

## Monday

Soup	VEG	Cream of broccoli	(broccoli, <b>butter, cream, flour</b> , onion)
Main 1		Turkey cubes with gravy and rice	(turkey meat, onion, <b>butter, flour</b> , herbs, rice)
Main 2		Baked pork with bacon and bread dumplings	(pork meat, onion, <b>butter</b> , bacon, rosemary, <b>flour, egg</b> , yeast, <b>milk, bread</b> )
MENU VEG.	VEG	Chickpea chana masala with cauliflower bulgur	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, <b>bulgur</b> , cauliflower)
ALLERGY FREE*		Chickpea chana masala with baked potatoes	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, baked potatoes)
PM Snack	VEG	Donut with strawberry filling	( <b>flour, milk</b> , oil, yeast, <b>cottage</b> , strawberries, sugar)
Salad	VEG	Tabbouleh	( <b>bulgur</b> , <b>yoghurt</b> , parsley, tomato, cucumber, spring onion, olive oil)
Sandwich		Sandwich with Prague ham, gherkins and egg	( <b>sandwich bread</b> , Prague ham, leek, horseradish, gherkins, lettuce, <b>egg</b> )

## Tuesday

Soup		Creamy chicken soup with vegetable	(chicken meat, <b>celery</b> , carrot, parsley, <b>butter, flour, cream, milk</b> )
Main 1		Risotto Bolognese	(rice, <b>celery</b> , beef meat, onion, cloves, olive oil, tomatoes, carrot, <b>parmesan cheese</b> )
Main 2		Potato dumplings stuffed with smoked pork meat, cabbage and onion	(potatoes, <b>flour, milk, egg</b> , smoked pork meat, onion, cabbage, cumin)
MENU VEG.	VEG	Peperonata with basil cous cous	(basil, onion, garlic, pepper, tomatoes, <b>cous cous</b> )
ALLERGY FREE*		Risotto Bolognese	(rice, <b>celery</b> , beef meat, onion, cloves, olive oil, tomatoes, carrot)
PM Snack	VEG	Cheesy croissant	( <b>flour, egg</b> , baking powder, <b>yeast, cheese</b> )
Salad		Beans salad with tuna and egg	(bean pods, white beans, red beans, <b>tuna, egg</b> , rucola, cherry tomatoes, red onion, herbs, olive oil, vinegar, sugar)
Sandwich		Caesar sandwich with chicken meat	( <b>wholegrain sandwich bread</b> , romaine lettuce, <b>egg, cheese, mayonnaise, anchovies, mustard</b> , chicken meat)

## Wednesday

Soup	VEG	Indian tomato and red lentil soup	(red lentils, <b>cream</b> , tandoori masala, coriander, <b>vindaloo</b> )
Main 1		Turkey nuggets with mashed potatoes and corn	(turkey breast, <b>flour, eggs, milk, breadcrumbs, butter</b> , potatoes, corn)
Main 2		Beef with tomato sauce and pasta	(beef meat, tomatoes, <b>celery</b> , bay leaves, sugar, <b>flour</b> , cinnamon, oil, <b>pasta</b> )
MENU VEG.	VEG	Gnocchi with "4 formaggi" cheese sauce	( <b>gnocchi, cream, parmesan, edam, gouda, blue cheese</b> )
ALLERGY FREE*		Beef with tomato sauce and rice	(beef meat, tomatoes, <b>celery</b> , bay leaves, sugar, GF flour, cinnamon, oil, pasta)
PM Snack		Pizza baguette with ham and cheese	( <b>baguette, ham, gouda cheese</b> , corn)
Salad		Mix of leaves salad with chicken ham, cheese and honey dressing	(mix of leaves salad, <b>gouda, cheddar cheese</b> , chicken ham, cherry tomatoes, pomegranate, cranberries, <b>mustard</b> , honey)
Sandwich	VEG	Baguette with tomatoes, rucola and basil pesto	(baguette, basil pesto, tomatoes, rucola)

## Thursday

Soup			
Main 1		<b>PUBLIC HOLIDAY</b>	
Main 2			
MENU VEG.			
ALLERGY FREE*			
PM Snack			
Salad			
Sandwich			

## Friday

Soup		Beef consommé with vegetable and meat	( <b>celery</b> , carrot, onion, parsley, beef meat)
Main 1		Indian chicken butter sauce curry with rice	(chicken breast, yoghurt, ginger, garlic, vindaloo, butter, garam masala, tomato purée, saffron, bay leaves, rice)
Main 2		Pasta with salmon in tomato sauce	( <b>pasta, salmon</b> , tomatoes, onion, garlic, basil, <b>cheese</b> )
MENU VEG.	VEG	Potato cones with poppy seeds and sugar	(potatoes, <b>flour, milk, butter, eggs</b> , poppy seeds, sugar)
ALLERGY FREE*		GF pasta with salmon in tomato sauce	(GF pasta, <b>salmon</b> , tomatoes, onion, garlic, basil)
PM Snack	VEG	Gingerbread	( <b>flour</b> , oil, <b>egg</b> , baking powder, cocoa, sugar, <b>milk</b> , cinnamon, <b>chocolate</b> )
Salad	VEG	Mix of leaves salad with egg	(romaine lettuce, raddicio, lolo rosso lettuce, <b>egg</b> , tomatos, olive oil)
Sandwich		BBQ chicken sandwich	(sandwich bread, bacon, egg, chicken meat, cheddar cheese, lettuce)



## Monday

Soup	VEG	Potato cream with basil	( <b>butter</b> , onion, potatoes, garlic,oil, <b>cream</b> , basil)
Main 1		Turkey with creamy paprika sauce and pasta	(turkey meat, onion, <b>butter</b> , ground paprika, <b>flour</b> , <b>cream</b> , <b>pasta</b> )
Main 2		Pork meat with carrots and mashed potatoes	(pork meat, onion, carrot, <b>flour</b> , <b>butter</b> , <b>milk</b> , potatoes, cumin)
MENU VEG.	VEG	Bean pods with peppers and baked potatoes	(bean pods, pepper, crushed tomatoes, onion, garlic, basil, olive oil, potatoes )
ALLERGY FREE*		Bean pods with peppers and baked potatoes	(bean pods, pepper, crushed tomatoes, onion, garlic, basil, olive oil, potatoes )
PM Snack	VEG	Homemade Muffin	( <b>egg</b> , <b>flour</b> , banana , <b>baking powder</b> , sugar, <b>butter</b> , oil)
Salad	VEG	Pipirrana Salad	(peppers, red onion, cucumbers, tomatoes, olive oil, herbs, )
Sandwich	VEG	Sandwich with beetroot spread and rucola	( <b>sandwich bread</b> , beetroot, dill, <b>cottage cheese</b> , <b>spread butter</b> , rucola)

## Tuesday

Soup		Turkey consommé with vegetable and noodles	( turkey meat, <b>celery</b> , carrot, parsley, <b>noodles</b> )
Main 1		Meat balls with curry sauce and rice	(beef meat, pork meat, <b>flour</b> , <b>egg</b> , <b>yoghurt</b> , <b>butter</b> , onion, garlic, garam masala, tomato, saffron, bay leaf, rice)
Main 2		Turkey oreganata with chickpea, zucchini and dried tomatoes	(turkey meat, herbs, lemon juice, chickpea, dried tomatoes, garlic, olive oil)
MENU VEG.	VEG	Vegetable-legume patties with sweet potato purée and butter corn	(carrot, zucchini, chickpea, lentil, <b>egg</b> , <b>flour</b> , <b>breadcrumbs</b> , herbs, sweet potatoes, <b>milk</b> , corn, cauliflower)
ALLERGY FREE*		Turkey oreganata with chickpea, zucchini and dried tomatoes	(turkey meat, herbs, lemon juice, chickpea, dried tomatoes, garlic, olive oil)
PM Snack	VEG	Pretzel	( <b>flour</b> , water, yeast, <b>dried milk</b> , <b>egg</b> , <b>butter</b> , salt)
Salad	VEG	Beluga lentil with tofu and vegetable	(beluga lentil, red lentil, onion, pepper, gherkin, herbs, <b>tofu</b> , dried tomatoes, capers)
Sandwich		Baguette with tuna, egg and lettuce	( <b>baguette</b> , <b>butter</b> , <b>tuna</b> , <b>egg</b> , lettuce, spring onion )

## Wednesday

Soup	VEG	Spinach soup	(spinach, potatoes, garlic, <b>cream</b> , onion)
Main 1		Pasta with tomato sauce, tuna and basil	( <b>pasta</b> , crushed tomatoes, onion, garlic, basil, garlic, basil, <b>tuna</b> )
Main 2		Pork schnitzel with mashed potatoes and gherkin	(pork meat, potatoes, <b>milk</b> , <b>egg</b> , <b>butter</b> , <b>breadcrumbs</b> , potatoes)
MENU VEG.	VEG	Sweet buns with vanilla sauce	( <b>flour</b> , yeast , <b>eggs</b> , vanilla pudding , <b>milk</b> )
ALLERGY FREE*		Baked salmon with herbs, baked potatoes and bean pods	( <b>salmon</b> , herbs, potatoes, bean pods, olive oil, garlic)
PM Snack	VEG	Mango smoothie / Strawberry yoghurt - Nessie + Sibeliova	( <b>milk</b> , <b>cream</b> , sugar, mango, lemon juice) / ( <b>yoghurt</b> , honey, strawberries)
Salad	VEG	Mix of leaf salads with sundried tomatoes, mozzarella and balsamico	(iceberg lettuce, rucola, red chard, romaine lettuce, chicory, olives, capers, <b>mozzarella</b> , balsamico)
Sandwich		Sandwich with paprika chicken and bacon	( <b>sandwich bread</b> , chicken breast, bacon, <b>spread butter</b> , ground paprika, lettuce)

## Thursday

Soup		Goulash soup	(beef meat, onion, garlic, marjoram, potatoes, <b>flour</b> , caraway seed, ground paprika)
Main 1		Meatloaf with mashed potatoes and steamed vegetable	(pork meat, beef meat, onion, garlic, marjoram, <b>eggs</b> , <b>breadcrumbs</b> , <b>flour</b> , potatoes, <b>milk</b> , <b>butter</b> , vegetable )
Main 2		Beef burrito with corn salad "Esquites"	(beef meat, beans, onion, tomato, garlic, coriander, <b>tortilla</b> , corn, spring onion, pepper, <b>mayonnaise</b> , coriander, lime, garlic)
MENU VEG.	VEG	Pasta with creamy zucchini and basil sauce	( <b>pasta</b> , zucchini, <b>cream</b> , garlic, basil, <b>parmesan cheese</b> )
ALLERGY FREE*		Beef Taco risotto	(beef meat, beans, onion, tomato, garlic, coriander, corn, spring onion, pepper, coriander, lime, garlic)
PM Snack	VEG	Rye breadroll with avocado spread and egg	( <b>rye breadroll</b> , avocado, <b>egg</b> , <b>spread butter</b> , <b>yoghurt</b> )
Salad		Caesar salad with eggs, croutons and parmesan cheese	(romaine lettuce, spice, <b>egg</b> , <b>bread</b> , <b>cheese</b> , <b>mayonnaise</b> , <b>anchovies</b> , <b>mustard</b> )
Sandwich	VEG	Sandwich with grilled vegetables and hummus	( <b>sandwich bread</b> , zucchini, peppers, aubergine, chickpea, coriander, lemon, garlic, <b>tahini sesame paste</b> , herbs)

## Friday

Soup	VEG	Zucchini-tomato soup	(zucchini, crushed tomatoes, onion, garlic, basil, salt)
Main 1		Beef strips with roasted peppers and rice	( beef meat, onion, peppers, tomato purée, potato starch, <b>worchester</b> , <b>soya sauce</b> , rice )
Main 2		Chicken patties with cheddar cheese, mashed potatoes and baby carrot	(chicken meat, <b>cheddar cheese</b> , <b>butter</b> , potatoes, <b>cream</b> , <b>milk</b> , baby carrot)
Main 3	VEG	Creamy pasta bake with mushrooms	( <b>pasta</b> , mushrooms , <b>egg</b> , <b>cream</b> , <b>milk</b> , onion, spring onion, herbs)
ALLERGY FREE*		Beef strips with roasted peppers and rice	( beef meat, onion, peppers, tomato purée, potato starch, <b>worchester</b> , <b>soya sauce</b> , rice )
PM Snack	VEG	Banana cake	( <b>flour</b> , bananas , <b>eggs</b> , <b>baking powder</b> , <b>butter</b> , oil, cinnamon, sugar)
Salad	VEG	Pasta salad with vegetable and broccoli pesto	( <b>pasta</b> , broccoli, olive oil, dried tomatoes, basil, cherry tomatoes , <b>parmesan cheese</b> )
Sandwich		Tortilla with roastbeef and red cabbage coleslaw salad	( <b>tortilla</b> , roastbeef, red cabbage, carrot, <b>mayonnaise</b> , <b>yoghurt</b> )



## Monday

Soup	VEG	Pumpkin and tomato soup	(pumpkin, onion, carrot, <b>celery</b> , ginger, thyme, honey, peeled tomatoes)
Main 1		Chicken murgh makhani with rice	(chicken meat, <b>yoghurt</b> , onion, tomatoes, garlic, <b>butter, cream</b> , cinnamon, garam masala, rice)
Main 2		Baked turkey breast with gravy, mashed potatoes and corn	(turkey meat, thyme, garlic, onion, potatoes, <b>milk, flour, butter</b> )
MENU VEG.	VEG	Caponata with cous cous	(herbs, carrot, oil sugar, tomato, capers, <b>celery</b> , basil, <b>cous cous</b> )
ALLERGY FREE*		Caponata with rice	(herbs, carrot, oil sugar, tomato, capers, <b>celery</b> , basil, rice)
PM Snack	VEG	Czech donut with plum jam and sweet cottage (Vdolek)	( <b>flour, milk</b> , oil, yeast, <b>cottage</b> , plum, sugar)
Salad	VEG	Mixed salad with sundried tomatoes	(peppers, lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, <b>parmesan cheese</b> , olive oil)
Sandwich		Baguette with smoked salmon	( <b>baguette</b> , <b>smoked salmon</b> , <b>cream cheese</b> , <b>butter</b> , chives)

## Tuesday

Soup	VEG	Czech potato soup	(potatoes, <b>celery</b> , onion, garlic, cumin, marjoram, <b>flour</b> , carrot, mushrooms)
Main 1		Beef meat with garlic sauce, potato dumplings	(beef meat, onion, garlic, <b>flour</b> , oil, pepper, salt, potatoes, <b>milk, egg</b> )
Main 2		Creamy potato bake with chicken meat, broccoli and corn	(potatoes, chicken meat, broccoli, corn, <b>cream, parmesan cheese</b> , nutmeg)
MENU VEG.	VEG	Vegetarian burrito with cheddar cheese and mix of lettuce	(tortilla, lettuce, carrot, onion, sweet potatoes, cauliflower, beans, cheddar cheese, bbq sauce, coriander)
ALLERGY FREE*		GF pasta with red pepper sauce	(GF pasta, onion, red peppers, peeled tomatoes, basil)
PM Snack	VEG	Savory filled pastry "burek" with spinach and feta cheese	( <b>filo pastry</b> , spinach, <b>feta cheese, ricotta</b> )
Salad	VEG	Mix of leaves salad with baked chickpea and tofu	(mix of leaves salads, beetroot, corn, grenaille potatoes, <b>tofu</b> , baked chickpea, herbs dressing)
Sandwich		Brussels baguette	( <b>baguette</b> , chicken breast, roasted onion, <b>blue cheese</b> )

## Wednesday

Soup		Cabbage soup with sausage	(cabbage, onion, caraway seed, <b>flour, sausage, cream</b> , bayleaves, ground paprika, potatoes)
Main 1		Fish fingers with mashed potatoes and steamed pea	( <b>white fish, eggs, flour, milk, breadcrumbs</b> , potatoes, pea)
Main 2		Beef bourgignon with potato gnocchi	(beef meat, bay leaf, <b>celery</b> , thyme, onion, all spice, <b>flour, milk, butter</b> , carrot, tomato, mushrooms, <b>gnocchi</b> )
MENU VEG.	VEG	Cauliflower masala with coriander cous cous and red lentil	(cauliflower, spice, herbs, <b>cous cous</b> , red lentil)
ALLERGY FREE*		Baked white fish with chickpea, zucchini and dried tomatoes	( <b>white fish</b> , herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, olive oil)
PM Snack		Croissant with ham and cheese	( <b>croissant</b> , ham, <b>cheese</b> )
Salad		Pasta salad with caesar dressing and cherry tomatoes	( <b>pasta</b> , spice, <b>egg</b> , corn, cherry tomatoes, <b>cheese, mayonnaise, anchovies, mustard</b> )
Sandwich		Sandwich with camembert spread	( <b>sandwich bread, camembert cheese, egg</b> , ham, onion, <b>mayonnaise</b> )

## Thursday

Soup		Beef consommé with noodles	(beef meat, <b>celery</b> , carrot, parsley, <b>noodles</b> )
Main 1		Beef with creamy vegetable "svičková" sauce and bread dumplings	(beef, carrot, <b>celery</b> , onion, oil, all spice, <b>cream, flour, bread</b> , yeast, <b>milk, egg</b> )
Main 2		Slovak gnocchi "halušky" with smoked pork meat and cabbage	( <b>gnocchi</b> , onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, <b>eggs, milk, flour</b> )
MENU VEG.	VEG	Chinese noodles with vegetables and egg	( <b>noodles, egg</b> , leek, cabbage, mushrooms, red onion, <b>soya sprouts</b> , bamboo sprouts, spring onion, <b>soya sauce, oyster sauce, hoisin sauce, sesame oil</b> , oil, garlic)
ALLERGY FREE*		Turkey in aubergine sauce with rice	(turkey meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice)
PM Snack	VEG	Cottage cheese "přibináček"	( <b>cottage cheese, cream</b> , sugar, vanilla)
Salad		Vegetable salad with tuna and mango dip	(iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, <b>tuna</b> , red onion, mango, sweet chilli, coriander)
Sandwich	VEG	Wrap with mozzarella, tomatoes and olives	( <b>tortilla</b> , iceberg lettuce, rucola, <b>mozzarella</b> , tomatoes, dried tomatoes pesto, olives)

## Friday

Soup	VEG	Cauliflower with eggs and potatoes	(onion, cauliflower, <b>cream, flour, eggs</b> , potatoes)
Main 1		Chicken risotto "Bolognese"	(rice, <b>celery</b> , chicken meat, onion, cloves, olive oil, tomatoes, carrot, <b>parmesan cheese</b> )
Main 2		Turkey paprikash with pasta	(turkey meat, peppers, onion, ground paprika, <b>flour</b> , garlic, marjoram, <b>pasta</b> )
MENU VEG.	VEG	Coconut curry with vegetable and rice	(pumpkin, chickpea, sugar, pea, sprouts, bamboo, coriander, coconut milk, coconut, <b>cream, rice</b> )
ALLERGY FREE*		Chicken risotto "Bolognese"	(rice, <b>celery</b> , beef meat, onion, cloves, olive oil, tomatoes, carrot)
PM Snack	VEG	Oat muffin with dried fruit	( <b>flour</b> , sugar, <b>oatmeal</b> , <b>egg</b> , baking powder, dried fruit, flax-seeds, pumpkin seeds)
Salad	VEG	Greek salad	(peppers, olives, cucumbers, tomatoes, <b>feta cheese</b> )
Sandwich		Baguette with chicken gyros and cucumber	( <b>baguette</b> , chicken meat, gyros spice, cucumber, <b>mayonnaise</b> )



## VALD/NORB/KL

## Monday

Soup	VEG	Zucchini cream	(zucchini, <b>butter</b> , garlic, onion, potatoes, <b>cream</b> )
Main 1		Spaghetti with meatballs and tomato-basil sauce	( <b>pasta</b> , beef meat, pork meat, onion, garlic, <b>breadcrumbs</b> , egg, herbs, oil, crushed tomatoes, basil, <b>cheese</b> )
Main 2		Sweet potatoes curry with turkey meat and rice	(turkey meat, sweet potatoes, onion, spring peas, olive oil, red curry, peppers, spice, turkey meat, <b>coconut milk</b> , chickpea, potato starch, rice)
Main 3	VEG	Ratatouille with bulgur	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion, <b>bulgur</b> )
ALLERGY FREE*		Ratatouille with rice	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion, rice)
PM Snack	VEG	Cinnamon snail	( <b>puff pastry</b> , cinnamon, sugar)
Salad	VEG	Tomato salad pico de gallo	(tomatoes, spring onion, salt, coriander, onion, lime)
Sandwich		Sandwich with horseradish mayonnaise and bacon	(sandwich bread, horseradish, mayonnaise, bacon, tomatoes, egg, lolo biondo lettuce)

## Tuesday

Soup	VEG	Chickpea soup with rosemary	(chickpea, rosemary, onion, garlic, tomato purée)
Main 1		Baked turkey cubes with steamed cabbage and potato dumplings	(turkey meat, oil, onion, garlic, cabbage, potatoes, <b>egg</b> , flour, milk)
Main 2		Baked tuna with mashed potatoes and savoy cabbage with corn	( <b>tuna</b> , herbs, <b>butter</b> , milk, potatoes, savoy cabbage, corn)
Main 3	VEG	Baked pumpkin with spiced red lentil and balcan cheese	(pumpkin, olive oil, lentil, garlic, ground paprika, spice, cumin, lemon juice, <b>balcan cheese</b> , parsley)
ALLERGY FREE*		Baked tuna with mashed potatoes and savoy cabbage with corn	( <b>tuna</b> , herbs, potatoes, LF milk, savoy cabbage, corn)
PM Snack	VEG	Grissini with cheese dip	( <b>grissini sticks</b> , edam, cheddar cheese, spread butter)
Salad		Mix of leaves salad with tuna and dill dressing	(mix of leaves, beetroot, corn, grenaille potatoes, <b>tuna</b> , white yoghurt, dill, garlic, lemon)
Sandwich		Baguette with sweet chilli chicken	( <b>baguette</b> , chicken breast, romaine lettuce, sweet chilli sauce, <b>mayonnaise</b> )

## Wednesday

Soup		Beef consommé with noodles	( <b>celery</b> , carrot, onion, parsley, <b>noodles</b> , beef meat)
Main 1		Chicken in creamy paprika sauce with pasta	(chicken meat, onion, <b>cream</b> , ground paprika, oil, <b>pasta</b> )
Main 2		Creamy potato bake with smoked pork meat	(potatoes, smoked pork meat, bacon, onion, pea, <b>cream</b> , <b>egg</b> )
Main 3	VEG	Jamie Oliver's vegetarian curry with rice	(zucchini, rice, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, <b>coconut milk</b> )
ALLERGY FREE*		Jamie Oliver's vegetarian curry with rice	(zucchini, rice, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, <b>coconut milk</b> )
PM Snack	VEG	Pumpkin breadroll with wild garlic spread	( <b>wholegrain breadroll</b> , pumpkin seeds, wild garlic, <b>spread butter</b> , yoghurt)
Salad		"Farmer's" chicken salad	(mix of leaves salad, beetroot, corn, grenaille potatoes, chicken breast, herbs dressing)
Sandwich	VEG	Sandwich with camembert cheese and cranberry tapenade	( <b>sandwich bread</b> , <b>camembert cheese</b> , cranberries, balsamico, rucola)

## Thursday

Soup		Frankfurter soup	(onion, <b>sausage</b> , milk, ground paprika, <b>flour</b> )
Main 1		Sweet and sour chicken with vegetables and jasmine rice	(chicken meat, rice, peppers, spring onion, rice vinegar, <b>soya sauce</b> , peeled tomatoes, sugar, potato starch, herbs)
Main 2		Holland schnitzel with mashed potatoes and gherkin	(pork meat, <b>flour</b> , <b>egg</b> , <b>breadcrumbs</b> , potatoes, <b>milk</b> , <b>butter</b> , gherkin)
Main 3	VEG	Fruit dumplings with cottage cheese and butter	( <b>flour</b> , <b>eggs</b> , yeast, <b>yoghurt</b> , fruit, <b>cottage cheese</b> , <b>butter</b> , sugar)
ALLERGY FREE*		GF Pasta Amatriciana	(GF pasta, crushed tomatoes, smoked pork meat, onion, basil)
PM Snack		Tortilla with ham and cheese	( <b>tortilla</b> , ham, <b>cheese</b> , salad, <b>spread butter</b> )
Salad	VEG	Caprese salad	(tomatoes, basil, rucola, <b>mozzarella</b> )
Sandwich		Sandwich with tzatziky spread and chicken meat	( <b>sandwich bread</b> , <b>spread butter</b> , dill, garlic, cucumber, chicken meat, gyros spice)

## Friday

Soup	VEG	Pumpkin cream	(pumpkin, onion, potatoes, <b>butter</b> , <b>cream</b> , thyme)
Main 1		Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, corn nachos)
Main 2		Chicken stroganoff with rice	(chicken meat, <b>cream</b> , tomato purée, onion, pepper, gherkin, mushrooms, potato starch, herbs, rice)
Main 3	VEG	Stir fried vegetables with tofu and chinese noodles	(bamboo sprouts, <b>tofu</b> , <b>chinese noodles</b> , coriander, zucchini, onion, garlic, carrot, ginger)
ALLERGY FREE*		Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, corn nachos)
PM Snack	VEG	Homemade cocoa cottage cheese "přibíňáček"	( <b>cottage cheese</b> , <b>cream</b> , sugar, cocoa, vanilla)
Salad	VEG	Chana chaat	(chickpea, red onion, coriander, spring onion, tandori, masala vindaloo)
Sandwich		Baguette with parma ham, mozzarella and tomato	( <b>baguette</b> , <b>mozzarella</b> , tomatoes, baby spinach, <b>mustard</b> , honey, olive oil, lemon, ham)

