

Monday

Soup	VEG	Carrot and sweet potatoes cream	(carrot, sweet potatoes, onion, butter, cream)
Main 1		Turkey goulash with pasta	(chicken breast, flour, cream , ground paprika, onion, pasta)
Main 2		Thai beef meat wih broccoli and rice	(beef meat, broccoli, garlic, soya sauce, fish sauce , potato starch, ginger, rice)
MENU VEG.	VEG	Aubergine-tomato masala with coriander cous cous	(onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, cous cous)
ALLERGY FREE*		Turkey goulash with rice	(chicken breast, rice flour, ground paprika, onion, rice)
PM Snack	VEG	Butter choco roll	(flour, milk , yeast, egg, chocolate , baking powder)
Salad	VEG	Salad with baked pumpkin and mozzarella	(pumpkin, carrot, buckwheat, raddicchio lettuce, mozzarella , olive oil, balsamico, honey)
Sandwich		Baguette with ham, cheese and egg	(baguette , pork ham, cheese, eggs , tomatoes, soft cheese)

Tuesday

Soup		Chicken consommé with pasta	(celery , carrot, onion, parsley, pasta , chicken meat)
Main 1		Indian chicken butter sauce curry with rice	(chicken breast, yoghurt , ginger, garlic, vindaloo, butter , garam masala, tomato purée, saffron, bay leaves, rice)
Main 2		Pork patties with cabbage, mashed potatoes and baby carrots	(pork meat, cabbage, onion, garlic, marjoram, egg, breadcrumb, flour , potatoes, milk, butter , vegetable)
MENU VEG.	VEG	Vegetable casseroles with roasted potatoes	(seasonal vegetable, red and white beans, herbs, potatoes)
ALLERGY FREE*		Vegetable casseroles with roasted potatoes	(seasonal vegetable, red and white beans, herbs, potatoes)
PM Snack	VEG	White or fruit yoghurt PARKLANE / Cottage cheese "přibináček"	(cottage cheese , cream , sugar, vanilla)
Salad		Pasta salad with chicken meat and fresh vegetables	(pasta, yoghurt, mayonnaise , chicken meat, cucumber, peppers, corn)
Sandwich	VEG	Baguette with olive pesto and mozzarella	(baguette , olives, mozzarella , rucola, basil, olive oil)

Wednesday

Soup	VEG	Red lentil and chickpea soup	(chickpea, red lentil, onion, peeled tomatoes, coriander)
Main 1		Chicken gyros with tzatziki and pita bread	(chicken meat, gyros spice, cucumber, cream, pita bread)
Main 2		Chinese twice cooked pork with rice	(pork meat, ginger, soya sauce, potato starch , onion, leek, pepper, rice)
MENU VEG.	VEG	Cauliflower patties with cheese, pumpkin purée and butter corn	(cauliflower, egg, breadcrumbs , herbs, cheddar cheese , corn, butter , pumpkin, potatoes, milk)
ALLERGY FREE*		Chicken gyros with rice pilaf	(chicken meat, gyros spice, rice, carrot, chickpea, spring onion, coriander)
PM Snack	VEG	Breadroll with egg spread	(" kaiserka " breadroll, egg, mayonnaise , parsley)
Salad		Poke salad with tuna and bean pods	(rice, rice vinegar, bean pods, baby spinach, tuna , cucumber, sprouts, lime)
Sandwich		BLT sandwich	(sandwich bread, mayonnaise , bacon, tomatoes, lettuce)

Thursday

Soup		Creamy turkey soup with vegetable	(turkey meat, celery , carrot, parsley, butter, flour, cream, milk)
Main 1		Beef stroganoff with rice	(beef meat, cream , tomato purée, onion, pepper, gherkin, mushrooms, potato starch, herbs, rice)
Main 2		White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber	(white fish , dried tomatoes, basil, potatoes, milk, butter cucumber, dill)
MENU VEG.	VEG	Spinach frittata with salad	(potatoes, spinach, cream, egg , onion, cheddar cheese)
ALLERGY FREE*		Pork risotto and gherkins	(pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)
PM Snack	VEG	Wholegrain kaiserka with cheese and cucumber	(breadroll " kaiserka ", butter, cheese , cucumber)
Salad	VEG	Tomato salad with peppers and avocado	(tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)
Sandwich		Reuben sandwich	(sandwich bread , roastbeef, mayonnaise, mustard , gherkins, cabbage, cheddar cheese)

Friday

Soup	VEG	Czech kulajda	(cream, eggs , onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour)
Main 1		Spaghetti Bolognese	(pasta , beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée, parmesan cheese)
Main 2		Roast pork with bread dumplings and cabbage	(pork meat, onion, flour , garlic, cumin, eggs , cabbage, sugar, bread , yeast, milk)
MENU VEG.	VEG	Palak paneer with rice	(paneer cheese , onion, spinach, garlic, cream , spice, herbs, rice)
ALLERGY FREE*		GF Spaghetti Bolognese	(GF pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée)
PM Snack	VEG	Cocoa cake with cottage cheese	(flour, egg, milk, cottage , sugar, cocoa, starch)
Salad		Potato salad with cream fresh, pea and smoked salmon	(potatoes, pea, cream fresh , capers, dill, smoked salmon)
Sandwich	VEG	Sandwich with baby spinach, cheddar cheese and egg	(sandwich bread, cheddar cheese, egg, butter)



Monday

Soup	VEG	Creamy tomato soup with tarhoňa pasta	(cream, tarhoňa pasta, garlic, onion, carrot, celery, peeled tomatoes, basil)
Main 1		Ham with mashed potatoes and green pea	(pork ham, potatoes, milk, butter, green pea)
Main 2		Hoisin beef with vegetable and chinese noodles	(beef meat, hoisin sauce, soybeans, yellow radish, onion, soya sprouts, potatoe starch, coriander)
MENU VEG.	VEG	Bulgureto with vegetable and cheese	(bulgur, carrot, celery, pea, corn, chickpea, cheese, crushed tomatoes)
ALLERGY FREE*		Baked turkey breast with thyme and rice	(turkey meat, thyme, onion, rice flour, herbs, rice)
PM Snack	VEG	Cottage cheese cake with raisins	(flour, egg, butter, milk, cottage cheese, baking powder, sugar, oil, raisins)
Salad	VEG	Cous cous salad with fresh vegetables	(cous cous, red peppers, cucumber, tomatoes, coriander, lemon)
Sandwich		Sandwich with smoked salmon and chives spread	(sandwich bread, smoked salmon, chives, spread butter)

Tuesday

Soup		Turkey consommé with noodles	(turkey, carrot, celery, onion, parsley, noodles)
Main 1		Risotto Bolognese	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot, parmesan cheese)
Main 2		Pork goulash with bread dumplings	(pork meat, flour, onion, ground paprika, garlic, marjoram, egg, milk, yeast, bread)
MENU VEG.	VEG	Greek zucchini cake with feta cheese and beetroot salad	(zucchini, onion, dill, cheese, butter, oil, egg, beetroot, salad)
ALLERGY FREE*		Roast chicken strips with vegetable and corn nachos	(chicken meat, beans, peppers, corn, rice)
PM Snack	VEG	White or fruit yoghurt PARK LANE / Peach yoghurt with honey	(yoghurt, honey, peach)
Salad	VEG	Avocado salad with cheese	(cucumber, avocado, cherry tomatoes, onion, lettuce, balkan cheese, soya sauce)
Sandwich		Club sandwich	(sandwich bread, iceberg lettuce, tomato, bacon, chicken meat, egg, mayonnaise)

Wednesday

Soup	VEG	Minestrone soup	(celery, onion, zucchini, carrot, tomato, olive oil)
Main 1		Holland schnitzel with mashed potatoes and gherkin	(pork meat, flour, egg, breadcrumbs, potatoes, milk, butter, gherkin)
Main 2		BBQ chicken leg with baked potatoes and coleslaw salad	(chicken meat, spice, BBQ sauce, oil, potatoes, carrot, cabbage, mayonnaise, mustard, vinaigrette)
MENU VEG.	VEG	Sweet buns with vanilla sauce	(flour, yeast, eggs, vanilla pudding, milk)
ALLERGY FREE*		Tuna rissoto	(tuna, rice, pea, corn, carrot, turmeric, spring onion, herbs)
PM Snack		Breadroll with ham and cucumber	(breadroll, ham, cucumber, spread butter)
Salad	VEG	Pasta salad with fresh vegetable, pesto and olives	(pasta, tomato, cucumber, pepper, dried tomatoes, basil, olive oil, garlic, olives)
Sandwich		Reuben sandwich with shredded pork	(sandwich bread, pork meat, mayonnaise, mustard, gherking, cabbage, cheddar cheese)

Thursday

Soup	VEG	Czech potato soup	(potatoes, celery, onion, garlic, cumin, marjoram, flour, carrot, mushrooms)
Main 1	VEG	Pasta with tomato-basil sauce	(pasta, cheese, oil, tomatoes, onion, garlic, basil)
Main 2		Pizza with ham and mushrooms	(flour, milk, yeast, tomatoes, oil, ham, mushrooms)
MENU VEG.	VEG	Broccoli patties with mashed potatoes and steamed corn	(broccoli, egg, breadcrumbs, herbs, cheddar cheese, corn, butter, potatoes, milk)
ALLERGY FREE*		GF pasta with tomato-basil sauce	(GF pasta, oil, tomatoes, onion, garlic, basil)
PM Snack	VEG	Cheesy "snail"	(flour, yeast, egg, milk, cheese)
Salad		Poke salad with smoked salmon and yellow radish	(sushi rice, smoked salmon, yellow radish, pea, red cabbage, lime, coriander, sprouts, lamb's lettuce)
Sandwich		Caesar wrap	(tortilla, romaine lettuce, spice gyros, chicken meat, eggs, parmesan cheese, mayonnaise, anchovies, mustard)

Friday

Soup	VEG	Lentil soup	(lentils, flour, onion, garlic, vinegar, marjoram)
Main 1		Beef with creamy vegetable "svičková" sauce and bread dumplings	(beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast, milk, egg)
Main 2		Jamie Oliver's turkey curry with rice	(turkey, zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
MENU VEG.	VEG	Israeli aubergine shakshuka with pita bread	(aubergine, cumin, garlic, olive oil, pepper, tomatoes, egg, mozzarella, pita bread)
ALLERGY FREE*		Jamie Oliver's turkey curry with rice	(turkey, zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
PM Snack	VEG	Raffaello cake (coconut cake)	(flour, egg, milk, cream, coconut, sugar, butter, baking powder)
Salad	VEG	Mix of leaves salad with radish, watercress and egg	(mix of leaves salad, radish, watercress, egg, carrot, sprouts)
Sandwich		Sandwich with roastbeef and smoked cheese	(sandwich bread, roastbeef, mayonnaise, mustard, gherkin, cheese, rucola)



Monday

Soup	VEG	Tomato with basil	(tomato, basil, carrot, onion, dried tomatoes, garlic, celery)
Main 1		Wok fried turmeric chicken with rice	(chicken meat, cream , lemongrass, garlic, fish sauce , oyster sauce , turmeric, sesame oil , rice)
Main 2		Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes, milk , butter , green pea)
MENU VEG.	VEG	Cantonese rice with vegetables and egg	(rice, egg , leek, peppers, spring onion, zucchini, carrot, soya sauce)
ALLERGY FREE*		Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes, LF milk, green pea)
PM Snack	VEG	Homemade apple strudel	(puff pastry , apples, raisins, sugar, vanilla, cinnamon, breadcrumbs , eggs)
Salad	VEG	Nicoise	(potatoes, beans pods, olives, tomatoes, parsley)
Sandwich		Baguette with ham, cheese and egg	(baguette , pork ham, cheese , eggs , tomato, soft cheese)

Tuesday

Soup		Chicken consommé with vegetable	(carrot, parsley, celery , onion, eggs , chicken meat)
Main 1		Beef goulash with bread dumplings	(beef meat, flour , onion, ground paprika, garlic, marjoram, egg , milk , yeast, bread)
Main 2		Turkey meatloaf with mashed potatoes and steamed vegetable	(turkey meat, onion, garlic, marjoram, eggs , breadcrumb , flour , potatoes, milk , butter , vegetable)
MENU VEG.	VEG	Pumpkin frittata with spinach	(pumpkin, garlic, balcan cheese , egg , cream , milk)
ALLERGY FREE*		Moroccan chicken cubes with green olives and rice	(chicken meat, peeled tomatoe, green olives, onion, lemon, ginger, cinnamon, rice)
PM Snack	VEG	White or fruit yoghurt PARK LANE / Tapioca seeds with coconut milk and mango	(tapioca seeds, cocount milk , sugar, mango)
Salad		Chef's salad	(lettuce, tomato, cucumber, ham, egg , cheese , bread , yoghurt , tomato purée, mayonnaise)
Sandwich	VEG	Baguette with basil pesto, tomatoes and mozzarella	(baguette , mozzarella , tomatoes, basil, parmesan cheese , garlic)

Wednesday

Soup	VEG	Oyster mushrooms soup	(onion, oyster mushroom, garlic, ground paprika, marjoram)
Main 1		Baked pork with creamy red paprika sauce and pasta	(pork meat, onion, butter , ground paprika, flour , cream , herbs, pasta , egg)
Main 2		Creamy potato bake with chicken meat and spinach	(potatoes, chicken meat, spinach, cream , garrlic, starch, spring onion, nutmeg)
MENU VEG.	VEG	Lentil and cauliflower dhal with rice	(lentils, rice, cauliflower, onion, garlic, vindaloo , tomato, coriander, rice)
ALLERGY FREE*		Lentil and cauliflower dhal with baked potatoes	(lentils, rice, cauliflower, onion, garlic, vindaloo , tomato, coriander, potatoes)
PM Snack		Wholegrain breadroll with chicken ham and lettuce	(wholegrain breadroll , butter , chicken ham, lettuce)
Salad	VEG	Mexican street corn salad "Esquites"	(corn, spring onion, pepper, mayonnaise , coriander, lime, garlic)
Sandwich		Baguette with roastbeef	(baguette , dried tomatoes, onion, butter , mustard , roastbeef, amazon spice, horseradish)

Thursday

Soup			
Main 1		PUBLIC HOLIDAY	
Main 2			
MENU VEG.			
ALLERGY FREE*			
PM Snack			
Salad			
Sandwich			

Friday

Soup	VEG	Zucchini soup	(onion, zucchini, potatoes, cream , basil, garlic)
Main 1		Turkey tikka masala with rice	(turkey meat, onion, garlic, yoghurt , vindaloo, pepper, tomatoes, cream , garlic, rice)
Main 2		Roast pork with creamy vegetable sauce "hamburská" with bread dumplings	(pork meat, ham, pea, gherkin, thyme, bay leaf, carrot, celery , flour , butter , all spice, oil, mustard , lemon, cream , bread , yeast, milk , egg)
MENU VEG.	VEG	Pasta with tomato sauce and roasted zucchini	(pasta , onion, garlic, peeled tomatoes, zucchini, cheese)
ALLERGY FREE*		GF pasta with tomato sauce and roasted zucchini	(GF pasta, onion, garlic, peeled tomatoes, zucchini)
PM Snack	VEG	Homemade cake with forest fruit	(flour , egg , milk , fruit, sugar, starch)
Salad	VEG	Poke salad with fava beans and pickled vegetables	(sushi rice, vinegar, fava beans, pumpkin, carrot, cucumber, radicchio lettuce, sprouts, lime)
Sandwich	VEG	Egg sandwich	(sandwich bread , eggs , mayonnaise , chives)

