Riverside School

MENU 2.11.–6.11.2026

MONDAY 02.11.2026

Soup	**Cream of broccoli** 1, 7 VEG (broccoli, flour, onion, butter, milk, cream, oil)	
MENU	**MAIN**	**SIDE**
Main 1 **Main EY**	**Chicken risotto with vegetable, cheese and gherkin** 7, 9 (rice, chicken meat, carrot, onion, leek, peas, corn, celery, oil, ground paprika, gherkin, edam cheese)	
Main 2	**Roast pork with creamy vegetable sauce "hamburská"** 7, 9, 10 (pork, oil, onion, carrot, celery, sausage, gherkin, butter, rice flour, cream, milk, mustard, vinegar, spices)	bread dumplings 1,3 (flour, bread, yeast, egg)
Main 3 **VEG**	**Cauliflower-green pea masala** 0 VEG (cauliflower, green pea, ginger, crushed tomatoes, turmeric, coriander, roman cumin, onion, garlic)	pita bread 1 (pita bread)
Main 4* **DIET**	**Chicken risotto with vegetable and gherkin** 9 (rice, chicken meat, carrot, onion, leek, peas, corn, celery, oil, salt, ground paprika, gherkin)	
Salad	**Mixed salad with sundried tomatoes** 7 VEG (peppers, lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese, olive oil)	
Sandwich	**Baguette with red pepper cottage cheese spread and lamb´s lettuce** 1, 7 VEG (baguette, cottage cheese, red peppers, ground paprika, onion, parsley, lamb´s lettuce)	

TUESDAY 03.11.2026

Soup	**Carrot cream with ginger** 7 VEG (carrots, ginger, onion, salt, honey, milk, rice flour, carrots, oil, cream)	
MENU	**MAIN**	**SI**
Main 1 **Main EY**	**Chicken strips with steamed vegetables** 7 (chicken meat, carrot, pea, honey, olive oil, spring onion)	crushed potatoes 7 (potatoes, butter)
Main 2 **Main EY 2**	**Tilapia fish with herbs** 4, 9 (tilapia fish, olive oil, parsley, lemon juice, basil, mint, dill)	baked vegetables 9 (grenaille potatoes, carrot, celery, onion, garlic, rosemary, thyme)
Main 3 **VEG**	**Gnocchi "primavera"** 1, 7 VEG (gnocchi, crushed tomatoes, zucchini, aubergine, bell pepper, carrot, broccoli, onion, oil, garlic, parmesan cheese, basil, salt)	
Main 4* **DIET**	**Chicken strips with steamed vegetables** 0 (chicken meat, carrot, pea, honey, olive oil, spring onion)	crushed potatoes 0 (potatoes, oil)
Salad	**Mix of leaves salad with baked chickpea and tofu** 6 VEG (mix of leaves salads, beetroot, corn, grenaille potatoes, tofu, baked chickpea, herbs dressing)	
Sandwich	**Brussels baguette** 1, 7 (baguette, chicken breast, roasted onion, blue cheese)	

WEDNESDAY 04.11.2026

Soup	**Creamy fish soup with vegetables** 4, 7, 9 (codfish, cream, leek, carrot, rice flour, zucchini, lemon juice, onion, celery, thyme, dill)	
MENU	**MAIN**	**SIDE**
Main 1 **Main EY**	**Pasta with tomato-basil sauce and parmesan cheese** 1, 3, 7 VEG (pasta, tomatoes, onion, garlic, basil, parmesan cheese)	
Main 2 **Main EY 2**	**Roast pork with cabbage** 1, 3 (pork meat, cumin, garlic, oil, flour, onion, cabbage, sugar, vinegar)	potato dumplings 1, 3 (potatoes, egg, semolina, flour)
Main 3 **VEG**	**J.O. vegetarian curry** 0 VEG (pumpkin, cauliflower, zucchini, bell pepper, onion, mushroom, oil, coconut milk, crushed tomatoes, lentils, carrots, olives)	rice 0 (rice)
Main 4* **DIET**	**GF pasta with tomato-basil sauce** 0 (GF pasta, oil, tomatoes, onion, garlic, basil)	
Salad	**Pasta salad with caesar dressing and cherry tomatoes** 1, 3, 4, 7, 10 VEG (pasta, spice, egg, corn, cherry tomatoes, cheese, mayonnaise, anchovies, mustard)	
Sandwich	**Sandwich with camembert spread** 1, 3, 7, 10 (sandwich bread, camembert cheese, egg, ham, onion, mayonnaise)	

* suitable for intolerance to three main allergens (gluten, lactose and eggs)

Riverside School

MENU 2.11.-6.11. 2026

THURSDAY		11/5/2026
Soup	**Chicken consommé with noodles** 1, 3, 7, 9 (chicken meat, cauliflower, spice, onion, garlic, carrot, celery, parsley, broccoli, chive, milk, flour, oil, egg)	
MENU	**MAIN**	**SIDE**
Main 1 EY	**Wok fried turmeric chicken** 4, 7, 11, 14 (chicken meat, cream, lemongrass, garlic, fish sauce, oyster sauce, sesame oil)	rice 0 (rice)
Main 2	**Chicken and pork ragout with vegetables and bacon** 1, 7 (pork meat, chicken meat, sausage, bacon, oil, chilli pepper, onion)	crushed potatoes 7 (potatoes, milk, butter)
Main 3 VEG	**Chickpea tagine with mushrooms and aubergine** 1 VEG (chickpea, coriander, parsley, garlic, onion, mushrooms, asparagus, garam masala, cumin, turmeric, ground paprika, cinnamon, aubergine, crushed tomatoes)	cous cous 1 (cous cous)
Main 4* DIET	**Chickpea tagine with mushrooms and aubergine** 0 (chickpea, coriander, parsley, garlic, onion, mushrooms, asparagus, garam masala, cumin, turmeric, ground paprika, cinnamon, aubergine, crushed tomatoes)	rice 0 (rice)
Salad	**Vegetable salad with tuna and mango dip** 4 (iceberg lettuce, lolo roso lettuce, radicchio, corn, tomato, pepper, tuna, red onion, mango, sweet chilli, coriander)	
Sandwich	**Wrap with mozzarella, tomatoes and olives** 1, 7 VEG (tortilla, iceberg lettuce, rucola, mozzarella, tomatoes, dried tomatoes pesto, olives)	

FRIDAY		11/6/2026
Soup	**Creamy vegetable soup with croutons** 1, 7, 9 VEG (oil, carrot, celery, parsley, zucchini, salt, pepper, milk, cream, butter, leek, rice flour, bread)	
MENU	**MAIN**	**SIDE**
Main 1 EY	**Baked pork with creamy paprika sauce** 1, 7 (pork meat, onion, butter, ground paprika, flour, cream)	pasta 1, 3 (pasta)
Main 2	**Red curry chicken with coconut milk** 0 (chicken meat, garlic, onion, coconut milk, olive oil, bell pepper, curry paste, crushed tomatoes, ginger)	rice 0 (rice)
Main 3 VEG	**Sweet buns with vanilla sauce** 1, 3, 7 VEG (flour, yeast, egg, vanilla pudding, milk)	
Main 4* DIET	**Red curry chicken with coconut milk** 0 (chicken meat, garlic, onion, coconut milk, olive oil, bell pepper, curry paste, crushed tomatoes, ginger)	rice 0 (rice)
Salad	**Greek salad** 7 VEG (peppers, olives, cucumbers, tomatoes, feta cheese)	
Sandwich	**Baguette with chicken gyros and cucumber** 1, 3, 10 (baguette, chicken meat, gyros spice, cucumber, mayonnaise)	

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ALLERGENS

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Zátiší Canteens

Juicy Juicy Juicy

Riverside School

MENU 09.11.-13.11. 2026

MONDAY 11/9/2026

Soup	**Vegetable consommé with vegetables and egg** 3, 7, 9 VEG (broccoli, celery, onion, pea, corn, cauliflower, carrot, butter, egg)	
MENU	**MAIN**	**SIDE**
Main 1	**Chicken strips with wild spice mix and vegetables** 7, 9 (chicken meat, celery, celery stalks, onion, mushrooms, bay leaf, allspice, pepper, salt, rice flour, carrot, oil)	mashed potatoes 7 (potatoes, milk, butter)
Main 2 **Main EY**	**Tuna risotto with parmesan cheese** 4, 7 (tuna, rice, peas, corn, carrot, turmeric, spring onion, herbs, parmesan cheese)	
Main 3 **VEG**	**Aubergine masala** 1, 7 VEG (tomatoes, aubergine, onion, cream, oil, coriander, cinnamon, star anise, cardamom, bay leaf)	bulgur 1 (bulgur)
Main 4* **DIET**	**Chicken strips with wild spice mix and vegetables** 9 (chicken meat, celery, celery stalks, onion, mushrooms, bay leaf, allspice, pepper, salt, rice flour, carrot, oil)	crushed potatoes 0 (potatoes, spring onion, chives, LF milk)
Salad	**Tomato salad pico de gallo** 0 VEG (tomatoes, spring onion, salt, coriander, onion, lime)	
Sandwich	**Sandwich with camembert cheese and cranberry tapenade** 1, 7 VEG (sandwich bread, cheese, cranberries, balsamico, rucola)	

TUESDAY 11/10/2026

Soup	**Italian tomato soup with rice** 9 VEG (celery, onion, bay leaf, allspice, carrot, vinegar, oil, tomato purée, rice)	
MENU	**MAIN**	**SIDE**
Main 1 **Main EY**	**Pasta with chicken ragout á la bolognese** 1, 3, 7, 9 (pasta, onion, celery stalks, carrot, crushed tomatoes, tomato purée, oil, bay leaf, clove, salt, chicken meat, parmesan cheese)	
Main 2 **Main EY**	**Pork meatloaf with gherkin** 1, 3, 7 (pork meat, egg, breadcrumbs, onion, salt, flour, rice flour, garlic, thyme, caraway seeds, ground paprika, gherjub)	mashed potatoes 7 (potatoes, butter, milk)
Main 3 **VEG**	**Fruit dumplings with cottage cheese** 1, 3, 7 VEG (flour, eggs, yeast, yoghurt, fruit, cottage cheese, butter, sugar)	
Main 4* **DIET**	**GF pasta with chicken ragout á la bolognese** 9 (GF pasta, onion, celery stalks, carrot, crushed tomatoes, tomato purée, oil, bay leaf, clove, salt, chicken meat)	
Salad	**Mix of leaves salad with tuna and dill dressing** 4, 7 (mix of leaves, beetroot, corn, grenaille potatoes, tuna, white yoghurt, dill, garlic, lemon)	
Sandwich	**Baguette with sweet chilli chicken** 1, 3, 10 (baguette, chicken breast, romaine lettuce, sweet chilli sauce, mayonnaise)	

WEDNESDAY 11/11/2026

Soup	**Pea soup with bacon** 0 (pea, onion, oil, garlic, marjoram, vinegar, rice flour, bacon)	
MENU	**MAIN**	**SIDE**
Main 1 **Main EY**	**Chicken murgh makhani** 7 (chicken meat, yogurt, onion, tomatoes, garlic, butter, cream, cinnamon, garam masala)	rice 0 (rice)
Main 2 **Main EY**	**White fish with tomatoes and mozzarella** 4, 7 (white fish, dried tomatoes, mozzarella, basil)	crushed potatoes 7 (potatoes, milk, onion)
Main 3 **VEG**	**Vegetable ragout with lentils** 1 VEG (carrot, tomatoes, bell pepper, onion, lentils, chickpeas, olive oil, garlic, ginger, herbs)	pita bread 1 (pita bread)
Main 4* **DIET**	**Vegetable ragout with lentils** 0 (carrot, tomatoes, bell pepper, onion, lentils, chickpeas, olive oil, garlic, ginger, herbs)	rice 0 (rice)
Salad	**Farmer´s salad with egg** 3 VEG (mix of leaves salad, beetroot, corn, grenaille potatoes, egg, herbs dressing)	
Sandwich	**Sandwich with horseradish mayonnaise and bacon** 1, 3, 10 (sandwich bread, horseradish, mayonnaise, bacon, tomatoes, egg, lolo biondo)	

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Riverside School

MENU 09.11.-13.11. 2026

THURSDAY 11/12/2026

Soup	**Poultry soup with noodles** 1, 3, 9 (parsley, celery, onion, bay leaf, allspice, poultry meat, carrot, oil, noodles)	
MENU	**MAIN**	**SIDE**
Main 1 **Main EY**	**Chicken strips in hoisin sauce with vegetables** 1, 6, 11 (chicken meat, onion, bean pods, oil, hoisin sauce, peppers, bamboo sprouts)	jasmine rice 0 (rice)
Main 2	**Segedin goulash** 7 (pork meat, cabbage, cream, onion, lard, rice flour, oil, sugar, ground paprika, salt, garlic, caraway seed)	bread dumplings 1, 3, 7 (bread, milk, egg, yeast)
Main 3 **VEG**	**Bulgur risotto with vegetables and cheese** 1, 7 VEG (bulgur, tomatoes, carrot, parsley, chickpea, spring onion, onion, corn, pea, herbs, cheese)	
Main 4* **DIET**	**Chicken strips in hoisin sauce with vegetables** 1, 6, 11 (chicken meat, onion, bean pods, oil, hoisin sauce, peppers, bamboo sprouts)	jasmine rice 0 (rice)
Salad	**Caprese salad** 7 VEG (tomatoes, basil, rucola, mozzarella)	
Sandwich	**Sandwich with tzatziki spread and chicken meat** 1, 7 (sandwich bread, spread butter, dill, garlic, cucumber, chicken meat, gyros spice)	

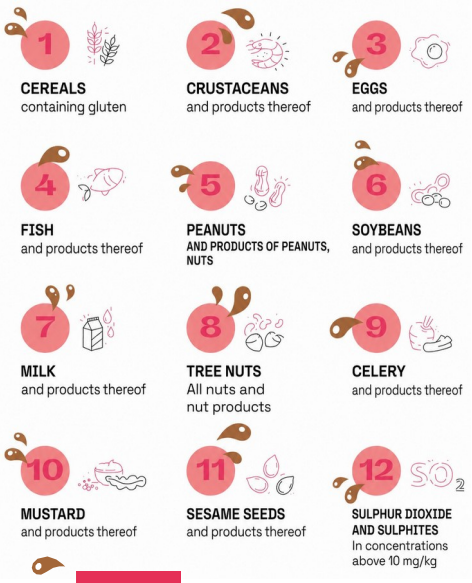
FRIDAY 11/13/2026

Soup	**Spinach soup with egg** 3, 7 VEG (garlic, onion, rice flour, oil, cream, spinach, egg)	
MENU	**MAIN**	**SIDE**
Main 1	**Pasta with chicken meat in creamy pumpkin sauce** 1, 3, 7 (pasta, chicken meat, pumpkin, cream, butter, milk, oil, parmesan cheese)	
Main 2 **Main EY**	**Hungarian beef goulash** 0 (beef meat, rice flour, garlic, onion, ground paprika, oil, tomato purée, tomatoes)	rice 0 (rice)
Main 3 **VEG**	**Vegetable potato cake** 7 VEG (potatoes, cream, onion, garlic, spinach, carrot)	
Main 4* **DIET**	**Hungarian beef goulash** 0 (beef meat, rice flour, garlic, onion, ground paprika, oil, tomato purée, tomatoes)	rice 0 (rice)
Salad	**Chana chaat** 0 VEG (chickpea, red onion, coriander, spring onion, tandori, masala vindaloo)	
Sandwich	**Baguette with parma ham, mozzarella and tomato** 1, 7, 10 (baguette, mozzarella, tomatoes, baby spinach, mustard, honey, olive oil, lemon, ham)	

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ALLERGENS

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Zátiší Canteens

Juicy Juicy Juicy

Riverside School

MENU 16.11.-20.11. 2026

MONDAY 11/16/2026

Soup	**Beef consommé with vegetable and meat** 9 (celery, carrot, onion, parsley, beef meat)	
MENU	**MAIN**	**SIDE**
Main 1 **Main EY**	**BBQ chicken strips** 12 (chicken meat, spice, BBQ sauce, lettuce)	crushed potatoes 7 (potatoes, onion, butter, milk, oil)
Main 2	**Baked pork with bacon** 7 (pork meat, onion, butter, bacon, rosemary, rice flour)	bread dumplings 1, 3, 7 (bread, yeast, flour, milk, egg)
Main 3 **VEG**	**Jamie Oliver's roasted vegetable vindaloo** 6, 7, 9, 12 VEG (soya, spinach, raisins, leek, tomatoes, parsley, worcester sauce, olive oil, carrot, cauliflower, turmeric, garam masala, bay leaf, yogurt, pea, pepper, zucchini, chickpea, onions,	pita bread 1 (pita bread)
Main 4* **DIET**	**Baked pork with bacon** 0 (pork meat, onion, bacon, rosemary, rice flour)	rice 0 (rice)
Salad	**Beans salad with tuna and egg** 3, 4, 12 (bean pods, white and red beans, egg, tuna, cherry tomatoes, onion, olive oil, wine vinegar, rucola, lamb's lettuce, parsley, sugar, salt, garlic)	
Sandwich	**Sandwich with chicken ham and tomato** 1, 3, 10 (sandwich bread, mayonnaise, chicken ham, tomatoes, lettuce)	

TUESDAY 11/17/2026

Soup			
MENU	**MAIN**	**SIDE**	**SI**
Main 1 **Main 1 EY**	**PUBLIC HOLIDAY**		
Main 2 **Main 2 EY**			
Main 3 **VEG**			
Main 4* **DIET**			
Salad			
Sandwich			

WEDNESDAY 11/18/2026

Soup	**Vegetable consommé with vegetables and fried peas** 3, 9 VEG (carrot, celery, onion, broccoli, cauliflower, corn, oil, pea, egg)	
MENU	**MAIN**	**SIDE**
Main 1 **Main EY**	**Beef with creamy vegetable "svíčková" sauce** 1, 7, 9, 10 (beef, carrot, celery, parsley, onion, sugar, bacon, lemon juice, mustard, salt, pepper, thyme, all spice, bay leaf, butter, rice flour, vinegar, oil, cream)	bread dumplings 1, 3, 7 (bread, yeast, milk, egg)
Main 2	**Grilled pork baked with ham and cheese** 1, 7 (pork meat, ham, onion, herbs, flour, oil, butter, cheddar cheese)	crushed potatoes 0 (potatoes, onion, butter, oil)
Main 3 **VEG**	**Pumpkin frittata with feta cheese** 3, 7 VEG (pumpkin, onion, spinach, oil, garlic, feta cheese, eggs, milk)	
Main 4* **DIET**	**Grilled pork with salad** 0 (pork meat, herbs, oil, lettuce, tomatoes, peppers)	LF crushed potatoes 0 (potatoes, onion, oil)
Salad	**Poke salad with tuna and bean pods** 4 (rice, rice vinegar, bean pods, baby spinach, tuna, cucumber, sprouts, lime)	
Sandwich	**BLT sandwich** 1, 3, 10 (sandwich bread, mayonnaise, bacon, tomatoes, lettuce)	

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Riverside School

MENU 16.11.-20.11. 2026

THURSDAY 11/19/2026

Soup

Goulash soup
1
(beef meat, onion, garlic, marjoram, potatoes, flour, caraway seed, ground paprika)

MENU	MAIN	SIDE
Main 1 **Main EY**	**Pasta with chicken in creamy zucchini sauce** 1, 3, 7 (chicken meat, pasta, cream, zucchini, milk, butter, oil, herbs, potato starch, garlic, parmasan cheese)	
Main 2	**Meen moilee - white fish with Indian curry** 4, 10 (white fish, coriander, onion, chilli pepper, curry, cumin, turmeric, coconut milk, oil, crushed tomatoes, tomatoes, mustard seed, potato starch, ginger)	rice 0 (rice)
Main 3 **VEG**	**Baked potatoes with broccoli, cauliflower and cheese** 7 VEG (potatoes, broccoli, cauliflower, nutmeg, potato starch, cream, cheese)	
Main 4* **DIET**	**Tilapia fish with herb pesto and steamed vegetables** 4 (tilapia fish, corn, green beans, cauliflower, peas, olive oil, parsley, basil, dill, lemon juice)	boiled potatoes 0 (potatoes)
Salad	**Tomato salad with peppers and avocado** 0 VEG (tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)	
Sandwich	**Reuben sandwich** 1, 3, 7, 10 (sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar cheese)	

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FRIDAY 11/20/2026

Soup

Chicken consommé with vegetables and rice noodles
9
(celery, parsley, carrot, onion, garlic, chicken meat, oil, cauliflower, rice noodles)

MENU	MAIN	SIDE
Main 1 **Main EY**	**Sweet and sour chicken** 6 (chicken meat, tomato purée, garlic, spring onion, sugar, rice vinegar, soya sauce, peppers, crushed tomatoes, bamboo sprouts, potato starch)	rice 0 (rice)
Main 2	**Creamy potato bake with smoked pork and green pea** 3, 7 (potatoes, smoked pork meat, bacon, onion, pea, cream, eggs)	
Main 3 **VEG**	**Chickpea chana masala** 0 VEG (chickpea, onion, garlic, lemon, coriander, cumin, spice garam masala, tomato, ginger)	cous cous 1 (cous cous)
Main 4* **DIET**	**Chickpea chana masala** 0 (chickpea, onion, garlic, lemon, coriander, cumin, spice garam masala, tomato, ginger)	rice 0 (rice)
Salad	**Potato salad with crème fraîche, pea and smoked salmon** 4, 7 (potatoes, pea, cream fresh, capers, dill, smoked salmon)	
Sandwich	**Sandwich with baby spinach, cheddar cheese and egg** 1, 3, 7 VEG (sandwich bread, cheddar cheese, egg, butter)	

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