

## Monday

Soup	VEG	Potato cream with vegetable	(potatoes, carrot, onion, <b>celery, cream</b> , oil, <b>butter</b> , parsley, mace)
Main 1	EY	Chicken stir fry with vegetables and rice	(chicken breast, carrot, pak choi, spring onion, garlic, onion, <b>soya sauce, sesame oil</b> , rice)
Main 2		Ham with mashed potatoes and green pea	(ham, <b>butter</b> , green pea, potatoes, <b>milk</b> )
Main 3	VEG	Potato cones with poppy seeds and sugar	(potatoes, <b>flour, milk, egg</b> , poppy seeds, sugar, <b>butter</b> )
MENU DIET*		Ham with crushed potatoes and green pea	(ham, pea, green potatoes, LF milk)
Salad	VEG	Bulgur salad with olives and balkan cheese	( <b>bulgur</b> , capers, olives, lettuce, dried tomatoes, garlic, basil, olive oil, <b>balkan cheese</b> )
Sandwich	VEG	Baguette with cheese and salad	( <b>baguette, soft cheese, butter, gouda, ermine cheese, mozzarella</b> , lettuce)

## Tuesday

Soup		Chicken consommé with tarhoňa pasta	(chicken meat, <b>celery</b> , carrot, parsley, garlic, salt, pepper, bay leaf, all spice <b>tarhoňa pasta</b> )
Main 1	EY	Gnocchi Amatriciana	( <b>gnocchi</b> , onion, parsley, bacon, tomatoes, olive oil)
Main 2		Chicken leg with vegetables and rice	(chicken leg, carrot, cabbage, onion, zucchini, peppers, corn, rice)
Main 3	VEG	Creamy dill sauce with egg and bread dumplings	( <b>egg, milk</b> , onion, rice flour, dill, sugar, <b>celery</b> , vinegar, <b>cream, flour, yeast, bread</b> )
MENU DIET*		Chicken leg with vegetables and rice	(chicken leg, carrot, cabbage, onion, zucchini, peppers, corn, rice)
Salad	VEG	Pasta salad with baked vegetable and yoghurt	( <b>pasta, yoghurt</b> , zucchini, carrot, herbs, onion, pepper)
Sandwich		Chef's tortilla	( <b>tortilla</b> , lettuce, <b>egg</b> , ham, <b>cheese, yoghurt</b> , tomato purée, tomatoes)

## Wednesday

Soup	VEG	Cauliflower soup with vegetable	(cauliflower, onion, potatoes, carrot, parsley, salt)
Main 1		Chilli con carne with nachos	(beef meat, beans, onion, tomatoes, garlic, coriander, corn nachos)
Main 2	EY	Roast pork with mushroom sauce, crushed potatoes	(pork meat, thyme, garlic, mushrooms, salt, oil, <b>cream</b> , potatoes, <b>butter</b> , onion)
Main 3	VEG	Baked potatoes with broccoli and cauliflower	(potatoes, broccoli, cauliflower, <b>cream, edam cheese</b> , potato starch, nutmeg, salt, pepper)
MENU DIET*		Chilli con carne with rice	(beef meat, beans, onion, tomatoes, garlic, coriander, rice)
Salad		Caesar salad with grilled chicken	(romaine lettuce, chicken meat, spice, <b>egg</b> , <b>croutons</b> , <b>parmesan cheese, mayonnaise, anchovies, mustard</b> )
Salad	VEG	Sandwich Caprese	( <b>sandwich bread</b> , tomatoes, basil, <b>mozzarella</b> )

## Thursday

Soup	VEG	Czech kulajda	(potatoes, onion, sugar, mushrooms, dill, salt, <b>milk</b> , rice flour, vinegar, oil, <b>cream, egg</b> )
Main 1	VEG EY	Pasta with tomato-basil sauce, parmesan cheese	(pasta, oil, tomatoes, onion, garlic, basil, <b>parmesan cheese</b> )
Main 2	EY 2	White fish with herbs pesto, green pea purée and steamed vegetables	( <b>white fish</b> , herbs, olive oil, lemon juice, bean pods, corn, cauliflower, <b>butter</b> , pea)
Main 3	VEG	Cauliflower patties with yoghurt dip and crushed potatoes	(cauliflower, <b>egg, breadcrumbs</b> , olive oil, <b>flour, milk</b> , turmeric, cumin, lemon, parsley, <b>white yoghurt</b> , potatoes, <b>butter</b> )
MENU DIET*	VEG	GF pasta with tomato-basil sauce	(GF pasta, oil, tomatoes, onion, garlic, basil)
Salad	VEG	Mixed salad with sundried tomatoes	(peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, <b>parmesan cheese</b> , olive oil)
Sandwich		Sandwich with chopped pork meat and cheddar	( <b>sandwich bread</b> , pork meat, bbq sauce, <b>cheddar cheese</b> , tomato purée, <b>worchester</b> , smoked salt)

## Friday

Soup		Beef consommé with meat and noodles	( <b>pasta</b> , parsley, <b>celery</b> , garlic, onion, bean pods, beef meat, bay leaf, all spice, salt, pepper, carrot, oil)
Main 1	EY	Chicken with creamy paprika sauce and pasta	(chicken meat, <b>cream</b> , onion, rice flour, oil, <b>butter</b> , salt, <b>pasta</b> )
Main 2		Pork schnitzel with mashed potatoes and gherkin	(pork meat, <b>breadcrumbs, egg, flour</b> , oil, salt, pepper, potatoes, <b>milk, butter</b> , gherkin)
Main 3	VEG	Frittata with leek, zucchini and salad	(potatoes, basil, garlic, zucchini, leek, tomatoes, lettuce, lollo rosso salad, rucola, <b>cream, egg</b> )
MENU DIET*		Chicken with paprika sauce and GF pasta	(chicken meat, onion, rice flour, oil, salt, GF pasta)
Salad	VEG	Greek salad	(pepper, olives, cucumber, olive oil, tomatoes, <b>feta cheese</b> )
Sandwich		Baguette with chicken meat, camembert and lettuce	( <b>baguette</b> , chicken meat, <b>mayonnaise, soft cheese</b> , lettuce, <b>camember</b> )

\* suitable for intolerance to three main allergens (gluten, lactose and eggs)



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## Monday

Soup		Chicken consommé with meat, vegetables and noodles	(cauliflower, parsley, broccoli, carrot, chicken meat, onion, <b>celery</b> , salt, garlic, all spice, peper, bay leaf, oil, <b>noodles</b> )
Main 1	<b>EY</b>	Indian butter chicken curry with rice	(chicken, garlic, sugar, <b>yoghurt</b> , spices, ginger, <b>butter</b> , <b>milk</b> , oil, tikka masala paste, tomato paste, <b>cream</b> , rice)
Main 2		Pork in carrots with mashed potatoes	(pork meat, onion, nutmeg, <b>milk</b> , rice flour, carrot, oil, potatoes, <b>butter</b> )
Main 3	<b>VEG</b>	Legumes ragout with pita bread	(tomatoes, <b>celery stalks</b> , carrot, chickpeas, onion, lentils, beans, oil, sugar, garlic, parsley, basil, salt, <b>pita bread</b> )
MENU DIET*		Pork in carrots with boiled potatoes	(pork meat, onion, nutmeg, rice flour, carrot, oil, potatoes)
Salad	<b>VEG</b>	Nicoise salad	(potatoes, beans pods, olives, tomatoes, parsley)
Sandwich		Baguette with ham, cheese and egg	( <b>baguette</b> , pork ham, <b>cheese</b> , <b>eggs</b> , tomato, <b>soft cheese</b> )

## Tuesday

Soup	<b>VEG</b>	Cream of mushrooms	(mushrooms, cumin, oil, <b>butter</b> , rice flour, <b>milk</b> , <b>cream</b> , salt, potatoes, thyme)
Main 1	<b>VEG EY</b>	Gnocchi pomodoro with basil	( <b>gnocchi</b> , garlic, basil, onion, salt, olive oil, crushed tomatoes, <b>parmesan cheese</b> )
Main 2	<b>EY 2</b>	Chinese noodles with chicken meat, vegetables and egg	( <b>noodles</b> , chicken meat, coriander, <b>celery stalks</b> , garlic, onion, spring onion, carrot, oil, <b>soya sauce</b> , <b>fish sauce</b> , <b>oyster sauce</b> , <b>peppers</b> , leek, pak choi, cabbage, <b>soya sprouts</b> , ginger)
Main 3	<b>VEG</b>	Gnocchi pomodoro with basil	( <b>gnocchi</b> , garlic, basil, onion, salt, olive oil, crushed tomatoes, <b>parmesan cheese</b> )
MENU DIET*		Beef with herbs sauce and rice	(beef meat, onion, rosemary, thyme, oil, rice)
Salad		Chef's salad	(lettuce, tomato, cucumber, ham, <b>egg</b> , <b>cheese</b> , <b>bread</b> , <b>yoghurt</b> , tomato purée, <b>mayonnaise</b> )
Sandwich	<b>VEG</b>	Baguette with basil pesto, tomatoes and mozzarella	( <b>baguette</b> , <b>mozzarella</b> , tomatoes, basil, <b>parmesan cheese</b> , garlic)

## Wednesday

Soup		Beef consommé with meat, vegetables and egg	(beef meat, garlic, salt, pepper, bay leaf, all spice, onion, carrot, <b>celery</b> , parsley, <b>celery stalks</b> , <b>egg</b> , <b>milk</b> )
Main 1	<b>EY</b>	Baked cod with herbs and crushed potatoes	( <b>cod</b> , basil, parsley, olive oil, potatoes, <b>milk</b> )
Main 2		Smoked pork with creamy spinach and potato dumplings	(smoked pork meat, spinach, garlic, onion, <b>flour</b> , <b>cream</b> , potatoes, <b>egg</b> )
Main 3	<b>VEG</b>	Vegetarian paella	(rice, tomatoes, bell pepper, oil, carrot, salt, saffron, pepper, onion, garlic, <b>celery</b> , thyme, parsley, rosemary)
MENU DIET*		Baked cod with herbs and LF crushed potatoes	( <b>cod</b> , basil, parsley, green pea, olive oil, potatoes, LF milk)
Salad	<b>VEG</b>	Esquites Mexican Street corn Salad	(corn, spring onion, pepper, <b>mayonnaise</b> , coriander, lime, garlic)
Salad		Baguette with roastbeef	(dried tomatoes, onion, <b>butter</b> , <b>mustard</b> , roastbeef, amazon spice, horseradish, <b>baguette</b> )

## Thursday

Soup	<b>VEG</b>	Potato soup with barley groats	(potatoes, <b>celery</b> , onion, cumin, garlic, <b>barley groats</b> , marjoram, <b>butter</b> , <b>flour</b> , carrot, oil, salt, pepper, mushrooms, broccoli)
Main 1	<b>EY</b>	Chicken gyros, tzatziki, baked potatoes	(chicken meat, cucumber, dill, garlic, yogurt, gyros spice, salt, oil, potatoes, oil)
Main 2		Baked pork with bacon and bread dumplings	(pork, onion, <b>flour</b> , bacon, <b>mustard</b> , oil, <b>bread</b> , <b>flour</b> , <b>egg</b> , yeast, <b>milk</b> )
Main 3	<b>VEG</b>	Jamie's Oliver vegetable curry with rice	(zucchini, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk, rice)
MENU DIET*		Jamie's Oliver vegetable curry with rice	(zucchini, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk, rice)
Salad		Kenya beans salad	(sweet corn, spring onion, bacon, garlic, pepper, lettuce)
Sandwich		Wrap with chicken meat and vegetables	( <b>tortilla</b> , chicken, cucumber, iceberg lettuce, <b>white yogurt</b> , <b>fresh cheese</b> "lučina", <b>mayonnaise</b> , tzatziki seasoning, grill seasoning, salt, pepper)

## Friday

Soup	<b>VEG</b>	Vegetable cream with croutons	(oil, carrot, <b>celery</b> , onion, parsley, zucchini, <b>celery stalks</b> , salt, pepper, <b>milk</b> , <b>cream</b> , <b>butter</b> , leek, rice flour, <b>croutons</b> )
Main 1	<b>EY</b>	Turkey goulash with pasta	(turkey meat, <b>flour</b> , <b>cream</b> , ground paprika, onion, <b>pasta</b> )
Main 2		Lasagne with chicken ragout á la bolognese	( <b>pasta</b> , basil, <b>celery</b> , onion, chicken meat, nutmeg, <b>butter</b> , <b>milk</b> , carrot, tomatoes, <b>cream</b> , <b>cheese</b> )
Main 3	<b>VEG</b>	Sweet potatoes frittata with spinach and ricotta cheese	(sweet potatoes, <b>ricotta cheese</b> , spinach, <b>egg</b> , <b>cream</b> , herbs)
MENU DIET*		Turkey goulash with rice	(turkey meat, rice flour, ground paprika, onion, rice)
Salad	<b>VEG</b>	Poke salad with fava beans and pickled vegetables	(sushi rice, vinegar, fava beans, pumpkin, carrot, cucumber, radicchio lettuce, sprouts, lime)
Sandwich	<b>VEG</b>	Egg sandwich	( <b>sandwich bread</b> , <b>eggs</b> , <b>mayonnaise</b> , chives)

\* suitable for intolerance to three main allergens (gluten, lactose and eggs)



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## Monday

Soup	VEG	Chickpea and tomato soup	(chickpea, onion, garlic, chilli, oil, pepper, tomatoes, salt, romaine cumin)
Main 1	EY	Turkey with creamy vegetable "svíčková" sauce and bread dumplings	(turkey meat, thyme, bay leaf, carrot, <b>celery, flour, butter</b> , all spice, oil, <b>mustard</b> , lemon, <b>cream, bread</b> , yeast, <b>milk, egg</b> )
Main 2	EY 2	Pasta with tuna in tomato sauce	( <b>pasta, tuna</b> , tomatoes, onion, garlic, basil, <b>parmesan cheese</b> )
Main 3	VEG	Stir fried vegetables with tofu and cous cous	(bamboo sprouts, <b>tofu</b> , coriander, zucchini, onion, garlic, carrot, ginger, <b>cous cous</b> )
MENU DIET*		GF pasta with tuna in tomato sauce	(GF pasta, <b>tuna</b> , tomatoes, onion, garlic, basil)
Salad	VEG	Pipirrana Salad	(peppers, red onion, cucumbers, tomatoes, olive oil, herbs, )
Sandwich	VEG	Veggie New Yorker sandwich	( <b>sandwich bread</b> , carrot, rucola, gherkin, red cabbage, <b>mayonnaise, mustard</b> , vinegar, <b>cheddar cheese</b> )

## Tuesday

Soup	VEG	Vegetable minestrone	(tomatoes, zucchini, potatoes, onion, celery, carrot, green beans, oil, garlic, basil, bay leaf, pepper, salt)
Main 1		Turkey paprikash with pasta	(turkey meat, <b>pasta</b> , garlic, onion, ground paprika, rice flour, pepper, tomato pureé, <b>sour cream</b> )
Main 2	EY	Grilled chicken breast with bulgur with dried tomatoes	(chicken meat, olive oil, spice, <b>bulgur</b> , dried tomatoes)
Main 3	VEG	Spinach frittata with potatoes and cream, salad	(potatoes, spinach, <b>cream, eggs</b> , onion, garlic, <b>cheddar cheese</b> , pepper, tomato, cucumber, lettuce)
MENU DIET*		Grilled chicken breast with crushed potatoes, baby carrot and bean pods	(chicken meat, olive oil, spice, bean pods, potatoes, LF milk, onion)
Salad	VEG	Beluga lentil with tofu and vegetable	(beluga lentil, red lentil, onion, pepper, gherkin, herbs, <b>tofu</b> , dried tomatoes, capers)
Sandwich		Baguette with tuna, egg and lettuce	( <b>baguette, butter, tuna, egg</b> , lettuce, spring onion )

## Wednesday

Soup	VEG	Semolina soup with egg	(carrot, <b>celery</b> , parsley, <b>semolina, egg, butter</b> , oil, salt)
Main 1	EY	Gnocchi with chicken meat in creamy spinach sauce	( <b>gnocchi</b> , chicken meat, spinach, <b>cream, parmesan cheese</b> )
Main 2		Pork curry with vegetables, coconut milk and rice	(coriander, spring onion, lemon juice, sugar, garam masala, turmeric, tandori masala, ginger, <b>butter</b> , coconut milk, carrot, oil, <b>sesame oil, soya sauce, cream, soya beans</b> , pork meat, bamboo sprouts, rice)
Main 3	VEG	Peperonata with pita bread	(basil, garlic, onion, salt, oil, peppers, crushed tomatoes, <b>pita bread</b> )
MENU DIET*		Peperonata with rice	(basil, garlic, onion, salt, oil, peppers, crushed tomatoes, rice)
Salad	VEG	Mix of leaf salads with sundried tomatoes, mozzarella and balsamico	(iceberg lettuce, rucola, red chard, romaine lettuce, chicory, olives, capers, <b>mozzarella</b> , balsamico)
Salad		Sandwich with paprika chicken and bacon	( <b>sandwich bread</b> , chicken breast, bacon, <b>spread butter</b> , ground paprika, lettuce)

## Thursday

Soup	VEG	Carrot and pumpkin soup with herbs	(carrot, pumpkin, rice flour, <b>cream</b> , onion, watercress, lemon juice, sugar, salt, pepper, <b>butter, milk</b> )
Main 1		Beef goulash with bread dumplings	(beef meat, <b>flour</b> , onion, ground paprika, garlic, marjoram, <b>egg, milk</b> , yeast, <b>bread</b> )
Main 2	EY	Chicken breast with steamed vegetables and crushed potatoes	(chicken meat, spice, <b>butter</b> , potatoes, onion, oil, carrot, green pea)
Main 3	VEG	Germknödel with plum jam, vanilla cream, poppy seeds and sugar	( <b>flour, egg</b> , yeast, <b>milk, cream, butter</b> , plum jam, vanilla, poppy seeds, sugar)
MENU DIET*		Beef goulash with GF pasta	(garlic, onion, beef meat, cumin, ground paprika, salt, pepper, rice flour, oil, tomato puree, GF pasta)
Salad		Caesar salad with eggs and croutons	(romaine lettuce, spice, <b>egg, bread, cheese, mayonnaise, anchovies, mustard</b> )
Sandwich	VEG	Sandwich with grilled vegetables and hummus	( <b>sandwich bread</b> , zucchini, peppers, aubergine, chickpea, coriander, lemon, garlic, <b>tahini sesame paste</b> , herbs)

## Friday

Soup	VEG	Chicken consommé with vegetables, meat and fried green peas	(chicken meat, cauliflower, spice, onion, garlic, carrot, <b>celery</b> , parsley, broccoli, green pea)
Main 1	EY	Holland schnitzel with mashed potatoes and gherkin	(pork, meat, <b>egg, gouda cheese</b> , marjoram, <b>breadcrumbs</b> , oil, potatoes, <b>milk, butter</b> )
Main 2		Creamy potato bake with chicken meat and cheese	(potatoes, garlic, chicken meat, oil, <b>cream, edam cheese</b> )
Main 3	VEG	Aubergine masala with rice	(aubergine, coriander, onion, star anise, bay leaf, cardamom, cinnamon, crushed tomatoes, oil, <b>cream</b> , rice)
MENU DIET*		Aubergine masala with rice	(aubergine, coriander, onion, star anise, bay leaf, cardamom, cinnamon, crushed tomatoes, oil, rice)
Salad	VEG	Pasta salad with vegetable and broccoli pesto	( <b>pasta</b> , broccoli, olive oil, dried tomatoes, basil, cherry tomatoes, <b>parmesan cheese</b> )
Sandwich		Tortilla with roastbeef and red cabbage coleslaw salad	( <b>tortilla</b> , roastbeef, red cabbage, carrot, <b>mayonnaise, yoghurt</b> )

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## Monday

Soup	VEG	Farmer's soup with egg	(carrot, onion, <b>celery</b> , leek, zucchini, parsley, oil, <b>egg</b> )
Main 1	EY	Chicken stroganoff, jasmine rice	(chicken, leek, potato starch, pepper, salt, <b>cream</b> , ketchup, tomatoes, cucumber, mushrooms, onion, <b>butter</b> , oil)
Main 2		Grilled pork with bean pods and crushed potatoes with onion	(pork meat, oil, <b>butter</b> , bean pods, potatoes, <b>milk</b> , onion)
Main 3	VEG	Ratatouille with herb cous cous	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion, <b>cous cous</b> )
MENU DIET*		Ratatouille with rice	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion, rice)
Salad	VEG	Tabbouleh salad	( <b>bulgur</b> , cucumber, tomatoes, spring onion, parsley, lemon juice, salt, olive oil)
Sandwich		Sandwich with Prague ham, egg and gherkin	( <b>sandwich bread</b> , ham, <b>egg</b> , <b>cheese spread</b> , pickled cucumber, iceberg lettuce, creamy horseradish)

## Tuesday

Soup	VEG	Tomato soup with basil	(tomatoes, carrot, <b>celery</b> , onion, olive oil, basil, garlic)
Main 1	EY	Roast pork with potato dumplings and steamed cabbage	(pork meat, garlic, onion, cumin, cabbage, sugar, rice flour, vinegar, oil, potatoes, <b>egg</b> , flour)
Main 2		Baked cod with bulgur and butter vegetables	( <b>cod</b> , green pea, bean pods, corn, cauliflower, <b>butter</b> , <b>bulgur</b> )
Main 3	VEG	Creamy pasta bake with mushrooms	( <b>pasta</b> , <b>egg</b> , <b>cream</b> , <b>milk</b> , onion, mushrooms)
MENU DIET*		Baked cod with boiled potatoes and steamed vegetables	( <b>cod</b> , green pea, bean pods, corn, cauliflower, oil, potatoes)
Salad	VEG	Mix of leaves salad with egg	(iceberg lettuce, romaine lettuce, radicchio, red chard, tomatoes, <b>egg</b> , olive oil, lemon juice, salt, sugar)
Sandwich		Caesar sandwich with chicken	( <b>dark sandwich bread</b> , bacon, <b>egg</b> , chicken meat, romaine lettuce, spice, <b>mayonnaise</b> , <b>anchovies</b> , <b>mustard</b> )

## Wednesday

Soup	VEG	Zucchini cream	(zucchini, garlic, onion, <b>butter</b> , potatoes, basil)
Main 1		Grilled chicken with mashed potatoes and steamed vegetables	(chicken meat, rosemary, thyme, zucchini, carrot, olive oil, tomato purée, tomatoes, potatoes, <b>milk</b> , <b>butter</b> )
Main 2	EY	Turkey meatloaf with mashed potatoes and green pea	(turkey meat, onion, garlic, marjoram, <b>eggs</b> , <b>breadcrumbs</b> , flour, potatoes, <b>milk</b> , <b>butter</b> , vegetable)
Main 3	VEG	Thai vegetable curry with herbs cous cous	(broccoli, coriander, zucchini, pumpkin, salt, cauliflower, aubergine, coconut milk, carrots, oil, curry paste, <b>cous cous</b> , herbs)
MENU DIET*		Thai vegetable curry with jasmine rice	(broccoli, coriander, zucchini, pumpkin, salt, cauliflower, aubergine, coconut milk, carrots, oil, curry paste, rice)
Salad		Mix of leaves salad with chicken ham, cheese and honey dressing	(mix of leaves salad, <b>gouda</b> , <b>cheddar cheese</b> , chicken ham, cherry tomatoes, pomegranate, cranberries, <b>mustard</b> , honey)
Salad		BBQ chicken sandwich	( <b>sandwich bread</b> , bacon, <b>egg</b> , chicken meat, <b>cheddar cheese</b> , lettuce)

## Thursday

Soup		Lentil soup	(lentil, garlic, onion, marjoram, rice flour, vinegar, oil)
Main 1	EY	Meat balls with tomato sauce and pasta	(beef meat, pork meat, tomatoes, <b>celery</b> , bay leaves, sugar, flour, cinnamon, oil, <b>pasta</b> )
Main 2		Turkey sauté with vegetables and jasmine rice	(turkey meat, salt, potato starch, <b>soy sauce</b> , sweet chilli sauce, tomato paste, garlic, sugar, onion, carrot, leek, paprika, rice)
Main 3	VEG	Creamy potato bake vegetables and cheese	(potatoes, garlic, zucchini, nutmeg, carrot, cabbage, olive oil, <b>cream</b> , <b>edam cheese</b> )
MENU DIET*		Turkey sauté with vegetables and jasmine rice	(turkey meat, salt, potato starch, <b>soy sauce</b> , sweet chilli sauce, tomato paste, garlic, sugar, onion, carrot, leek, paprika, rice)
Salad	VEG	Chinese noodles salad	(rice noodles, chinese cabbage, white and red cabbage, spring onion, carrot, bamboo sprouts, corn)
Sandwich		Sandwich with smoked salmon and chives spread	( <b>sandwich bread</b> , <b>smoked salmon</b> , chives, <b>spread butter</b> )

## Friday

Soup	VEG	Vegetable consommé with pasta and vegetables	(broccoli, <b>celery</b> , pea, corn, cauliflower, carrot, oil, <b>pasta</b> )
Main 1	EY	Pasta with salmon in creamy sauce	( <b>pasta</b> , salmon, <b>cream</b> , <b>milk</b> , onion)
Main 2		Pork goulash with rice	(pork meat, tomatoes, onion, oil, sausage, rice flour, bacon, salt, pepper, ground paprika, rice)
Main 3	VEG	Cantonese rice with vegetables and eggs	(rice, <b>egg</b> , leek, peppers, spring onion, zucchini, carrot, <b>soya sauce</b> )
MENU DIET*		Pork goulash with rice	(pork meat, tomatoes, onion, oil, sausage, rice flour, bacon, salt, pepper, ground paprika, rice)
Salad	VEG	Tomato salad with egg	(tomatoes, <b>eggs</b> , spring onion, <b>mayonnaise</b> , white yoghurt)
Sandwich	VEG	Baguette with mozzarella, tomatoes and basil pesto	( <b>baguette</b> , chicken meat, <b>mayonnaise</b> , soft cheese, lettuce, <b>camember</b> )

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