

## Monday

Soup	VEG	Creamy tomato soup with tarhoňa pasta	(cream, tarhoňa pasta, garlic, onion, carrot, celery, peeled tomatoes, basil)
Main 1		Baked pork with herbs, crushed potatoes and bean pods with basil	(pork meat, onion, flour, butter, herbs, cream, spring onion, potatoes, bean pods)
Main 1	NESSIE	Baked pork with herbs, crushed potatoes and bean pods with basil	(pork meat, onion, flour, butter, herbs, cream, spring onion, potatoes, bean pods)
Main 2	VEG	Soya stroganoff with rice	(soya, cream, tomato purée, onion, pepper, gherkin, mushrooms, potato starch, herbs, rice)
ALLERGY FREE*		Roast chicken strips with vegetable and corn nachos	(chicken meat, beans, peppers, corn, rice)
PM Snack	VEG	Muffin with beetroot and chocolate	(flour, butter, milk, egg, sugar, baking powder, chocolate, beetroot)
Salad	VEG	Cous cous salad with fresh vegetables	(cous cous, red peppers, cucumber, tomatoes, coriander, lemon)
Sandwich		Sandwich with ham, cheese and tomato	(sandwich bread, ham, cheese, lettuce, mayonnaise, bbq sauce)
Main	ÚVOZ	Baked pork with herbs, crushed potatoes and bean pods with basil	(pork meat, onion, flour, butter, herbs, cream, spring onion, potatoes, bean pods)

## Tuesday

Soup		Turkey consommé with noodles	(turkey, carrot, celery, onion, parsley, noodles)
Main 1		Gnocchi with turkey meat in creamy spinach sauce	(gnocchi, turkey meat, spinach, garlic, onion, cream)
Main 1	NESSIE	Gnocchi with turkey meat in creamy spinach sauce	(gnocchi, turkey meat, spinach, garlic, onion, cream)
Main 2	VEG	Greek zucchini cake with feta cheese and beetroot salad	(zucchini, onion, dill, cheese, butter, oil, egg, beetroot)
ALLERGY FREE*		Sweet and sour chicken with vegetables and rice	(chicken meat, rice, peppers, spring onion, rice vinegar, soya sauce, peeled tomatoes, suaar, potato starch, herbs)
PM Snack	VEG	White or fruit yoghurt PARKLANE / White yoghurt with honey	(yoghurt, honey)
Salad	VEG	Kale salad with spinach and broccoli	(kale, baby spinach, red chard, broccoli, cherry tomatoes, corn, mustard, honey)
Sandwich		Sandwich with smoked salmon and chives spread	(sandwich bread, smoked salmon, chives, spread butter)
Main	ÚVOZ	Gnocchi with turkey meat in creamy spinach sauce	(gnocchi, turkey meat, spinach, garlic, onion, cream)

## Wednesday

Soup	VEG	Minestrone soup	(celery, onion, zucchini, carrot, tomato, olive oil)
Main 1	VEG	Sweet buns with vanilla sauce	(flour, yeast, eggs, vanilla pudding, milk)
Main 1	NESSIE 2 VEG	Sweet buns with vanilla sauce	(flour, yeast, eggs, vanilla pudding, milk)
Main 2	NESSIE 1	Beef bourgignon with mashed potatoes	(beef meat, bay leaf, potatoes, milk, butter, celery, thyme, onion, all spice, flour, carrot, tomato, mushrooms)
ALLERGY FREE*		Baked tuna with mashed potatoes and steamed celery stalks, corn	(tuna, herbs, LF milk, potatoes, celery stalks, corn)
PM Snack		Breadroll with ham and cucumber	(breadroll, ham, cucumber, spread butter)
Salad	VEG	Pasta salad with fresh vegetable, olives and basil pesto	(pasta, fresh vegetables, olives, basil pesto)
Sandwich		Reuben sandwich with shredded pork	(sandwich bread, pork meat, mayonnaise, mustard, gherking, cabbage, cheddar cheese)
Main	ÚVOZ VEG	Sweet buns with vanilla sauce	(flour, yeast, eggs, vanilla pudding, milk)

## Thursday

Soup	VEG	Czech potato soup	(potatoes, celery, onion, garlic, cumin, marjoram, flour, carrot, mushrooms)
Main 1	VEG	Pasta with tomato-basil sauce	(pasta, cheese, oil, tomatoes, onion, garlic, basil)
Main 1	NESSIE VEG	Pasta with tomato-basil sauce	(pasta, cheese, oil, tomatoes, onion, garlic, basil)
Main 2		Beef with creamy dill sauce and bread dumplings	(beef meat, cream, dill, egg, flour, bread, yeast, milk)
ALLERGY FREE*		GF pasta with tomato-basil sauce	(GF pasta, oil, tomatoes, onion, garlic, basil)
PM Snack		Strudel with ham and cheese	(puff pastry, ham, cheese)
Salad		Poke salad with smoked salmon and yellow radish	(sushi rice, smoked salmon, yellow radish, pea, red cabbage, lime, coriander, sprouts, lamb's lettuce)
Sandwich		Caesar wrap	(tortilla, romaine lettuce, spice gyros, chicken meat, eggs, parmesan cheese, mayonnaise, anchovies, mustard)
Main	ÚVOZ	Pasta with tomato-basil sauce	(pasta, cheese, oil, tomatoes, onion, garlic, basil)

## Friday

Soup	VEG	Lentil soup	(lentils, flour, onion, garlic, vinegar, marjoram)
Main 1		Minced pork schnitzel with mashed potatoes	(pork meat, flour, egg, breadcrumbs, potatoes, milk, butter)
Main 1	NESSIE	Minced pork schnitzel with mashed potatoes	(pork meat, flour, egg, breadcrumbs, potatoes, milk, butter)
Main 2	VEG	Israeli aubergine shakshuka with pita bread	(aubergine, cumin, garlic, olive oil, pepper, tomatoes, egg, mozzarella, pita bread)
ALLERGY FREE*		Jamie Oliver's turkey curry with rice	(turkey, zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
PM Snack	VEG	Coconut cake "rafaello"	(flour, egg, milk, cream, coconut, butter, sugar, baking powder)
Salad	VEG	Mix of leaves salad with radish, watercress and egg	(mix of leaves salad, radish, watercress, egg, carrot, sprouts)
Sandwich		Sandwich with roastbeef and smoked cheese	(sandwich bread, roastbeef, mayonnaise, mustard, gherkin, cheese, rucola)
Main	ÚVOZ	Minced pork schnitzel with mashed potatoes	(pork meat, flour, egg, breadcrumbs, potatoes, milk, butter)

\* suitable for intolerance to three main allergens (gluten, lactose and eggs)

