iceberg lettuce, tomato, bacon, chicken meat, egg, mayonnaise)

Wednesday		
Soup	VEG	Minestrone soup (celery , onion, zucchini, carrot, tomato, olive oil)
Main 1		Braised pork cheeks with mashed potatoes and baby carrot (pork cheeks, onion, butter , oil, flour , garlic, potatoes, milk , baby carrot)
Main 2		BBQ chicken leg with baked potatoes and coleslaw salad (chicken meat, spice, BBQ sauce , lettuce, potatoes, cabbage, carrot, celery , onion, vinegar, mayonnaise , oil)
MENU VEG.	VEG	Sweet buns with vanilla sauce (flour , yeast, eggs , vanilla pudding , milk)
MENU DIET*		Tuna rissoto (tuna , rice, pea, corn, carrot, turmeric, spring onion, herbs)
Salad	VEG	Lentil-bulgur bowl with chicken meat, egg and cauliflower (lentil, bulgur , mix of leaves salad, chicken breast, egg , pickled cauliflower)
Sandwich		Reuben sandwich (sandwich bread , roastbeef, mayonnaise , mustard , gherkins, cabbage, cheddar cheese)

Thursday		
Soup		Creamy kale soup with potatoes and sausage (kale, onion, caraway seed, flour, sausage, cream , bayleaves, potatoes)
Main 1	VEG	Pasta with tomato-basil sauce (pasta, cheese , oil, tomatoes, onion, garlic, basil)
Main 2		Turkey tikka masala wrap with corn salad and sour cream (turkey meat, yogurt , onion, graound paprika, tikka masala paste, vindaloo, corn, spring onion, sour cream, tortilla)
MENU VEG.	VEG	Broccoli patties with mashed potatoes and steamed corn (broccoli, egg, breadcrumbs , herbs, cheddar cheese , corn, butter , potatoes, milk)
MENU DIET*		GF pasta with tomato-basil sauce (GF pasta, oil, tomatoes, onion, garlic, basil)
Salad		Poke salad with smoked salmon and yellow radish (sushi rice, smoked salmon , yellow radish, pea, red cabbage, lime, coriander, sprouts, lamb´s lettuce)
Sandwich		Caesar wrap (tortilla , romaine lettuce, spice gyros, chicken meat, eggs, parmesan cheese, mayonnaise , anchovies , mustard)

Friday		
Soup	VEG	Lentil soup (lentils, flour , onion, garlic, vinegar, marjoram)
Main 1		Jamie Oliver´s turkey curry with rice (turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
Main 2		Minced pork schnitzel with mashed potatoes and gherkin (pork meat, flour, egg, breadcrumbs , potatoes, milk, butter)
Main 3	VEG	Israeli aubergine shakshuka with pita bread (aubergine, cumin, garlic, olive oil, pepper, tomatoes, egg, mozzarella, pita bread)
MENU DIET*		Jamie Oliver´s turkey curry with rice (turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
Salad		Spinach salad with apples and bacon (baby spinach, apples, bacon, chives, honey, mustard , lettuce, olive oil)
Sandwich		Baguette with parma ham, mozzarella and tomato (baguette, mozzarella , tomato, baby spinach, mustard , honey, olive oil, lemon, ham)

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