

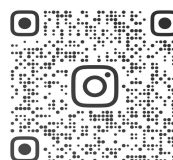
Monday		
Soup	VEG	Creamy tomato soup with tarhoňa pasta (<i>cream</i> , <i>tarhoňa pasta</i> , garlic, onion, carrot, <i>celery</i> , peeled tomatoes, basil)
Menu 1		Ham with mashed potatoes and green pea (pork ham, potatoes, <i>milk</i> , <i>butter</i> , green pea)
Menu 2		Hoisin beef with vegetable and chinese noodles (beef meat, <i>hoisin sauce</i> , <i>soybeans</i> , yellow radish, onion, <i>soya sprouts</i> , potatoe starch, coriander)
Menu 3	VEG	Bulgureto with vegetable and cheese (<i>bulgur</i> , carrot, <i>celery</i> , pea, corn, chickpea, <i>cheese</i> , crushed tomatoes)
Menu AF		Baked turkey breast with thyme and rice (turkey meat, thyme, onion, rice flour, herbs , rice)
Salad	VEG	Cous cous salad with fresh vegetables (<i>cous cous</i> , red peppers, cucumber, tomatoes, coriander, lemon)
Sandwich		Sandwich with smoked salmon and chives spread (<i>sandwich bread</i> , <i>smoked salmon</i> , chives, <i>spread butter</i>)

Tuesday		
Soup		Turkey consommé with noodles (turkey, carrot, <i>celery</i> , onion, parsley, <i>noodles</i>)
Menu 1		Risotto Bolognese (rice, <i>celery</i> , beef meat, onion, cloves, olive oil, tomatoes, carrot, <i>parmesan cheese</i>)
Menu 2		Pork goulash with bread dumplings (pork meat, <i>flour</i> , onion, ground paprika, garlic, marjoram, <i>egg</i> , <i>milk</i> , yeast , <i>bread</i>)
Menu 3	VEG	Greek zucchini cake with feta cheese and beetroot salad (zucchini, onion, dill, <i>cheese</i> , <i>butter</i> , oil, <i>egg</i> , beetroot, salad)
Menu AF		Roast chicken strips with vegetable and corn nachos (chicken meat, beans, peppers, corn, rice)
Salad	VEG	Avocado salad with cheese (cucumber, avocado, cherry tomatoes, onion, lettuce, <i>balkan cheese</i> , <i>soya sauce</i>)
Sandwich		Club sandwich (<i>sandwich bread</i> , iceberg lettuce, tomato, bacon, chicken meat, <i>egg</i> , <i>mayonnaise</i>)

Wednesday		
Soup	VEG	Minestrone soup (<i>celery</i> , onion, zucchini, carrot, tomato, olive oil)
Menu 1		Holland schnitzel with mashed potatoes and gherkin (pork meat, <i>flour</i> , <i>egg</i> , <i>breadcrumbs</i> , potatoes, <i>milk</i> , <i>butter</i> , gherkin)
Menu 2		BBQ chicken leg with baked potatoes and coleslaw salad (chicken meat, spice, <i>BBQ sauce</i> , <i>oil</i> , potatoes, carrot, cabbage, <i>mayonnaise</i> , <i>mustard</i> , <i>vinaigrette</i>)
Menu 3	VEG	Sweet buns with vanilla sauce (<i>flour</i> , yeast, <i>eggs</i> , vanilla pudding , <i>milk</i>)
Menu AF		Tuna rissoto (<i>tuna</i> , rice, pea, corn, carrot, turmeric, spring onion, herbs)
Salad	VEG	Pasta salad with fresh vegetable, pesto and olives (<i>pasta</i> , tomato, cucumber, pepper, dried tomatoes, basil, olive oil, garlic, olives)
Sandwich		Reuben sandwich with shredded pork (<i>sandwich bread</i> , pork meat, <i>mayonnaise</i> , <i>mustard</i> , gherking, cabbage, <i>cheddar cheese</i>)

Thursday		
Soup	VEG	Czech potato soup (potatoes, <i>celery</i> , onion, garlic, cumin, marjoram, <i>flour</i> , carrot, mushrooms)
Menu 1	VEG	Pasta with tomato-basil sauce (<i>pasta</i> , <i>cheese</i> , oil, tomatoes, onion, garlic, basil)
Menu 2		Pizza with ham and mushrooms (<i>flour</i> , <i>milk</i> , yeast , tomatoes, oil, ham, mushrooms)
Menu 3	VEG	Broccoli patties with mashed potatoes and steamed corn (broccoli, <i>egg</i> , <i>breadcrumbs</i> , herbs, <i>cheddar cheese</i> , corn, <i>butter</i> , potatoes, <i>milk</i>)
Menu AF		GF pasta with tomato-basil sauce (GF pasta, oil, tomatoes, onion, garlic, basil)
Salad		Poke salad with smoked salmon and yellow radish (sushi rice, <i>smoked salmon</i> , yellow radish, pea, red cabbage, lime, coriander, sprouts, lamb's lettuce)
Sandwich		Caesar wrap (<i>tortilla</i> , romaine lettuce, spice gyros, chicken meat <i>eggs</i> , <i>parmesan cheese</i> , <i>mayonnaise</i> , <i>anchovies</i> , <i>mustard</i>)

Friday		
Soup	VEG	Lentil soup (lentils, <i>flour</i> , onion, garlic, vinegar, marjoram)
Menu 1		Beef with creamy vegetable "svíčková" sauce and bread dumplings (beef, carrot, <i>celery</i> , onion, oil, all spice, <i>cream</i> , <i>flour</i> , <i>bread</i> , yeast, <i>milk</i> , <i>egg</i>)
Menu 2		Jamie Oliver's turkey curry with rice (turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, <i>coconut milk</i>)
Menu 3	VEG	Israeli aubergine shakshuka with pita bread (aubergine, cumin, garlic, olive oil, pepper, tomatoes, <i>egg</i> , <i>mozzarella</i> , <i>pita bread</i>)
Menu AF		Jamie Oliver's turkey curry with rice (turkey , zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, <i>coconut milk</i>)
Salad	VEG	Mix of leaves salad with radish, watercress and egg (mix of leaves salad, radish, watercress, <i>egg</i> , carrot, sprouts)
Sandwich		Sandwich with roastbeef and smoked cheese (<i>sandwich bread</i> , roastbeef, <i>mayonnaise</i> , <i>mustard</i> , gherkin, <i>cheese</i> , rucola)



fresh & tasty
by Záhřní Group

* suitable for intolerance to three main allergens (gluten, lactose and eggs)

Monday		
Soup	VEG	Bear garlic cream <i>(bear garlic, garlic, onion, butter, milk, cream, oil, flour)</i>
Menu 1		Beef goulash with bread dumplings
Menu 2		Chicken roulade with stuffing with spinach and carrot pureé <i>(chicken meat, chicken consommé, onion, bread, milk, flour, oil, cream, egg, bear garlic, spinach, carrot, potatoes)</i>
Menu 3	VEG	Fried cauliflower with boiled potatoes and cucumber salad <i>(cauliflower, breadcrumbs, flour, egg, potatoes, cucumber, vinegar)</i>
Menu AF		Pipirrana Salad <i>(peppers,red onion, cucumbers, tomatoes,olive oil,herbs,)</i>
Salad	VEG	Pipirrana Salad <i>(peppers,red onion, cucumbers, tomatoes,olive oil,herbs,)</i>
Sandwich		Sandwich with beetroot spread and rucola <i>(sandwich bread , beetroot, dill, cottage cheese, spread butter , rucola)</i>

Tuesday		
Soup		Kohlrabi soup with bacon and pea pesto <i>(kohlrabi, bacon, onion, butter, milk, cream, flour, pea, olive oil, garlic)</i>
Menu 1		Pasta with turkey meat and creamy pumpkin sauce <i>(pasta, turkey meat, thyme, pumpkin, butter, cream, cheese)</i>
Menu 2		Grilled minced beef and pork rolls Cevapcici with potatoes and Ajvar <i>(beef and pork meat, onion, ground paprika, oil, potatoes, red pepper, aubergine, garlic, onion, olive oil)</i>
Menu 3	VEG	Easter stuffing with bear garlic, nettles and honey carrot <i>(bread, bear garlic, butter, milk, cream, egg, nettles, olive oil, baby spinach, chives, parslev, nutmea, honey, carrot)</i>
Menu AF		Grilled minced beef and pork rolls Cevapcici with potatoes and Ajvar <i>(beef and pork meat, onion, ground paprika, oil, potatoes, red pepper, aubergine, garlic, onion, olive oil)</i>
Salad	VEG	Cous cous with lentil and cauliflower <i>(cous cous , cauliflower, carrot, spring onion, coriander)</i>
Sandwich		Baguette with tuna, egg and lettuce <i>(baguette, butter, tuna, egg, lettuce, spring onion)</i>

Wednesday		
Soup	VEG	Oyster mushroom soup <i>(oyste mushroom, onion, garlic, ground paprika, marjoram)</i>
Menu 1		Potato dumplings stuffed with smoked pork, steamed cabbage and onion <i>(potatoes, flour, milk, egg, smoked pork, cabbage, cumin, onion, oil)</i>
Menu 2		Fish fingers with mashed potatoes and steamed pea <i>(white fish, flour, egg, breadcrumbs, potatoes, butter, milk, pea)</i>
Menu 3	VEG	Fruit dumplings with cottage cheese <i>(flour, eggs, yeast, milk, fruit, cottage cheese, butter, sugar)</i>
Menu AF		Baked white fish with mashed potatoes and steamed pea <i>(white fish, oil, herbs, potatoes, LF milk, pea)</i>
Salad	VEG	Mix of leaf salads with sundried tomatoes, mozzarella and balsamico <i>(iceberg lettuce, rucola, red chard, romaine lettuce, chicory, olives, capers, mozzarella, balsamico)</i>
Sandwich		Sandwich with paprika chicken and bacon <i>(sandwich bread , chicken breast, bacon, spread butter , ground paprika, lettuce)</i>

Thursday		
Soup	VEG	Smoked soup with vegetables ang groats <i>(smoked pork meat, bacon, celery, carrot, onion, pea, oil, groats)</i>
Menu 1	VEG	Turkey schnitzel with mashed potatoes and gherkin <i>(turkey meat, flour, egg, breadcrumbs, potatoes, milk, butter, gherkin)</i>
Menu 2		Stuffing with smoked pork meat and nettles and roasted potatoes <i>(bread, smoked pork meat, egg, milk, bear garlic, nettles, nutmeg, chives, parsley, potatoes, onion, oil)</i>
Menu 3	VEG	Basil-rucola pancake stuffed with spinach and mix of leaves salad <i>(basil, rucola, flour, milk, egg, oil, garlic, onion, spinach, breadcrumbs, balcan cheese)</i>
Menu AF		Smoked pork meat with boiled potatoes and gherkin <i>(smoked pork meat, potatoes, gherkin)</i>
Salad		Caesar salad with eggs, croutons and parmesan cheese <i>(romaine lettuce, spice, egg, bread, cheese, mayonnaise, anchovies, mustard)</i>
Sandwich		Sandwich with grilled vegetables and hummus <i>(sandwich bread , zucchini, peppers, aubergine, chickpea, coriander, lemon, garlic, tahini sesame paste , herbs)</i>

Friday		
Soup	VEG	
Main 1		
Main 2		
Main 3	VEG	
ALLERGY FREE*		
Salad	VEG	
Sandwich		

* suitable for intolerance to three main allergens (gluten, lactose and eggs)



Monday			
Soup	VEG	Tomato with basil	(tomato, basil, carrot, onion, dried tomatoes, garlic, celery)
Meenu 1		Wok fried turmeric chicken with rice	(chicken meat , cream , lemongrass, garlic, fish sauce, oyster sauce, turmeric, sesame oil, rice)
Menu 2		Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes , milk, butter, green pea)
Menu 3	VEG	Cantonese rice with vegetables and egg	(rice, egg, leek, peppers, spring onion, zucchini, carrot, soya sauce)
Menu AF		Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes, LF milk, green pea)
Salad	VEG	Nicoise	(potatoes, beans pods, olives, tomatoes, parsley)
Sandwich		Baguette with ham, cheese and egg	(baguette, pork ham, cheese, eggs , tomato, soft cheese)

Tuesday			
Soup		Chicken consommé with vegetable	(carrot, parsley, celery , onion, eggs, chicken meat)
Menu 1		Beef goulash with bread dumplings	(beef meat, flour , onion, ground paprika, garlic, marjoram, egg, milk, yeast , bread)
Menu 2		Turkey meatloaf with mashed potatoes and steamed vegetable	(turkey meat, onion, garlic, marjoram, eggs, breadcrumb, flour , potatoes, milk, butter , vegetable)
Menu 3	VEG	Pumpkin frittata with spinach	(pumpkin, garlic, balcan cheese, egg, cream, milk)
Menu AF		Moroccan chicken cubes with green olives and rice	(chicken meat, peeled tomatoea, green olives, onion, lemon, ginger, cinnamon, rice)
Salad		Chef’s salad	(lettuce, tomato, cucumber, ham, egg, cheese, bread, yoghurt , tomato purée, mayonnaise)
Sandwich	VEG	Baguette with basil pesto, tomatoes and mozzarella	(baguette, mozzarella , tomatoes, basil, parmesan cheese , garlic)

Wednesday			
Soup	VEG	Oyster mushrooms soup	(onion, oyster mushroom, garlic, ground paprika, marjoram)
Menu 1		Baked pork with creamy red paprika sauce and pasta	(pork meat, onion, butter , ground paprika, flour, cream , herbs, pasta , egg)
Menu 2		Creamy potato bake with chicken meat and spinach	(potatoes, chicken meat, spinach, cream , garrlic, starch, spring onion, nutmeg)
Menu 3	VEG	Lentil and cauliflower dhal with rice	(lentils, rice, cauliflower, onion, garlic, vindaloo , tomato, coriander, rice)
Menu AF		Lentil and cauliflower dhal with baked potatoes	(lentils, rice, cauliflower, onion, garlic, vindaloo , tomato, coriander, potatoes)
Salad	VEG	Mexican street corn salad "Esquites"	(corn, spring onion, pepper, mayonnaise , coriander, lime, garlic)
Sandwich		Baguette with roastbeef	(baguette, dried tomatoes, onion, butter, mustard , roastbeef, amazon spice, horseradish)

Thursday			
Soup			
Main 1		PUBLIC HOLIDAY	
Main 2			
MENU VEG.			
ALLERGY FREE*			
PM Snack			
Salad			
Sandwich			

Friday			
Soup	VEG	Zucchini soup	(onion, zucchini, potatoes, cream , basil, garlic)
Menu 1		Turkey tikka masala with rice	(turkey meat, onion, garlic , yoghurt ,vindaloo, pepper, tomatoes, cream , garlic, rice)
Menu 2		Roast pork with creamy vegetable sauce "hamburská" with bread dumplings	(pork meat, ham, pea, gherkin, thyme, bay leaf, carrot, celery, flour, butter, all spice, oil, mustard , lemon, cream, bread, yeast , milk, egg)
Menu 3	VEG	Pasta with tomato sauce and roasted zucchini	(pasta , onion, garlic, peeled tomatoes, zucchini, cheese)
Menu AF		GF pasta with tomato sauce and roasted zucchini	(GF pasta, onion, garlic, peeled tomatoes, zucchini)
Salad	VEG	Poke salad with fava beans and pickled vegetables	(sushi rice, vinegar, fava beans, pumpkin, carrot, cucumber, radicchio lettuce, sprouts, lime)
Sandwich	VEG	Egg sandwich	(sandwich bread, eggs, mayonnaise , chives)

* suitable for intolerance to three main allergens (gluten, lactose and eggs)

