Deutsche Schule Prag

MENU 9. - 13. 11. 2026

MONDAY 09.11.2026

MENU		
Soup	Pumpkin and tomato soup 9	tomatoes, pumpkin, onion, oil, carrot, honey, celery, ginger, ground paprika, thyme, salt
Main course	Baked rabbit leg with vegetables 0	rabbit leg, white cabbage, zucchini, onion, carrot, bell pepper, sweetcorn, oil, salt
Side dish	Boiled potatoes 0	potatoes, salt
Fruit or vegetables	Freshly cut vegetables 0	bell pepper
Dessert or dairy product		
AFTERNOON SNACK	Czech sweet donut, plums 1, 3, 7	flour, milk, oil, yeast, quark, plum jam, sugar, plums

TUESDAY 10.11.2026

MENU		
Soup	Czech pea soup 0	split peas, onion, oil, garlic, marjoram, salt
Main course	Rosted beef with butter gravy 1, 7, 9	beef, onion, flour, carrot, celeriac, butter, oil, parsley, allspice, bay leaf, salt
Side dish	Egg barley pasta 1, 3	egg barley pasta (flour, eggs)
Fruit or vegetables	Freshly cut fruit	mandarin
Dessert or dairy product		
AFTERNOON SNACK	Croissant with ham and cheese, cucumber 1, 7	

WEDNESDAY 11.11.2026

MENU		
Soup	Cabbage soup with sausage and potatoes 7, 9, 10, 12	stock, sauerkraut, potatoes, smoked sausage, onion, cream, rice flour, oil, sugar, ground paprika, garlic, spices
Main course	Fish fingers with steamed pea 1, 3, 4, 7	tilapia, peas, breadcrumbs, oil, milk, flour, eggs, butter, spices
Side dish	Mashed potatoes 7	potatoes, milk, butter, salt
Fruit or vegetables	Freshly cut vegetables 0	cucumber
Dessert or dairy product		
AFTERNOON SNACK	Bread roll, cream cheese, banana 1, 7	

THURSDAY 12.11.2026

MENU		
Soup	Beef consommé with noodles 1, 3, 9	noodles (flour, eggs), beef stock, carrot, beef, celeriac, parsley root, onion, parsley, allspice, bay leaf, spices
Main course	Beef svíčková - sirloin in creamy root-vegetable sauce 1, 7, 9, 10	beef, carrot, onion, cream, cranberries, parsley root, celeriac, sugar, oil, mustard, rice flour, butter, lemon, allspice, bay leaf, thyme, spices
Side dish	Bread dumplings	flour, milk, yeast, bread, egg
Fruit or vegetables	Freshly cut vegetables 0	pear
Dessert or dairy product	Homemade quark dessert 7	milk, crea… sugar, lemon
AFTERNOON SNACK	Baguette, mozzarella, tomatoes 1, 3, 7	

FRIDAY 13.11.2026

MENU		
Soup	Cauliflower cream with egg 1, 3, 7	potatoes, cream, onion, carrot, flour, cauliflower, milk, egg, oil, butter, chives, caraway, salt
Main course	Chicken risotto "Bolognese" 9	tomatoes, chicken, rice, tomato purée, onion, carrot, sugar, oil, celery, cloves, bay leaf, spices
Side dish	Mashed potatoes 7	potatoes, butter, milk
Fruit or vegetables	Freshly cut vegetables 0	carrot
Dessert or dairy product		
AFTERNOON SNACK	Wholemeal muffin with raisins, apple 1, 7	flour, sugar, oa… eggs, baking powder, raisins, flaxseeds, pumpkin seeds

ALLERGENS

