Deutsche Schule Prag

# MENU 23. - 27. 11. 2026

## MONDAY 23.11.2026

MENU

| | | |
|---|---|---|
| Soup | Tomato soup with basil<br>9 | tomatoes, carrot, onion, celery, olive oil, basil, garlic, spices |
| Main course | Turkey breast with basil pesto<br>0 | turkey, basil pesto (basil, garlic), salt |
| Side dish | Butter vegetables with quinoa<br>7 | quinoa, carrot, broccoli, sweetcorn, cauliflower, butter, oil, salt |
| Fruit or vegetables | Freshly cut vegetables<br>0 | carrot |
| Dessert or dairy product | | |
| AFTERNOON SNACK | Homemade apple strudel, apple<br>1, 3, 7, 12 | puff pastry (flour, egg, butter), apples, sugar, breadcrumbs, raisins, vanilla sugar, starch, cinnamon |

## TUESDAY 24.11.2026

MENU

| | | |
|---|---|---|
| Soup | Chicken broth with vegetables<br>9 | carrot, chicken, celeriac, parsley root, onion, parsley, allspice, bay leaf, black pepper, salt |
| Main course | Beef goulash | beef, tomato purée, onion, flour, oil, ground paprika, garlic, marjoram, caraway, spices |
| Side dish | Bread dumplings<br>1, 3, 7 | flour, milk, yeast, bread, egg |
| Fruit or vegetables | Freshly cut fruit<br>0 | pear |
| Dessert or dairy product | | |
| AFTERNOON SNACK | Breadroll with chives spread, cucumbre<br>1, 7 | bread roll, butter spread, quark, chives, salt |

## WEDNESDAY 25.11.2026

MENU

| | | |
|---|---|---|
| Soup | Oyster mushroom soup<br>9 | broth, oyster mushrooms, onion, oil, flour, garlic, ground paprika, marjoram, spices |
| Main course | Garlic beef with spinach<br>1, 3, 7 | beef, spinach, onion, oil, flour, cream, garlic, butter, egg, salt |
| Side dish | Potato dumplings<br>1, 3 | potatoes, flour, semolina, eggs, salt |
| Fruit or vegetables | | |
| Dessert or dairy product | Homemade pear purée<br>0 | apples, pears, vanilla sugar, cinnamon, star anise |
| AFTERNOON SNACK | Bread roll, cheese, tomatoes<br>1, 7 | |

## THURSDAY 26.11.2026

MENU

| | | |
|---|---|---|
| Soup | Czech vegetable "prachenska" soup with egg<br>3, 7, 9 | onion, celeriac, carrot, mushrooms, rice flour, butter, oil, parsley, egg, caraway, spices |
| Main course | Baked cod with herbs and baby carrots<br>4 | cod, baby carrots, oil, thyme, rosemary, salt |
| Side dish | Baked potatoes<br>0 | potatoes, oil, steak seasoning, salt |
| Fruit or vegetables | Freshly cut fruit<br>0 | Mandarin |
| Dessert or dairy product | | |
| AFTERNOON SNACK | Wholegrain breadroll with chicken ham and lettuce<br>1, 7 | wholemeal roll, chicken ham, butter spread, cucumber |

## FRIDAY 27.11.2026

MENU

| | | |
|---|---|---|
| Soup | Creamy chicken soup with vegetables<br>1, 7, 9 | stock, chicken, carrot, milk, flour, celeriac, cream, butter, chives, mace, salt |
| Main course | Pork patties<br>1, 3, 7 | pork, oil, breadcrumbs, milk, flour, egg, onion, garlic, marjoram, spices |
| Side dish | Mashed potatoes<br>7 | potatoes, milk, butter, salt |
| Fruit or vegetables | Gherkin<br>10, 12 | |
| Dessert or dairy product | Semolina porridge with chocolate<br>1, 7 | milk, chocolate, semolina, sugar |
| AFTERNOON SNACK | Egg sandwich, apple<br>1, 3, 7, 10 | sandwich bread, egg spread (eggs, mayonnaise, soft dairy spread, chives), chives, apple |

## ALLERGENS

1 CEREALS containing gluten
2 CRUSTACEANS and products thereof
3 EGGS and products thereof
4 FISH and products thereof
5 PEANUTS and products thereof
6 SOYA and products thereof
7 MILK and products thereof
8 TREE NUTS all types of nuts
9 CELERY and products thereof
10 MUSTARD and products thereof
11 SESAME SEEDS and products thereof
12 $SO_2$ SULPHUR DIOXIDE AND SULPHITES in concentrations above 10 mg/kg