2.6. - 6.6. 2025

www.freshandtasty.cz/riverside

|   | ay                         |   |   |
|---|----------------------------|---|---|
| Soup  | VEG                        | Carrot and sweet potatoes cream   | (carrot, sweet potatoes, onion, <b>butter, cream</b> )  |
| Menu 1  | EY                         | Turkey goulash with pasta   | (chicken breast, <b>flour</b> , <b>cream</b> , ground paprika, onion, <b>pasta</b> )  |
| Menu 2  |                            | Thai beef meat wih broccoli and rice  | (beef meat, broccoli, garlic, soya sauce, fish sauce , potato starch, ginger, rice)   |
| Menu 3  | VEG EY VEG                 | Aubergine-tomato masala with coriander cous cous  | (onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, cous cous )   |
| Menu AF*  |                            | Turkey goulash with rice  | (chicken breast, rice flour, ground paprika, onion, rice)   |
| Salad   |                            | Corn salad with tuna  | ( <b>tuna</b> , corn, red and green pepper, red onion, spring onion, beans, dill, lemon juice)  |
| Sandwich  |                            | Baguette with ham, cheese and egg   | ( baguette , pork ham, cheese , eggs , tomatoes, soft cheese )  |
| Tuesda  | ay                         |   |   |
| Soup  |                            | Chicken consommé with pasta   | ( <b>celery</b> , carrot, onion, parsley, <b>pasta</b> , chicken meat)  |
| Menu 1  |                            | Indian chicken butter sauce curry with rice   | (chicken breast, <b>yoghurt</b> , ginger, garlic, vindaloo, <b>butter</b> , garam masala, tomato purée,<br>saffron, bay leaves, rice)   |
| Menu 2  | EY                         | Pork patties with cabbage, mashed potatoes and baby carrots   | (pork meak, cabbage, onion, garlic, marjoram, <b>egg, breadcrumb, flour</b> , potatoes, <b>milk,</b><br>butter, vegetable)  |
| Menu 3  | VEG EY VEG                 | Vegetable casserol with roasted potatoes  | (seasonal vegetable, red and white beans, herbs, potatoes)  |
| Menu AF*  |                            | Vegetable casserol with roasted potatoes  | (seasonal vegetable, red and white beans, herbs, potatoes)  |
| Salad   |                            | Pasta salad with chicken meat and fresh vegetables  | ( pasta, yoghurt, mayonnaise , chicken meat, cucumber, peppers, corn)   |
| Sandwich  | VEG                        | Baguette with olive pesto and mozzarella  | ( baguette , olives, mozzarella , rucola, basil, olive oil )  |
| Wedne   | esday                      |   |   |
| Soup  | VEG                        | Red lentil and chickpea soup  | (chickpea, red lentil, onion, peeled tomatoes, coriander)   |
| Menu 1  | EY                         | Chicken gyros with tzatziki and pita bread  | (chicken meat, gyros spice, cucumber, cream, pita bread )   |
| Menu 2  |                            | Chinese twice cooked pork with rice   | (pork meat, ginger, soya sauce, potato starch, onion, leek, pepper, rice)   |
| Menu 3  | VEG EY VEG                 | Cauliflower patties with cheese, pumpkin purée and butter corn  | (cauliflower, <b>egg, breadcrumbs</b> , herbs, <b>cheddar cheese</b> , corn, <b>butter</b> , pumpkin,<br>potatoes, <b>milk</b> )  |
| Menu AF*  |                            | Chicken gyros with rice pilaf   | (chicken meat, gyros spice, rice, carrot, chickpea, spring onion, coriander)  |
| Salad   |                            | Poke salad with tuna and bean pods  | (rice, rice vinegar, bean pods, baby spinach, <b>tuna,</b> cucumber, sprouts, lime)   |
| Sandwich  |                            | BLT sandwich  | (sandwich bread, mayonnaise, bacon, tomatoes, lettuce)  |
| Thursd  | lay                        |   |   |
| Soup  |                            |   |   |
|   |                            | Creamy turkey soup with vegetable   | (turkey meat, celery, carrot, parsley, butter, flour, cream, milk)  |
| Menu 1  |                            | Creamy turkey soup with vegetable<br>Chicken strips with creamy herbs sauce and rice  | (turkey meat, <b>celery</b> , carrot, parsley, <b>butter, flour, cream, milk</b> )<br>(chicken breast, <b>cream</b> , oil, thyme, parsley, marjoram, <b>butter</b> , garlic, rice)  |
|   | EY                         |   |   |
| Menu 2  | EY<br>VEG EY               | Chicken strips with creamy herbs sauce and rice   | (chicken breast, <b>cream</b> , oil, thyme, parsley, marjoram, <b>butter</b> , garlic, rice)  |
| Menu 2<br>Menu 3  |                            | Chicken strips with creamy herbs sauce and rice<br>White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber   | (chicken breast, <b>cream</b> , oil, thyme, parsley, marjoram, <b>butter</b> , garlic, rice)<br>( <b>white fish</b> , dried tomatoes, basil, potatoes, <b>milk</b> , <b>butter</b> cucumber, dill)  |
| Menu 2<br>Menu 3<br>Menu AF*  |                            | Chicken strips with creamy herbs sauce and rice<br>White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber<br>Spinach frittata with salad  | (chicken breast, <b>cream</b> , oil, thyme, parsley, marjoram, <b>butter</b> , garlic, rice)<br>( <b>white fish</b> , dried tomatoes, basil, potatoes, <b>milk</b> , <b>butter</b> cucumber, dill)<br>(potatoes, spinach, <b>cream, egg</b> , onion, <b>cheddar cheese</b> )  |
| Menu 1<br>Menu 2<br>Menu 3<br>Menu AF*<br>Salad<br>Sandwich                                       | VEG EY                     | Chicken strips with creamy herbs sauce and rice<br>White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber<br>Spinach frittata with salad<br>Pork risotto and gherkins   | (chicken breast, cream, oil, thyme, parsley, marjoram, butter, garlic, rice)<br>(white fish, dried tomatoes, basil, potatoes, milk, butter cucumber, dill)<br>(potatoes, spinach, cream, egg, onion, cheddar cheese)<br>(pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)  |
| Menu 2<br>Menu 3<br>Menu AF*<br>Salad<br>Sandwich   | VEG EY                     | Chicken strips with creamy herbs sauce and rice<br>White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber<br>Spinach frittata with salad<br>Pork risotto and gherkins<br>Tomato salad with peppers and avocado  | (chicken breast, cream, oil, thyme, parsley, marjoram, butter, garlic, rice)         (white fish, dried tomatoes, basil, potatoes, milk, butter cucumber, dill)         (potatoes, spinach, cream, egg, onion, cheddar cheese)         (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)         (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)         (sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar   |
| Menu 2<br>Menu 3<br>Menu AF*<br>Salad<br>Sandwich<br>Friday                                       | VEG EY                     | Chicken strips with creamy herbs sauce and rice<br>White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber<br>Spinach frittata with salad<br>Pork risotto and gherkins<br>Tomato salad with peppers and avocado  | (chicken breast, cream, oil, thyme, parsley, marjoram, butter, garlic, rice)         (white fish, dried tomatoes, basil, potatoes, milk, butter cucumber, dill)         (potatoes, spinach, cream, egg, onion, cheddar cheese)         (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)         (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)         (sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar   |
| Menu 2<br>Menu 3<br>Menu AF*<br>Salad<br>Sandwich<br>Friday<br>Soup                               | VEG <b>EY</b><br>VEG       | Chicken strips with creamy herbs sauce and rice White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber Spinach frittata with salad Pork risotto and gherkins Tomato salad with peppers and avocado Reuben sandwich  | (chicken breast, cream, oil, thyme, parsley, marjoram, butter, garlic, rice)         (white fish, dried tomatoes, basil, potatoes, milk, butter cucumber, dill)         (potatoes, spinach, cream, egg, onion, cheddar cheese)         (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)         (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)         (sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar cheese)         (cream, eggs, onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour)         (pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery, bayleaves, tomato   |
| Menu 2<br>Menu 3<br>Menu AF*<br>Salad<br>Sandwich<br>Friday<br>Soup<br>Menu 1                     | VEG EY<br>VEG<br>VEG       | Chicken strips with creamy herbs sauce and rice White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber Spinach frittata with salad Pork risotto and gherkins Tomato salad with peppers and avocado Reuben sandwich Czech kulajda  | (chicken breast, cream, oil, thyme, parsley, marjoram, butter, garlic, rice)         (white fish, dried tomatoes, basil, potatoes, milk, butter cucumber, dill)         (potatoes, spinach, cream, egg, onion, cheddar cheese )         (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)         (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)         (sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar cheese )         (cream, eggs, onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour )   |
| Menu 2<br>Menu 3<br>Menu AF*<br>Salad<br>Salad<br>Sandwich<br>Fricday<br>Soup<br>Menu 1<br>Menu 2 | VEG EY<br>VEG<br>VEG       | Chicken strips with creamy herbs sauce and rice White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber Spinach frittata with salad Pork risotto and gherkins Tomato salad with peppers and avocado Reuben sandwich Czech kulajda Spaghetti Bolognese  | (chicken breast, cream, oil, thyme, parsley, marjoram, butter, garlic, rice)         (white fish, dried tomatoes, basil, potatoes, milk, butter cucumber, dill)         (potatoes, spinach, cream, egg, onion, cheddar cheese )         (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)         (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)         (sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar cheese )         (cream, eggs, onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour )         (pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery, bayleaves, tomato purée, parmesan cheese )   |
| Menu 2<br>Menu 3<br>Salad<br>Sandwich<br>Friday<br>Soup<br>Menu 1<br>Menu 2<br>Menu 3             | VEG EY<br>VEG<br>VEG<br>EY | Chicken strips with creamy herbs sauce and rice White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber Spinach frittata with salad Pork risotto and gherkins Tomato salad with peppers and avocado Reuben sandwich Czech kulajda Spaghetti Bolognese Roast pork with bread dumplings and cabbage                                      | <pre>(chicken breast, cream, oil, thyme, parsley, marjoram, butter, garlic, rice) (white fish, dried tomatoes, basil, potatoes, milk, butter cucumber, dill) (potatoes, spinach, cream, egg, onion, cheddar cheese) (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin) (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin) (sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar cheese) (cream, eggs, onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour) (pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery, bayleaves, tomato purée, parmesan cheese) (pork meat, onion, flour, garlic, cumin, eggs, cabbage, sugar, bread, yeast, milk) (fasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery, bayleaves, tomato</pre>  |
| Menu 2<br>Menu 3<br>Menu AF*<br>Salad   | VEG EY<br>VEG<br>VEG<br>EY | Chicken strips with creamy herbs sauce and rice White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber Spinach frittata with salad Pork risotto and gherkins Tomato salad with peppers and avocado Reuben sandwich Czech kulajda Czech kulajda Spaghetti Bolognese Roast pork with bread dumplings and cabbage Palak paneer with rice | (chicken breast, cream, oil, thyme, parsley, marjoram, butter, garlic, rice)         (white fish, dried tomatoes, basil, potatoes, milk, butter cucumber, dill)         (potatoes, spinach, cream, egg, onion, cheddar cheese)         (pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)         (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)         (sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar cheese)         (cream, eggs, onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour)         (pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery, bayleaves, tomato purée, parmesan cheese)         (pork meat, onion, flour, garlic, cumin, eggs, cabbage, sugar, bread, yeast, milk)         (paneer cheese, onion, spinach, garlic, cream, spice, herbs, rice) |





fresh tasty

 $\ensuremath{^*}$  suitable for intolerance to three main allergens (gluten, lactose and eggs)

9.6. - 13.6. 2025

www.freshandtasty.cz/riverside

| Mond              | ay     |   |   |
|-------------------|--------|---|---|
| Soup              | VEG    | Creamy tomato soup with tarhoňa pasta                           | ( cream, tarhoňa pasta, garlic, onion, carrot, celery, peeled tomatoes, basil)  |
| Menu 1            | EY     | Baked turkey breast with thyme, mashed potatoes and baby carrot | (turkey meat, thyme, garlic, onion, potatoes, milk, flour, butter, baby carrot)   |
| Menu 2            |        | Hoisin beef with vegetable and chinese noodles                  | (beef meat, <b>hoisin sauce, soybeans</b> , yellow radish, onion, <b>soya sprouts</b> , potatoe starch, coriander )   |
| Menu 3            | VEG EY | Bulgureto with vegetable and cheese                             | ( <b>bulgur</b> , carrot, <b>celery</b> , pea, corn, chickpea, <b>cheese</b> , crushed tomatoes)  |
| Menu AF*          |        | Baked turkey breast with thyme and rice                         | (turkey meat, thyme, onion, rice flour, herbs , rice)   |
| Salad             | VEG    | Cous cous salad with fresh vegetables                           | ( cous cous, red peppers, cucumber, tomatoes, coriander, lemon)   |
| Sandwich          |        | Sandwich with smoked salmon and chives spread                   | (sandwich bread, smoked salmon, chives, spread butter)  |
| Tuesda            | ay     |   |   |
| Soup              |        | Turkey consommé with noodles                                    | (turkey, carrot, <b>celery</b> , onion, parsley, <b>noodles</b> )   |
| Menu 1            | EY     | Roast chicken strips with vegetable and corn nachos             | (chicken meat, beans, peppers, corn, rice)  |
| Menu 2            |        | Pork goulash with bread dumplings                               | (pork meat, <b>flour</b> , onion, ground paprika, garlic, marjoram, <b>egg, milk,</b> yeast <b>, bread</b> )  |
| Menu 3            | VEG EY | Greek zucchini cake with feta cheese and beetroot salad         | (zucchini, onion, dill, cheese, butter, oil, egg, beetroot, salad)  |
| Menu AF*          |        | Roast chicken strips with vegetable and corn nachos             | (chicken meat, beans, peppers, corn, rice)  |
| Salad             | VEG    | Pasta salad with fresh vegetable and pesto                      | ( pasta , cucumber, pepper, corn, mayonnaise, olive , white yoghurt )   |
| Sandwich          |        | Club sandwich   | ( sandwich bread , iceberg lettuce, tomato, bacon, chicken meat, egg, mayonnaise )  |
| Wedne             | esdav  |   |   |
| Soup              | VEG    | Minestrone soup   | ( <b>celery</b> , onion, zucchini, carrot, tomato, olive oil)   |
| Menu 1            |        | Baked pork with gravy sauce and rice                            | (pork meat, onion, butter, flour, herbs, rice)  |
| Menu 2            | EY     | BBQ chicken leg with baked potatoes and coleslaw salad          | (chicken meat, spice, <b>BBQ sauce</b> , lettuce, potatoes, oil)  |
| Menu 3            | VEG EY | Sweet buns with vanilla sauce                                   | ( flour, yeast, eggs , vanilla pudding , milk )   |
| Menu AF*          |        | Tuna rissoto  | (tuna , rice, pea, corn, carrot, turmeric, spring onion, herbs)   |
| Salad             |        | Lentil-bulgur bowl with chicken meat, egg and cauliflower       | (lentil, <b>bulgur</b> , mix of leaves salad, chicken breast, <b>egg</b> , pickled cauliflower)   |
| Sandwich          |        | Reuben sandwich with shredded pork                              | (sandwich bread, pork meat, mayonnaise, mustard, gherking, cabbage, cheddar cheese)   |
| Thurso            | lav    |   |   |
| Soup              | VEG    | Czech potato soup   | (potatoes, <b>celery</b> , onion, garlic, cumin, marjoram , <b>flour</b> , carrot, mushroms)  |
| Menu 1            | VEG EY | Pasta with tomato-basil sauce                                   | (pasta, cheese, oil, tomatoes, onion, garlic, basil )   |
| Menu 2            |        | Beef with creamy dill sauce and bread dumplings                 | (beef meat, cream, dill, egg, flour, bread, yeast, milk)  |
| Menu 3            | VEG EY | Broccoli patties with mashed potatoes and steamed corn          | (broccoli, eag, breadcrumbs, herbs, cheddar, corn, butter, potatoes, milk)  |
| Menu AF*          |        | GF pasta with tomato-basil sauce                                | (GF pasta, oil, tomatoes, onion, garlic, basil )  |
| Salad             |        | Poke salad with smoked salmon and yellow radish                 | (sushi rice, smoked salmon, yellow radish, pea, red cabbage, lime, coriander, sprouts,  |
| Sandwich          |        | Caesar wrap   | lamb's lettuce)<br>( <b>tortilla</b> , romaine lettuce, spice gyros,chicken meat <b>eggs, parmesan cheese,</b>  |
|                   |        |   | mayonnaise , anchovies , mustard )  |
| Friday            |        |   |   |
| Soup              | VEG    | Lentil soup   | (lentils, <b>flour</b> , onion, garlic, vinegar, marjoram)<br>(turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, <b>coconut</b>                  |
| Menu 1            | EY     | Jamie Oliver's turkey curry with rice                           | milk)   |
| Menu 2            |        | Minced pork schnitzel with mashed potatoes and gherkin          | (pork meat, flour, egg, breadcrumb , potatoes, milk, butter )   |
| Menu 3            | VEG EY | Israeli aubergine shakshuka with pita bread                     | (aubergine, cumin, garlic, olive oil, pepper, tomatoes, egg, mozzarela, pita bread)<br>(turkey, zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut |
| Menu AF*          |        | Jamie Oliver's turkey curry with rice                           | milk)   |
| C - I - 1         | VEG    | Mix of leaves salad with radish, watercress and egg             | (mix of leaves salad, radish, watercress, <b>egg,</b> carrot, sprouts)  |
| Salad<br>Sandwich | 10     | Sandwich with roastbeef and smoked cheese                       | (sandwich bread, roastbeef, mayonnaise, mustard, gherkin, cheese, rucola)   |





fresh Etasty

 $\ensuremath{^*}$  suitable for intolerance to three main allergens (gluten, lactose and eggs)

16.6. - 20.6. 2025

www.freshandtasty.cz/riverside

| Cours   | ay                        |   |  |  |  |  |
|---|---------------------------|---|--|--|--|--|
| Soup  | VEG                       | Vegetable cream   | (carrot, parsley, celery, leek, potatoes, butter, cream, spice)  |  |  |  |
| Menu 1  | EY                        | Ham with mashed potatoes and green pea  | (pork ham, potatoes, <b>milk, butter</b> , green pea)  |  |  |  |
| Menu 2  |                           | Baked beef with provencal herbs and rice  | (beef meat, rice flour, thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)  |  |  |  |
| Menu 3  | VEG EY                    | Wok fried turmeric tofu with vegetable and saffron bulgur   | ( <b>tofu</b> , <b>cream, soya sauce</b> , lemon grass, ginger, turmeric, saffron, <b>bulgur</b> )   |  |  |  |
| Menu AF*  |                           | Baked beef with provencal herbs and rice  | (beef meat, rice flour, thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)  |  |  |  |
| Salad   | VEG                       | Bulgur salad with olives and cheese   | ( bulgur , capers, olives, lettuce, dried tomatoes, garlic, basil, olive oil, balkan cheese )  |  |  |  |
| Sandwich  | VEG                       | Baguette with cheese and salad  | ( baguette, soft cheese, butter, gouda, ermine cheese, mozzarella , lettuce)   |  |  |  |
| Tuesd   | Tuesday                   |   |  |  |  |  |
| Soup  | VEG                       | Cream of mushrooms  | ( <b>cream</b> , mushrooms, onion, <b>flour</b> , thyme)   |  |  |  |
| Menu 1  | EY                        | Chicken risotto with vegetable, cheese and gherkin  | (chicken meat, rice, onion, carrot, pea, corn, <b>celery, cheese,</b> tomato purée, ground<br>paprika, gherkin)  |  |  |  |
| Menu 2  |                           | Turkey cubes with herbs, peppers and crushed potatoes   | (turkey meat <b>, butter</b> , peppers, onion, garlic, marjoram, potato starch, potatoes, dill )   |  |  |  |
| Menu 3  | VEG EY                    | Sweet potatoes curry with pea pods and rice   | (sweet potatoes, onion, string pea, olive oil, red curry, pepper, spice, tomatoes, <b>coconut</b><br>milk , chickpea, potato starch, rice)   |  |  |  |
| Menu AF*  |                           | Turkey cubes with herbs, peppers and crushed potatoes   | (turkey meat, oil, peppers, onion, garlic, marjoram, potatoe starch, potatoes, dill )  |  |  |  |
| Salad   | VEG                       | Pasta salad with baked vegetable and yoghurt  | ( pasta, yoghurt, zucchini, carrot, herbs, onion, pepper)  |  |  |  |
| Sandwich  |                           | Chef's tortilla   | ( tortilla , lettuce, egg , ham, cheese, yoghurt , tomato purée, tomatoes)   |  |  |  |
| Wedn  | esday                     |   |  |  |  |  |
| Soup  |                           | Garlic soup with bacon and egg  | (garlic, <b>celery,</b> carrot, parsley, beef meat, bacon, potatoes, <b>egg,</b> marjoram)   |  |  |  |
| Menu 1  | EY                        | Chicken nuggets with mashed potatoes and corn   | (chicken breast, flour, eggs, milk, breadcrumbs, butter, potatoes, corn)   |  |  |  |
| Menu 2  |                           | Segedin goulash with bread dumplings  | (pork meat, cabbage, onion, <b>flour, cream</b> , caraway seed, yeast, <b>eggs, bread, milk</b> )  |  |  |  |
| Menu 3  | VEG EY                    | Fruit dumplings with strawberries and cottage cheese  | (flour, yeast, egg, milk, cottage cheese , strawberries, sugar, butter )   |  |  |  |
| Menu AF*  |                           | Gyros mix with rice pilaf   | (turkey meat, pork meat, gyros spice, salt, oil, rice, herbs, onion, carrot, chickpea, ground paprika)   |  |  |  |
| Salad   |                           | Caesar salad with roastbeef   | (romaine lettuce, roastbeef, spice, <b>egg</b> , <b>bread</b> , <b>cheese, mayonnaise, anchovies,</b><br>mustard )   |  |  |  |
| Sandwich  | VEG                       | Sandwich Caprese  | (sandwich bread, tomatoes, basil, mozzarella)  |  |  |  |
|   |                           |   |  |  |  |  |
| Thurse  | lav                       |   |  |  |  |  |
|   | ay                        | Chicken consommé with noodles   | ( <b>celery</b> , carrot, parsley, <b>noodles</b> , chicken meat)  |  |  |  |
| Soup  | εγ                        | Chicken consommé with noodles<br>Meat balls with tomato sauce "rajská" and pasta  | ( <b>celery</b> , carrot, parsley, <b>noodles</b> , chicken meat)<br>(beef meat.pork meat. tomatoes. <b>celery</b> , bay leaves. suaar <b>, flour</b> , cinnamon, oil, rice)   |  |  |  |
| Soup<br>Menu 1  |                           |   | (beef meat,pork meat, tomatoes, <b>celery</b> , bay leaves, sugar <b>, flour</b> , cinnamon, oil, rice)  |  |  |  |
| Soup<br>Menu 1<br>Menu 2  |                           | Meat balls with tomato sauce "rajská" and pasta   | (beef meat,pork meat, tomatoes, <b>celery</b> , bay leaves, sugar <b>, flour</b> , cinnamon, oil, rice)<br>(tuna, herbs, milk, butter, potatoes, celery stalks, corn)  |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu 3  | EY                        | Meat balls with tomato sauce "rajská" and pasta<br>Baked tuna with mashed potatoes and steamed celery stalks with corn  | (beef meat,pork meat, tomatoes, <b>celery</b> , bay leaves, sugar <b>, flour</b> , cinnamon, oil, rice)  |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu 3<br>Menu AF*  | EY                        | Meat balls with tomato sauce "rajská" and pasta<br>Baked tuna with mashed potatoes and steamed celery stalks with corn<br>Paneer tikka masala with rice   | <ul> <li>(beef meat, pork meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, rice)</li> <li>(tuna, herbs, milk, butter, potatoes, celery stalks, corn)</li> <li>(paneer cheese, onion, garlic, yoghurt, vindaloo, pepper, tomatoes, cream, garlic, rice)</li> <li>(tuna, herbs, LF milk, potatoes, celery stalks, corn)</li> <li>(peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic,</li> </ul>  |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu 3<br>Menu AF*<br>Salad   | EY<br>VEG EY              | Meat balls with tomato sauce "rajská" and pasta<br>Baked tuna with mashed potatoes and steamed celery stalks with corn<br>Paneer tikka masala with rice<br>Baked tuna with mashed potatoes and steamed celery stalks with corn  | <ul> <li>(beef meat, pork meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, rice)</li> <li>(tuna, herbs, milk, butter, potatoes, celery stalks, corn)</li> <li>(paneer cheese, onion, garlic, yoghurt, vindaloo, pepper, tomatoes, cream, garlic, rice)</li> <li>(tuna, herbs, LF milk, potatoes, celery stalks, corn)</li> <li>(peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese, olive oil)</li> <li>(sandwich bread, pork meat, bbg sauce, cheddar cheese, tomato purée, worchester,</li> </ul>  |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu AF*<br>Salad<br>Sandwich   | EY<br>VEG EY<br>VEG       | Meat balls with tomato sauce "rajská" and pasta<br>Baked tuna with mashed potatoes and steamed celery stalks with corn<br>Paneer tikka masala with rice<br>Baked tuna with mashed potatoes and steamed celery stalks with corn<br>Mixed salad with sundried tomatoes  | <ul> <li>(beef meat, pork meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, rice)</li> <li>(tuna, herbs, milk, butter, potatoes, celery stalks, corn)</li> <li>(paneer cheese, onion, garlic, yoghurt, vindaloo, pepper, tomatoes, cream, garlic, rice)</li> <li>(tuna, herbs, LF milk, potatoes, celery stalks, corn)</li> <li>(peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese, olive oil)</li> </ul>  |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu 3<br>Menu AF*<br>Salad<br>Salad<br>Friday  | EY<br>VEG EY<br>VEG       | Meat balls with tomato sauce "rajská" and pasta<br>Baked tuna with mashed potatoes and steamed celery stalks with corn<br>Paneer tikka masala with rice<br>Baked tuna with mashed potatoes and steamed celery stalks with corn<br>Mixed salad with sundried tomatoes  | <ul> <li>(beef meat, pork meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, rice)</li> <li>(tuna, herbs, milk, butter, potatoes, celery stalks, corn)</li> <li>(paneer cheese, onion, garlic, yoghurt, vindaloo, pepper, tomatoes, cream, garlic, rice)</li> <li>(tuna, herbs, LF milk, potatoes, celery stalks, corn)</li> <li>(peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese, olive oil)</li> <li>(sandwich bread, pork meat, bbg sauce, cheddar cheese, tomato purée, worchester,</li> </ul>  |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu 3<br>Menu AF*<br>Salad<br>Salad<br>Salad<br>Friday<br>Soup   | EY<br>VEG EY<br>VEG       | Meat balls with tomato sauce "rajská" and pasta         Baked tuna with mashed potatoes and steamed celery stalks with corn         Paneer tikka masala with rice         Baked tuna with mashed potatoes and steamed celery stalks with corn         Mixed salad with sundried tomatoes         Sandwich with chopped pork meat and cheddar  | (beef meat, pork meat, tomatoes, <b>celery</b> , bay leaves, sugar, <b>flour</b> , cinnamon, oil, rice)<br><b>(tuna,</b> herbs, <b>milk, butter</b> , potatoes, <b>celery stalks,</b> corn)<br><b>(paneer cheese</b> , onion, garlic, <b>yoghurt</b> , vindaloo, pepper, tomatoes, <b>cream</b> , garlic, rice)<br><b>(tuna,</b> herbs, LF milk, potatoes, <b>celery stalks,</b> corn)<br><b>(peppers,</b> iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic,<br><b>parmesan cheese</b> , olive oil)<br><b>(sandwich bread</b> , pork meat, bbq sauce, <b>cheddar cheese</b> , tomato purée, <b>worchester</b> ,<br>smoked salt)  |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu AF*<br>Salad<br>Sandwich<br>Friday<br>Soup<br>Menu 1   | EY<br>VEG EY<br>VEG       | Meat balls with tomato sauce "rajská" and pasta Baked tuna with mashed potatoes and steamed celery stalks with corn Paneer tikka masala with rice Baked tuna with mashed potatoes and steamed celery stalks with corn Mixed salad with sundried tomatoes Sandwich with chopped pork meat and cheddar Goulash soup   | (beef meat, pork meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, rice) (tuna, herbs, milk, butter, potatoes, celery stalks, corn) (paneer cheese, onion, garlic, yoghurt, vindaloo, pepper, tomatoes, cream, garlic, rice) (tuna, herbs, LF milk, potatoes, celery stalks, corn) (peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese, olive oil) (sandwich bread, pork meat, bbq sauce, cheddar cheese, tomato purée, worchester, smoked salt) (beef meat, garlic, marjoram, flour, cumin, ground pepper)   |  |  |  |
| Thurso<br>Soup<br>Menu 1<br>Menu 2<br>Menu 3<br>Menu 4F*<br>Salad<br>Sandwich<br>Friday<br>Soup<br>Menu 1<br>Menu 1<br>Menu 2<br>Menu 3 | EY<br>VEG EY<br>VEG       | Meat balls with tomato sauce "rajská" and pasta         Baked tuna with mashed potatoes and steamed celery stalks with corn         Paneer tikka masala with rice         Baked tuna with mashed potatoes and steamed celery stalks with corn         Mixed salad with sundried tomatoes         Sandwich with chopped pork meat and cheddar         Goulash soup         Beef with creamy vegetable "svíčková" sauce and bread dumplings   | (beef meat, pork meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, rice)<br>(tuna, herbs, milk, butter, potatoes, celery stalks, corn)<br>(paneer cheese, onion, garlic, yoghurt, vindaloo, pepper, tomatoes, cream, garlic, rice)<br>(tuna, herbs, LF milk, potatoes, celery stalks, corn)<br>(peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic,<br>parmesan cheese, olive oil)<br>(sandwich bread, pork meat, bbq sauce, cheddar cheese, tomato purée, worchester,<br>smoked salt)<br>(beef meat, garlic, marjoram, flour, cumin, ground pepper)<br>(beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, egg)   |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu AF*<br>Salad<br>Sandwich<br>Friday<br>Soup<br>Menu 1<br>Menu 2   | EY<br>VEG EY<br>VEG<br>EY | Meat balls with tomato sauce "rajská" and pasta         Baked tuna with mashed potatoes and steamed celery stalks with corn         Paneer tikka masala with rice         Baked tuna with mashed potatoes and steamed celery stalks with corn         Mixed salad with sundried tomatoes         Sandwich with chopped pork meat and cheddar         Goulash soup         Beef with creamy vegetable "svíčková" sauce and bread dumplings         Baked chicken leg with mashed potatoes  | (beef meat, pork meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, rice)         (tuna, herbs, milk, butter, potatoes, celery stalks, corn)         (paneer cheese, onion, garlic, yoghurt, vindaloo, pepper, tomatoes, cream, garlic, rice)         (tuna, herbs, LF milk, potatoes, celery stalks, corn)         (peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese, olive oil)         (sandwich bread, pork meat, bbq sauce, cheddar cheese, tomato purée, worchester, smoked salt)         (beef meat, garlic, marjoram, flour, cumin, ground pepper)         (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, egg)         (chicken leg, onion, butter, flour, consommé, garlic, herbs, salt, potatoes, milk)   |  |  |  |
| Soup<br>Menu 1<br>Menu 2<br>Menu 3<br>Menu 4F*<br>Salad<br>Sandwich<br>Friday<br>Soup<br>Menu 1<br>Menu 2<br>Menu 3                     | EY<br>VEG EY<br>VEG<br>EY | Meat balls with tomato sauce "rajská" and pasta         Baked tuna with mashed potatoes and steamed celery stalks with corn         Paneer tikka masala with rice         Baked tuna with mashed potatoes and steamed celery stalks with corn         Mixed salad with sundried tomatoes         Sandwich with chopped pork meat and cheddar         Goulash soup         Beef with creamy vegetable "svíčková" sauce and bread dumplings         Baked chicken leg with mashed potatoes         Vegetable-beans stew with nachos | (beef meat, pork meat, tomatoes, celery, bay leaves, sugar, flour, cinnamon, oil, rice)         (tuna, herbs, milk, butter, potatoes, celery stalks, corn)         (paneer cheese, onion, garlic, yoghurt, vindaloo, pepper, tomatoes, cream, garlic, rice)         (tuna, herbs, LF milk, potatoes, celery stalks, corn)         (peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese, olive oil)         (sandwich bread, pork meat, bbg sauce, cheddar cheese, tomato purée, worchester, smoked salt)         (beef meat, garlic, marjoram, flour, cumin, ground pepper)         (beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, egg)         (chicken leg, onion, butter, flour, consommé, garlic, herbs, salt, potatoes, milk)         (onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, corn nachos) |  |  |  |





fresh tasty by Zátiší Group

\* suitable for intolerance to three main allergens (gluten, lactose and eggs)

23.6. - 27.6. 2025

| Mond                 | ay         |  |   |
|----------------------|------------|--|---|
| Soup                 | VEG        | Tomato with basil  | (tomato, basil, carrot, onion, dried tomatoes, garlic, celery)  |
| Menu 1               | EY         | Wok fried turmeric chicken with rice                       | (chicken meat, cream, lemongrass, garlic, fish sauce, oyster sauce, turmeric, sesame<br>oil, rice)                  |
| Vienu 2              |            | Grilled pork cutlet with crushed potatoes and pea          | (pork meat, onion, herbs, potatoes <b>, milk, butter,</b> green pea)  |
| Menu 3               | VEG EY VEG | Cantonese rice with vegetables and egg                     | (rice, egg, leek, peppers, spring onion, zucchini, carrot, soya sauce)  |
| Menu AF*             |            | Grilled pork cutlet with crushed potatoes and pea          | (pork meat, onion, herbs, potatoes, LF milk, green pea )  |
| Salad                | VEG        | Nicoise  | (potatoes, beans pods, olives, tomatoes, parsley)   |
| Sandwich             |            | Baguette with ham, cheese and egg                          | ( baguette , pork ham, cheese, eggs , tomato, soft cheese )   |
| Tuesda               | ay         |  |   |
| oup                  |            | Chicken consommé with vegetable                            | (carrot, parsley, <b>celery</b> , onion, <b>eggs</b> , chicken meat)  |
| vlenu 1              |            | Beef goulash with bread dumplings                          | (beef meat, <b>flour</b> , onion, ground paprika, garlic, marjoram, <b>egg, milk,</b> yeast <b>, bread</b> )        |
| 1enu 2               | EY         | Turkey meatloaf with mashed potatoes and steamed vegetable | (turkey meat, onion, garlic, marjoram, <b>eggs, breadcrumb, flour</b> , potatoes, <b>milk, butter</b> , veaetable ) |
| /lenu 3              | VEG EY VEG | Pumpkin frittata with spinach                              | (pumpkin, garlic, <b>balcan cheese, egg, cream, milk</b> )  |
| ∕lenu AF*            |            | Moroccan chicken cubes with green olives and rice          | (chicken meat, peeled tomatoea, green olives, onion, lemon, ginger, cinnamon, rice)                                 |
| alad                 |            | Chef's salad   | (lettuce, tomato, cucumber, ham, egg, cheese, bread, yoghurt, tomato purée,<br>mayonnaise)                          |
| andwich              | VEG        | Baguette with basil pesto, tomatoes and mozzarella         | ( <b>baguette, mozzarella</b> , tomatoes, basil, <b>parmesan cheese</b> , garlic)                                   |
| Wedne                | esdav      |  |   |
| oup                  | VEG        | Oyster mushrooms soup                                      | (onion, oyster mushroom, garlic, ground paprika, marjoram)  |
| 1enu 1               | EY         | Baked pork with creamy red paprika sauce and pasta         | (pork meat, onion, <b>butter</b> , ground paprika, <b>flour, cream</b> , herbs, <b>pasta, egg</b> )                 |
| 1enu 2               |            | Creamy potato bake with chicken meat and spinach           | (potatoes, chicken meat, spinach, cream, garrlic, starch, spring onion, nutmeg)                                     |
| /lenu 3              | VEG EY VEG | Lentil and cauliflower dhal with rice                      | (lentils, rice, cauliflower, onion, garlic, vindaloo, tomato, coriander, rice)                                      |
| vlenu AF*            |            | Lentil and cauliflower dhal with baked potatoes            | (lentils, rice, cauliflower, onion, garlic, vindaloo, tomato, coriander, potatoes)                                  |
| alad                 | VEG        | Mexican street corn salad "Esquites"                       | (corn, spring onion, pepper, mayonnaise, coriander, lime, garlic)   |
| andwich              |            | Baguette with roastbeef                                    | ( <b>baguette</b> , dried tomatoes, onion, <b>butter, mustard</b> , roastbeef, amazon spice,<br>horseradish)        |
| Thursd               | lav        |  |   |
| Soup                 | iay        |  |   |
| /enu 1               |            | LAST DAY OF TERM   |   |
| Лenu 2               |            |  |   |
| 1enu 3               |            |  |   |
| 1enu AF*             |            |  |   |
| alad                 |            |  |   |
| andwich              |            |  |   |
|                      |            |  |   |
| Friday               |            |  |   |
| lenu 1               |            |  |   |
| 1enu 2               |            |  |   |
| /lenu 2<br>/lenu 3   |            |  |   |
| Vienu 3<br>Vienu AF* |            |  |   |
|                      |            |  |   |
| alad                 |            |  |   |
| andwich              |            |  |   |





fresha

 $\ensuremath{^*}$  suitable for intolerance to three main allergens (gluten, lactose and eggs)